Two hours a day sawing wood will keep any-

Exercise is Nature's Cure for Constipation and,-Ten-Mile walk will do, if

haven't got a wood pile.

But, if you will take your exercise in an Easy Chair, there's only one way to that, and make a Success of it.

Artificial Exercise for the Bowels and

"No: they are Miss Robinson's,"

"It was awfully cool of me, but

one. "I thought you would like it."

Beecham's

Pills

will rapidly improve your

at all" equally well.

one's Bowels regular.

No need of pills, Cathartics, Castor Oil nor "Physic," if you'll only work the Sawbuck regularly.

Great medicine, -the Sawbuck.



# The Heir of Rosedene

going to contradict a lady-bad man- perpetrated them, and is kindly exners that, Molly; but give me your plaining them, calls "sketches." Cyril promise."

than that, Cyril, for you."

lite acquiescence; "and as that is all ter if the castle were not quite so Good-by, Molly—enjoy your drive; she smiles her approval, and Miss she is thoughtful, and then she light up for an instant as they rest blue with hat to match. you'll find the supper a good one, Robinson turns complacently to shakes her head. or they've lost their cook since I was sketch number two.

"Good-by, if you will go," she says, which she has represented in the ap-

He takes the begloved and beringed and ultamarine. 'Oh, I see so love has he done so than he sees walking dote on Rome; don't you?" slowly under the trees on the quay, Aunt Martha and Edna. Aunt Martha is looking cheerfully before her, with her amiable gaze on the lake, still her eyes upon the over-dressed Josephine?" figure and powdered face of Miss -nay, more, the faint flush that colors the lovely face of the young girl, and Miss Glitters colors in her turn.

"So Mr. Cyril-devil-that is the game, is it? Quiet and rest, eh? Quiet and rest, indeed! As if I was to be taken in by that! As if I didn't know you too well to believe all that! Now--I--wonder"-with intense curiosity--"who she is? Poor little thing!"

> CHAPTER V. A VILLAGE FETE.

THE scene is the drawing-room, or salon, as it is called, of the Pension Petre. Three days have clapsed since

arrival have gone, but others have come to fill their places,

grows in a huge majolica stand. Near table is in full swing in an adjoining and smaller room, and through the open windows come floating in the voices of some young people who pre-The Game-Keeper's Hut fer the moon and the lake to the

QUESTIONS AND THE QUESTIONED dreamily there at times are the "I don't believe that's all the reas- strains of a new waltz by Stranss, on," she says; "and if it is, it's all which the German professor, with zonsense! Fancy you wanting to all a German's taste, is playing at the keep quiet and all that! No, it won't piano. And last, but not least, Edna do, Cyril; there's something else in Weston site at a small table near the window, turning over some awful ors which she is contemplating, with yours-oh, yes, I've see you snub him "All right," says Cyrll, "I'm not daubs, which the young lady, who has calm interrogation. is nowhere to be seen.

"What-inst I cost mention your This," says Miss Robinson, the ar- ing her long, thin, grenadine-covered —by the way, the door opens and the years of happiness in wedded life name? that I won't tell anyone, now tistic criminal, "is Heidelberg Castle arm round Edna's waist, after the other subject of Miss Sophie's critior hereafter, that I saw you, or knew by moonlight. Do you like it? It is fashion of a schoolgirl, which Miss cism enters. you were in this beast of a place-" considered rather good. Capt. Spark- Sophie long since ceased to be; "yes, Surely no one could hesitate a moer, who was staying at the pension at he always seems to be with you, and ment over that question of good "Well. I'll do that; I'll do more Heidelberg with us, admired it im- you appear to be so friendly, and to looks as the fair-haired giant comes daughter of Daniel and Ellen Meehan, mensely; do you really like it?"

Edna thinks that it would be bet- here."

long neck fancy herself like Mary

already made recipient of the re-

"And that reminds me," goes on

proved fashion, all pink and green

Miss Sophie, with an upheaving of comes up to the table and stands be- tions and many years of wedded hand, presses it for a moment, and Naples. And that's the Coliseum at her eyebrows. "Why, it was only to- fore them. raising his hat turns away. Scarcely Rome; oh, isn't Rome lovely? Oh, I day that Josey and I agreed that he "Good-evening, Miss Robinsonwas almost rude!" "Yes, I enjoyed it," murmurs Ed- Edna turns to the sketches with a es, eh?" and he takes one up, to

"Know about Mr. Payne?"

"Yes," nods Miss Sophie, dropping

into the chair beside Edna, and twin-

smile that is rather abstracted and turn, after a momentary examination, "We had such a glorious time incredulous, as she remembers Cyril's to Edna. "Did you do these?" there," continues Miss Sophie; and pointedly respectful manner to hershe smiles with deep significance as how he has turned from her side to says Edna. that she has seen him, that she has she turns to the window: "didn't we, fetch some trifle that Aunt Martha "Very pretty," he says, politely, or she herself had forgotten or re- but with an evident sigh of relief. Josephine thus addressed is another quired—how he never let them leave "Are you fond of art, Mr. Payne?" Glitters, now she turns them to him; Miss Robinson, tall, fair, freckled and the room without opening the door says Miss Sophie. ways, how polite and high-bred he which would be appropriate to

> "Do you think so?" she says, in credulously.

