Health and Beauty

A simple and very efficient disinfect-

pour down a sink is a small

ity of charcoal mixed with water.

ere is then too much blood press-

the eyes and the external mus-

nild solution of oxalic acid and

hands. This is good to use when

hands are stained with fruit juices.

There is a certain atmosphere and alo about a well-groomed woman and

it is only by care and great painstak-

ng that the perfection of good groom-

and making it smooth and soft.

cloves. Mix by sifting many times. To use rub well on the scalp and hair

One of the commonest physical de-

The Boy's Garden

uit in an organic

Women are idolators all, says

ers are plying all their ingenuity to glass,

and then brush out.

careful not to read lying down

become very tired.

Fashion's Decree in Silk Costumes

Now the Favorite Narrative In the World of Feminine Dress

By these ten finger bones! t taught us how cold blood

warmed?"
pack of wolves they were
id he clanged upon the floor
ozen frenzied naked figures
alinging above him. In tried to pull them off. The with rage, these torture room by his two ankles and

iddered and turned away as he saw the brazen figure and stagger to his knees, only led once more into the heart aze. His prisoners screamed and clapped their hands as hed him back with their feet armor was too hot for them
Then at last he lay still and
arkly red, whilst the naked
ced in a wild half-circle
e fire.

into the fire.

w at last the supports had lights flashed and armor lown the tunnel. The cellar armed people, while from ed upward and seized the The guard of the gate takear threw down their weap ied for mercy. The gate wa ed, for Knolles had vowed to larter. Day was just break the rending and riving of they burst into the storetreasure chambers. There is scramble amongst them nder of eleven years, gold satins and velvets, rich oble hangings were all to

the taking. cued prisoners, their hunger and their clothes restored, arch for booty. Nigel, leansword by the gateway, saw totter past, a huge bundle th arm, another slung over ind a smaller packet hanging mouth. He dropped it for a s he passed his young mas-

ld ask for a more goodly "I have a present here fear the frown of the sac-verley again. But how of Loning? It standeth not Loging? It standeth not we should gather the harou, who sowed it, go forth I smiled and shook his head.

(To be continued.)



embroidered col

## Feminine Fancies and Home Circle Chat

ing the symbol into evidence It is seen on every possible bit of jewelry, belt buckles, lockets, watch charms and brooches, but also it figures on the tete-a-tete silver sets, on all the dainty little toilet articles and on vases, frames and desk furnishings. A heart-shaped frame of green and rose-tinted gold has a swastika border caught at the top with a true lover's

and are realized with fruit position the nalls roughly or rubbe and troughly or rubbe an horse-radish into a pan of milk and it one that is nemstitched with an edge will remain sweet for several days either in the open air or in a cellar. In case of a bad burn make a plaster of painter's oil and putty and cover the burn. You will find the flesh will heal smoothly and will not leave a sear.

Sometimes a tiny monogram is worked just in the centre, or a single design is embroidered on the edge, but the work should be exceedingly fine, as even embroidery will leave a mark.

A Good Idea

Corsets of today are no instruments A most convenient traveling accesof torture as of yore, but are made to sory was made out of an ordinary sure an upright carriage, a full bust, straw suit case by a woman who is ina good waistline, and support the back.
The modern woman never laces. It is neither comfortable nor fashionable. he corset should be carefully laced, of having to hunt around in her suit just enough to hold the figure com-fortably and and snugly but on the complexion requires careful ed, so she proceeded to nt out her suit tending. A judicious use of some fine case with pockets in which such things cream gives the finishing touch to a could be placed.:

good appearance, cleansing the skin First she lined the suit case with shape, color and sheen of the The shape, color and sheel of the a set of pockets for her tollet articles. At one end are places for her comb, hands. They should be an oval, not brush, toothbrush, etc., and at the

hands. They should be an oval, not allowed to grow beyond the finger tips and brightened with a chamois polisher, and, if necessary, with nail powder; they should be manicured powder; they should be manicured pockets of various sizes for her handpockets of various sizes for her hand-kerchiefs, gloves and veils, so that now Dry shampoo powder is made of when her suit case is packed she eight ownces of powdered orris root, knows just where everything is, without having to turn half the contents to find one thing that may be misplaced. flowers, one-half dram of powdered

