

remedies. Vaginal injections of warm water, sometimes with the addition of laudanum and belladonna, are soothing and grateful to the patient.

This outline of treatment, varied of course, to meet particular symptoms and individual peculiarities, I regard as applicable to all the forms of dysmenorrhea during the period of the menstrual flow.

During the intermenstrual period the treatment is directed with reference to the general condition of the patient. If she is anæmic or neuralgic, iron, with other tonics, is given, a favorite prescription, in the beginning, being the well known compound of blue mass, iron and quinine, with the view of equalizing the circulation, regulating the bowels and restoring secretions. Afterwards quinine, iron and strychnia, or nux vomica, warm baths, with friction to the skin frequently, flannel next the skin, and plenty of exercise in the open air, and this last not the least in my estimation.

In the plethoric the blood is as much at fault as in the anæmic, and for the purpose of reducing that fulness of habit, counteracting the tendency to local congestions and correcting the morbid condition of the blood, I know of no better treatment than an alternative course of mercury, followed by saline purgatives, with warm baths, frictions, open air exercise and plain diet. If the patient is of a rheumatic or gouty diathesis, I have found no remedy superior to that of Dr. Dewees, fifty years ago, or more, and that is colchicum and guaiacum.

The prescription of Dr. Fenner, of New Orleans, in nearly all dysmenorrhœal cases, and one that I have frequently used myself with good results, is—

℞. Gum guaiacum,	3 iv
Canada balsam,	3 iv
Oil sassafras,	3 j
Hydrag. chlorid. cor.,	gr. x
Rectified spirit,	5 iv. M.

Of this is to be given ten or thirty drops, night and morning, commencing a day or two before the flow is freely established.

ANTISEPTIC TREATMENT OF LUNG-DISEASE.

I have for several years largely employed dry antiseptic inhalation in phthisis as an adjunct to general constitutional measures. The treatment I believe to be useful; but every case of improvement must not be attributed to the inhalation. The most suitable cases are those attended with profuse expectoration, especially when softening has commenced or cavities formed. The effect is sedative; in a large proportion of cases the expectoration diminishes in quantity and improves in quality, cough becomes less frequent and severe, and sounder sleep is enjoyed, enabling the patient to dispense with objectionable cough medicines.

The same effects may be noted when the general progress of the lung-affection is not arrested. I have never seen hemoptysis produced by its use. As a respirator I prefer a simple tin box, perforated and shaped to the mouth, introduced by Dr. Roberts, of Manchester. The patient is directed to place a few drops of the carbolic solution on the tow in the box, and to use the respirator for ten minutes after the morning cough, and at intervals during the day. Many habitually use it for hours while reading. If dryness and irritation of the mouth and throat be caused by the carbolic inhalation other remedies may be substituted—such as terebene and eucalyptus oil.

To produce an aseptic atmosphere the constant use of the vapor of carbolic acid in the sick-room has been recommended. Few can be induced to submit to this treatment, which I can not recommend.—*W. V. Snow, M.D., in Brit. Med. Journal.*

TREATMENT OF HÆMORRHOIDS.

Dr. Todd (*St. Louis Medical Courier*, September, 1881, p. 211) says that the first step in the treatment of recent cases is the administration of a saline cathartic: the best is sulphate of magnesium. After this the following pill may be used:

℞ Ext. colocynth. co.,	gr. xxx;
Ext. nucis vomicæ,	gr. xx;
Ext. belladonnæ,	gr. x.

Div. in pil. no. xl. One to be taken every evening on going to bed. More or less may be given, according to the effect produced, the object being to secure one full, soft evacuation daily,—neither more nor less. Relief from pain may be gained by the following:

℞ Iodoformi,	3 j;
Bals. Peruv.,	3 ij;
Ol. therobromæ et ceræ albæ,	a a 3 iss;
Magnesiæ calcinat,	3 j. M. bene.

Fiat in suppositoriæ no. xij. Insert one after each evacuation of the bowels, or, if necessary, oftener. Iodoform is a local anæsthetic of great power, and does not constipate.

Hæmorrhoids of long standing will only be benefited by this treatment, not cured. Dr. Todd's plan of radical treatment is as follows. All tumors found at the verge of the anus, and covered in part or wholly with integument, are clipped off with the scissors. If situated within the external sphincter,—the bowels having been moved with a dose of sulphate of magnesia given a few hours before,—the patient is placed over a vessel and directed to strain (a vessel filled with hot water is best). If the tumors do not come within reach in this way, the finger should be thrust into the bowel, provoking tenesmus, and the patient again be instructed to force the piles down. When within reach,—the nates being separated by an assistant,—the tumors are seized one by one with a forceps and held, while with the hypodermic syringe from five