

sultation with physicians whose ability is above my praise, I note high blood pressures which they had not heeded, although they may freely admit the truth of the observation when their attention is drawn to it. Even the most capable of us are apt to see what we expect to see, and that only. Moreover the most erudite finger cannot always be trusted. It is my purpose, therefore, to invite you to take heed to the state of pressure in all middle-aged patients, and, if occasion occur, in persons who, not admitting any ill-health,, may nevertheless be breeding an apoplexy unawares; a few years more neglect, and the event, unless anticipated by a fatal pneumonia, may be inevitable.

SIR FREDERICK TREVES ON ALCOHOL.

Sir Frederick Treves, Surgeon to the King, addressing a temperance meeting, declared that alcohol was distinctly a poison, and that its use ought to be limited as strictly as any other poison. He added that it is not an appetizer, and that even a small quantity hinders digestion. Its stimulating effect only endures for a moment, and when this is passed, capacity for work falls enormously. Its use is inconsistent with work requiring quick, keen, and alert judgment. Reviewing medical practice for a quarter of a century, Treves declared that he could say that the use of alcohol in hospitals and by physicians generally had emphatically diminished and is diminishing.