Child Demands a Reason

fects to which women are prone is a To be able to train the little one discolored neck, due, it may be, to dyes from the clothing, or to hair lotions, pomades, etc.:, which work down from the head. Of course, barring the possibility of sunburn, the skin on the neck should have the same hue as that on the shoulders. It is well however, violation of the law, but we are on the shoulders. It is well, however, violation of the law, but we are before resorting to artificial means, to see what hot water, a coarse wash cloth, and plenty of good soap will do in removing the discoloration. It a month of this natural treatment does not bleach the neck amount it dally

not bleach the neck anoint it daily some parents claim that it is enough with peroxide of hydrogen. In case this irritates the skin a little vaseline tain things without giving him any or sweet almond oil may be rubbed wrong. They tell the child not to play on the ground in the early spring, but never intimate that it is best for his health. Another is told not to play with the clock, but how is he to know that a clock is made of more delicate hanism than the coffee mill. Is the of all the possessions of the child fact that a parent demands obedience garden is the best. "Particularly is cultivation of gardens owned by

Nine Useful Hints

ck. If the boy cannot have the a little garden of his own he have a few plants in boxes, not with company plants the

the produce. For here man little minds, lest they think the laws as voile surah. Hence, it is well to sensible being she is, she has foregone first time sees his work bear-laid down for them are foolish and un-

All of the silks show an unusually years ago. wide range of beautiful colors, both The majority of silks are figured. light and dark shades. This range yet plain weaves are, strictly speaking includes almost every tint known just as good. Satin duchesse, which abundance of leaves and blos-and thrive easily. The care of will gratify his desires to ob-other living things, such as butterflies and birds, for these be vicinity of plants."—Froebel

an organic way—fruit reasonable, and that they are justifi-ough subject to the inner able in rebellion.

The story of silks is, perhaps, the black taffeta seen at one of the recent and still another shows shallow stripes most universally interesting of all exhibitions is well worthy of mention crossed by invisible checks.

stripes have been introduced into foulards, and are charming when properly developed. The use of stripes is hazardous always, and requires the skill of the artist, but under those conditions there is nothing more effective or distingue.

For more elaborate dresses the sheer sik materials are most in evidence and here we find even a wider range, both in the way of colors and weaves. Silk volle promises to be the leading fabric. It is both practical and beautiful. Marquisettes, chiffon paquin, chiffon Bordeaut, inhon veile, surface point Persign, all are interesting, and each is to be had in numberless novelties. The pish weaves are very apt to be made over platded, striped or figured linings, while the fancy ones have plan foundations and are samply foundations.

A simple Spring Hat

Loaf Cake

Four eggs—whites and yolks the tide of popularity began to turn

There is no color that lends itself less attractively to trimming than brown; that is, the dark shades, and therefore a model constructed along simple lines is preferable. Silk of the same color or darker shades, braids, and flat trimmings in monotone are most effective. A new model shown in golden brown marquisette, and which is to form part of a wedding trousseau, has the skirt laid in a triple box plait the length of the front, forming a panel. Around the tends itself with slight modifications every few yeans. It would appear from the following poem, taken from one of the magazines for March, 1899, that the spring hats of that year had certain features in common with the ultra-fashionable hat of this season. If my muse is propitious, I'm going to sing of a very remarkable sort of a thing; limit the structure the women this year call a 'hat'; It might be most anything, so why not that?

Tender Pot Roast

Put the beef into an iron pot with a little butter, but with no salt. Brown on both sides, then add two table-spronfuls of vinegar and boil for a few minutes before pouring in a little wat en, then salt, pepper, onion juice and a pinch of baking soda. Cook until it is tender enough to fall apart, then thicken the gravy over it and garnish with parsley.