"Oh, yes," says Miss Sophie, de-Miss Josephine smiles with still leeper meaning, and Miss Sophie exhe didn't know us! And then he's es secretly at her skirt, and with so unsociable; he never says a word little blush she changes her mind to any of us, excepting you, unless and Miss Robinson hurries off alone he's spoken to. Not that I dislike Then, very humbly, the audacious the high-and-mighty style, but I do Cyril pleads for forgiveness. like to know whether people who've got it have anything to give them- was filled with despair; I knew if of Danderine, you can not find a sinselves airs about. Josey stands up you got on that balcony we should for him, but then that's because she see no more of you to-night, and this will please you most, will be after a

stroll in the town," he goes on.

"Handsome!" she repeats, and then thing, but just as I was passing one turns her thoughts inward. It is not of the old places I came upon one of too much to say that she has never those Swiss carvings you spoke of immediate and amazing —your hair will be light, fluffy and wavy, and asked herself the question Miss So- yesterday—the chamois, you know," phie has put to her; she has never and with a timidity, which is most ab-

who is lounging against the wall, eyeing himself in the glass approvingly, while he drawls and minces through s feeble flirtation with a young lady who has just arrived with papa and

A smile, light and spontan loods, yes, literally floods, Edna's oure face as she looks at Mr. Jones turn-up nose and insipld eyes. Now she knows, and her smile

"Ah, I see," says Miss Sophie, sa

### If You Saw Wood Each Day Wedding Bells. GIBBONS-HALLERN. You Won't Need Cascarets

ns, son of the late Michael and Minnie Gibbons, led to the altar Miss May Hallern, daughter of Terence and the late Elizabeth Hallern. The bride looked lovely attired in blue silk, with wreath and veil, and was attended by Miss Cecelia Fleming, while the groom was ably supported by Mr. Austin Hallern, cousin of the bride. After the wedding ceremony the happy pair drove to the residence joyable time was spent amongst hosts of friends. To Mr. and Mrs. Gibbons we wish every happiness and many years of wedded life.

MARTIN-CRAWLEY. On the 13th inst, St. Vincent's was the scene of many pretty weddings, Mr. Daniel Martin, son of Mr. William and the late Jane Martin, mak ing one of the number, when he led to the altar Miss Lena Crawley, daughter of Mr. John and Veronica Crawley, of Gaskiers. The bride was ressed in white with saxe blue trimming and hat to match and looked ovely. She was assisted by her ousin, Miss May Williams, while the Mr. Aiden Martin. The ceremony was performed by Rev. S. O'Driscoll, P. P., after which a sumptuous repast was partaken of at the home of the often. Now, we think he is very nice of the evening the happy couple drove friends awaited them, and a most en

joyable time was spent, and feasting

and dancing freely indulged in. To Mr. and Mrs. Martin we wish many

St. Vincent's, January 16th, 1910. STAMP\_WEEHAN. On Monday, January 13th, after know him better than anyone else in with the quiet, high-bred air of Point La Haye, Gaskiers, was mar-Edna's clearly penciled brows Edna looks up and sees his eyes go The ceremony was performed by Rev. S. O'Driscoll, P. P. The bride looked

I want, you'll do that cheerfully. much out of the perpendicular, but come together, as is their wont when round the room searchingly and then S. O'Driscoll, P. P. The bride looked to the perpendicular, but come together, as is their wont when round the room searchingly and then charming in a travelling suit of saxe on her, and for the first time a little was assisted by her sister, Miss Teresa Meehan, while the groom was ably tinge of extra color mounts to her supported by his brother, Mr. Arthur him, excepting that he is very kind cheeks, and her pure, clear eyes the happy couple drove to the residence of the groom's mother where "Oh, do you think so?" interrupts With his light, commanding step he supper was prepared. We wish Mr. and Mrs. Stamp hearty congratula-

St. Vincent, Jan. 15th, 1918.

HAYWARD-PORTER. On Tuesday, 14th inst., a very retty wedding took place here when Mr. Thomas and Bridget Hayward, was married to Miss Alice Porter, of Topsail. The bride looked charming, being attired in saxe blue silk with hat to match. She was assisted by Miss Stella Hayward, sister of the The groom was supported by his brother, Mr. James Hayward. ceremony was performed by Rev. S. O'Driscoll, P.P., after which the newly married pair drove to their future residence where a reception was hel not and a very enjoyable evening spent. About fifty couples were entertained and dancing kept up for many hours. To Mr. and Mrs. Hayward the whole community extends best wishes for the voyage down the matrimonial sea

### St. Vincent's, January 14th, 1919. You Can't Find Any Dandruff and Bair Stops Coming Out

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Try as you will, after an application

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# **Household Notes.**

ish for dinner. Before starching garments

hem inside out. an those in leaf. od for iron rust.

White pepper is not so evident as Old spinach should be

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A.P.) -Only scattered re-

troops were placed at the of the government for the voters everywhere turn rly and the rush to the ilted in the formation of men and women awaitturn to vote.

ERMAN ELECTIONS.

PARIS, Jan. 20.

of the election of the Ger-Grand Duke of Hesse had as he is called by the pretion." For the purpose of election, Germany was nto thirty-eight districts, oretically would elect 443 tives to the National As-However, as elections were in Alsace-Lorraine, the as reduced by twelve from e, and it was still further v the fact that as Posen by Polish troops elections e impossible. The total electors is given in round as 18,000,000 men and 21,omen. Each party was to nominate in each disnany candidates as there ties to be elected. Electors itted to strike out a name on a hallot but could not



From just such sim ometimes develop. an a splinter into he e place became v er efforts, blood-po Writing about it M es intense, and althoug rafter remedy, it got r rentually turned to block ad suffered for several n he day f saw Zam-Buk ad cided to give it a week's e end of that time my ich better that I was al splinter. I continued Gradually the po awn out, the pain wa ling disappeared, and

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