

flesh, a small piece of wood was placed on the under side to receive the point of the knife when it had gone through, and the flesh was drawn out the desired length for the knife to pierce. A quick pressure and the incision was made, the piece of wood was removed, and the skewer inserted from the under-side as the knife was being taken out. When the skewer was properly inserted, it was beaten down with the palm of the hand of the operator, that it might remain firmly in its place. This being done to each breast, with a single skewer for each, strong enough to tear away the flesh, and long enough to hold the lariats fastened to the top of the sacred pole, a double incision was made on the back of the left shoulder, to the skewer of which was fastened an Indian drum. The work being pronounced good by the persons engaged in the operation, the young man arose, and one of the operators fastened the lariats giving them two or three jerks to bring them into position.

The young man went up to the sacred pole, and while his countenance was exceedingly pale, and his frame trembling with emotion, threw his arms around it, and prayed earnestly for strength to pass successfully through the trying ordeal. His prayer ended he moved backward until the flesh was fully extended, and placing a small bone whistle in his mouth, he blew continuously upon it a series of short sharp sounds, while he threw himself backward, and danced until the flesh gave way and he fell. Previous to his tearing himself free from the lariats, he seized the drum with both hands and with a sudden pull tore the flesh on his back, dashing the drum to the ground amid the applause of the people. As he lay on the ground, the operators examined his wounds, cut off the flesh that was hanging loosely, and the ceremony was at an end. In former years the head of a buffalo was fastened by a rope to the back of the person undergoing the feat of self-immolation, but now a drum is used for that purpose.

From two to five persons undergo this torture every Sun-Dance. Its object is military and religious. It admits the young man into the noble band of warriors, whereby he gains the esteem of his fellows, and opens up the path to fortune and fame. But it is chiefly a religious rite. In a time of sickness, or danger, or in starting upon some dangerous expedition, the young man prays to Natos for help, and promises to give himself to Natos if his prayers are answered. Upon his return, when the Annual Sun-Dance is held, he fulfils his