Cornmeal Griddle Cakes

Pour over one cup of Indian marking the best into an iron pot with a little butter, but with no salt. Brown on both sides, then add two table-spronful on both sides, then add two table-sp ing a panel. Around the bottom are ing a panel. Around the bottom are three wide tucks, and each is heavily braided with soutache of the gown shade. The braided pattern extends up over the front panel in pyramidal form. The bodice is a jumper with the southeast of the sound point the southeast of the sound point the southeast of the southeast of

see has but to follow these simple directions:

The bodice is a jumper with the neck cut in a scalloped point, the scallop button-holed and embroidered in English eyelet and braided and the front also is well covered with a braided design.

The guimpe which has sleeves reaching not quite to the elbows, is fashioned of ecru net dotted and trimmed with an application of duchesse.

Silk and wool voiles share alike in favor and in each there are beautiful new designs. Some of the plaids are pretty, especially the Scotch, and should be made up over a foundation of the richest tint in the mixture. A new note is sounded in the introduction of bands, or covered buttons, ornamentation of some sort, embodying the lining, in which case it naturally follows that the lining should receive careful selection.

The sumper with the next tint in the shape doesn't matter; no two are the same, or ribbon and make the same). The state lots of ribbon and make the same, wide, narrow, red, yellow, mauve-everything goes.

Wide, narrow, red, yellow, mauve-everything goes.

Next scatter these ribbon bows over the crown, in front and behind, wrong side out, upside down; If you put them on blindfold, you'll get an effect. That the leaders of fashion will cry is complete the process.

Then gather gay garlands of marvelous the lining, in which case it naturally follows that the lining should receive careful selection.

The guimpe which has sleeves reaching doesn't matter; no two are the same, or ribbon and make the same). The same, with a cup of sugar, add a cup of molasses, one teaspoonful of cinnamon, one-half teaspoonful of salt and a cup of boulters with a half-cup of sugar, add a cup of molasses, one teaspoonful of salt and cook or the the same). The same doesn't matter; no two are the crown, and make the loss of ribbon and make the loss of ribbon and make the leaders of ribbon bows over the crown.

The guimpe which has sleeves reaching goes.

Next scatter these ribbon bows over the crown.

The leaders of fashion will cry is completed to

disappeared.

Heat a lemon before squezing it and nearly double the quantity of juice may be obtained.

Heat a lemon before squezing it and nearly double the quantity of juice may be obtained.

Heat a lemon before squezing it and nearly double the quantity of juice looking.

Directory worked up into compute order, but as satin duchesse is heavy and warm, it is only desirable for the looking.

Directory worked up into compute order, but as satin duchesse is heavy and warm, it is only desirable for the looking. hearly double the quantity of juice may be obtained.

A Popular Talisman

A Popular Talisman

There has not been a season in many a long year when we could so aptly say "the old things have passed away." a long year when we could so aptly say "the old things have passed away." a long year when we could so aptly say "the old things have passed away." a long year when we could so aptly say "the old things have passed away." a long year when we could so aptly say "the old things have passed away." a long year when we could so aptly say "the old things have passed away." a long year when we could so aptly say "the old things have passed away." a long year when we could so aptly say "the old things have passed away." a long year when we could so aptly say "the old things have passed away." The reporter, a young lady, who usually did" the weddings for a certain provincial and sets of the cream and biscuit preparation, then a layer of the cream and biscuit preparation, then a layer of the cream and pound in the solid portion to keep the liquid from solid or lors, so the fall are the Oriental silks and she to color, so she had to color, so the freely did" the weddings for a certain provincial and event of the cream and biscuit preparation, then a layer of the cream and biscuit preparation, then a layer of the cream and the solid portion to keep the liquid from solid did in the solid portion to keep the liquid from solid did in the weddings for a certain provincial and evidid" the weddings for a certain provincial and evidid "the weddings for a certain provincial and evidid" the weddings for a certain provincial and evidid "the weddings for a certain provincial and the solid colors, old ideas, but they must of the cream and the solid portion to keep the liquid from solid colors, old ideas, but they must of the realm of the common place, and the solid portion to keep the more easily.

