

### The Chair of Pathology.

The appointment of J. George Adami, M. A., M. D., Fellow of Jesus College, Cambridge, Eng., as professor of pathology in the Faculty of Medicine, will give a fresh impetus to this most important department of medical science. Professor Adami comes to us with a high record for pathological work in the great Cambridge school, and under his able direction pathology will be raised to its proper dignity in the curriculum. The many graduates of the McGill Medical Faculty in every quarter of the globe are ever watching the progress of their old "Alma Mater," with full confidence in the wisdom of its council, and this new mark of advanced teaching will call forth congratulations, not only to the Faculty of Medicine, but to the University as a whole. In a future issue we will give a brief sketch of the career of Dr. Adami.

The editors of the FORTNIGHTLY wish to express their sincere thanks to Mrs. Clark Murray, who at some inconvenience to herself has caused to be fitted up for their use a section of one of the rooms under her control in the Fraser Institute.

A personal or contribution, a word of encouragement or congratulation will be always most gladly welcomed as showing that the old university life is not forgotten and that the ties of college friendship and connection are amongst those least easily broken.

### To the Students of the Donalda Department.

In the last number of the MCGILL FORTNIGHTLY there appeared an excellent paper on the importance of gymnastic training for men;—what has been there so admirably urged applies with still greater force to women.

When girls are young they join with their brothers in many games, and nothing contributes more towards their healthy development; but as time goes on they must gradually withdraw themselves from this active fun, even a good romp among themselves being looked upon as unbecoming. The gradual lengthening of the skirt and tightening of the dress make such exercise difficult if not impossible, and the girl soon finds that walking is now almost the only exercise within her reach, and one which is very difficult to keep up unless a special object demand it. The inevitable results follow, the color leaves the cheek and the brightness the eye; headaches, the proof of indigestion, are too frequently present; the muscles become soft and flabby for want of exercise, and the circulation is impaired. Under such condition the brain cannot be properly fitted to carry on the heavy mental work which forms such a large part of the occupation of this time of life.

In providing for the higher education of women, McGill College has not neglected this important

matter of physical improvement. Few teachers are more thoroughly up in their subject than Miss Barnjum in that of gymnastics for girls and women. To the thorough system which was the result of her brother's long and enthusiastic study she has constantly been adding by visits to the gymnasiums of other large cities, and the greater part of last summer was spent by her at Chautauqua, where all the most modern methods were being brought forward and discussed.

Whilst urging upon all Donaldas a regular attendance upon these classes, those for whom this is out of the question must also bear in mind that much may be done by themselves in their own homes. For instance—after hard reading, stand straight with the shoulders held down and back in an easy position, very slowly draw in the breath till the lungs are fully expanded, hold it thus a few seconds, and as slowly expel it, and much will be done to overcome the tendency to stooping so common among students.

In her recent Delsarte Lectures in this city, Mrs. Bishop said: "A good stretch of the entire frame is invaluable at examination time, and a yawn should never be suppressed!" Such advice, however, must be cautiously followed till the general public more fully appreciate the necessity of *mens sana in corpore sano*.

MABEL NORTON EVANS.

### Longitude of Montreal.

Observations for the determination of the longitude of Montreal by direct communication with Greenwich were made during the past summer, under the superintendence of Prof. McLeod and Mr. H. H. Turner, Chief Assistant in the Royal Observatory. The cables of the Commercial Cable Co. and land lines of the C.P.R. Telegraph Co. were placed at the disposal of the University and the Astronomer Royal for the purposes of the work. Besides Greenwich and Montreal, the ends of the cable, Waterville, Ireland, and Canso, Nova Scotia, were occupied as Astronomical Stations,—thus, incidentally, the longitude of these places will also be determined.

The work was divided into four stages: In the first two, during April and May, Prof. McLeod observed on this side and Mr. Turner on the other. In the last two stages, during August and September, Mr. Turner was on this side and Prof. McLeod in England and Ireland.

We understand that this is the first longitude work in which the siphon recorder has been employed in receiving the time signals, and that very satisfactory results have been obtained.

The work of the reduction of the observations is now actively in progress.

### A Bit of Autumn Color.

Centered upon a sloping crest I gazed  
As one enchanted. The horizon's ring  
Of billowy mountain flushed with sunsetting,  
Islanded me about and held me mazed