The makes itself lett nowner more potant declare to be the most prefarited, using all her boudoir article, using all her boudoir article, using all her boudoir of pronze or brass belongings use a cement made of equal rolls with the swastika design, it is said to be one of the oldest is as imple design, merely two follows, and here again silks are their most of course, most potent good-luck rolls known, and here again silks are their most of the stem of the causes the whole design to it said to be one of the oldest in soid to be one of the oldest in soid to be one of the oldest in soid to be one of the oldest in said to be one of the oldest in the old things nover lent them, and the causes the whole design to stand out in most easily.

The came of the last thing the cool in lift, also half cup only woy background is printed or woven, as the case may be, a motif of roses, the petals and foliage, as well as part of the stem, done in vertex of the stem of the trimming, drape grace-tally, were well, and altogether possess those qualities which go to make the roll milk, also half cup of the wellings, the exclashing the trimming, drape grace-tal which, if put under oath, more easily.

It makes itself felt nowhere more pocats or for entire suits. They reason was declare to be the most pre
Dried and hardened lemons will be
tently than in dress. We may wear quire but little trimming, drape graceowy background is printed or woven,

tently than in dress. We may wear quire but little trimming, drape graceowy background is printed or woven,

by the coats or for entire suits. They reabout a yatu up, and oven on the coats or for entire suits. They reowy background is printed or woven,

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coats or for entire suits. They reowy background is printed or woven,

by the coats of the coats

For walking and shirtwaist suits the plain and fancy silks are used according to the purpose they are to serve. These, "too, may be trimmed with caught at the top with a true lover's knot; the frame naturally enough deknot; the frame naturally enough designed to hold the photograph of the signed to hold the photograph of the one nearest and dearest.—Chicago one nearest and dearest.—Chicago News.

The skirt was laid in half-inch some simple tailored ones for morning plaits around the hips and stitched to widths, one pattern showing a broad the stitute of the stitute

A Simple Spring Hat

You now have a head-gear that no one

Too Late

Household Recipes

These, 'too, may be trimmed with bands of contrasting material. The correct skirt of this order reaches barely to the ankles, displaying thereby the whole foot. The plaited skirt, or the one that hangs from hip-length plaits is used, and there is a new design especially adapted to the soft silks. The ton part is cut in seven or seven

And if any woman who's got half a will enough scalding water to make it mod-in her enough scalding water to make it mod-erately soft; add two tablespoonfuls of

careful selection.

The hat, if you've earefully followed by words, Is now ready for adding occasional birds.

Two wings, a few feathers, a pompon, pattern shows regular inch-square ohecks designated by quarter-inch lines in alternating blue and gold on a blue

The hat, if you've earefully followed my words, Is now ready for adding occasional birds.

Two wings, a few feathers, a pompon, some lace.

And three jewelled hat-pins to keep it in place.

One cup of sweet milk, one cup of suet chopped very fine, one cup of suet chopped very fi One cup of sweet milk one cup of

would know

Was not a creation of Madame Virot;
And if you're good taste, you will hide it away,
And buy a neat 'sallor' to wear every day.

Biscuit Tortoni

Pound a dozen vanilla biscuit with enough whipped cream to have them smooth paste. Cut any candled fruits (have four kinds at least) into small pieces and cover them kirsch. Let them stand in it an hour or two, adding enough pounded maca-roons to absorb all the liquor. Into a mould put a layer of the cream and



An afternoon gown of blue veiling with facings of black silk and Persian bands showing brilliant yellow. The lace on the sleeves and vest is blue like the gown and on the sleeves it is edged with a fine yellow satin cord.