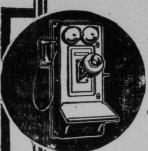
## DO YOU KNOW



How to Build Rural Telephone Lines"

#### YOUR HEADACHES WILL DISAPPEAR WHEN YOU USE

# ORT HEADACHE POWDERS

No matter what the cause, they will cure the most trouble-some case—and in a few minutes. No dangerous drugs to affect the heart. No opiates, harmless, safe and certain in their action. Leave no had after-effects. Do not form any "medicine habit." Kumfort Headache Powders have been helping thousands for fifteen years. They will help your case.

READ WHAT This LADY Kemptown, N. S.

"I have been using KUMFORT POW-DERS when needed, and they never fail to cure me. They create no habit, and I find no ill effects from their use. In fact I suffer less frequently from headache since I have used KUMFORT."

MRS. COLIN McKENZIE.

Kumfort Headache Powders are best and have that reputa-tion, because they have earned it. Speedily and effectually cure Bilious, Nervous and Neuralgiac Headaches.

Be sure you get the genuine. Nothing was ever as good. ere is so substitute.

At all sorts of stores 10 cts. 25 cts.

If you can't find them we will mail them postpaid on receipt price. Have them in the house against the time of need. 2

F. G. Wheaton Co., Ltd. - Amherst, N.S.



# Fit-Reform Suits and Overcoats Made To Measure

AND they will be made to your liking--we guarantee that.

You can make selections from hundreds of the choicest patterns of the season—the handsomest effects from abroad, that Fit-Reform alone can show.

You are assured an absolute'y perfect fit and the best workmanship that the greatest tailoring organization in Canada can give you."

Let us take your measure for the new Suits and

## THOUGHT IT WAS CANCER

"Fruit-a-tives" completely restored me

SYDNEY MINES, N.S., Jan. 25th. 1970.

"For many years, I suffered tortures from Indigestion and Dyspepsia. Two years ago, I was so bad that I vomited my food constantly. I also suffered with Constipation. I consulted physicians, as I was afraid the disease was cancer, but medicine gave only temporary relief.



I read in the 'Maritime Baptist' about 'Fruit-a-tives' and the cures this medicine was making and I decided to try it. After taking three boxes, I found a great change for the better and now I can say 'Fruit-a-tives' has entirely cured me when every other treatment failed, and I reverently say "Thank God for 'Fruit-a-tives'."

EDWIN ORAM, Sr. "Fruit-a-tives'" EDWIN ORAM, Sr. "Fruit-a-tives' weetens the stomach, increases the actual quantity of gastric-juice in the stomach and ensures complete digestion of all sensible food. "Fruit-a-tives" is the only medicine in the world made of fruit juices.

50c. a box, 6 for \$2.50, or trial size, 25c. At all dealers, or from Fruit-a-tives Limited, Ottawa.

S. OF T. ELECT OFFICERS

Newcastle Division No. 45, S. of I elected following officers on the 28th ultimo: W. P., Rev. W. J. Dean (re-elected'; W. A., Miss Helen M. McLeod; R. S., Miss Adelaide Bokler (re-elected); A. R. S., Miss Ella O'Donnell Fin. Scribe., Blair Hutchison re-Scribe., Blair Hutchison (e-lelected); Treas., James Falconer (re-elected); Chap., Miss M. J. Dunnett (re-elec ed); Conductor., Mr. Hicks; A. C., Miss Alice O'Donnell; L. S., Earl Atkinson; U. S., Harold McLaggan; Organist., Miss Dunnet.; P. W. P., Mrs. H. S. Leard.

Caledonia Division No Douglastown, elected the following officers on the 26th uit: W P., R. H. Jessamin; W. A., Miss Emma Morrison; R. S., Miss Belle Brans-field; A. R. S., David Gulliver, Jr; field; A. R. S., David Gulliver, Jr; F. S., Graham McKnight; Treas., Miss Maud- Word; Chap., David Bass; Conductor, Miss Rena Mc-Kenzie; A. C., Miss Ruby Hutchi-son: I. S., Clair McKenzie; O. S., Harry McCosh; P. W. P., Harold C. Stothart; S. Y. P. W., C. Mc-

# WATHEN VS.

FERGUSON

Interesting Property Case Decided Against Defendants.

In Wathen vs. Ferguson et al plaintiff sued defendant John, Ferguson for breach of covenant, and, alternatively, in statement of claim, asked for damages against the defendant for trespass. land in question was some time ago owned by Mrs. Graham and her son, Oswald Graham, as tenants her son, Oswald Graham, as tenants in common. Oswald Graham mortgaged his half and his father joined in the mortgage. This title eventually became vested in John Ferguson, who deeded to plaintiff with covenant of quit possession. Title to the other half, which was in Mrs. Graham, eventually became vested in the other defendants, who entered under it and disrossed plaintiff a under it and dispossed plaintiff's tenants. Plaintiff then brought action. The judge held both de-fendants liable, one on covenant for quit pessession and the other for ousting co-tenant, and damages were awarded in the sum of \$90 were awarded in the sum of \$90 and \$20 against the respective defendents with costs. W. D. Carter, K. C., for plaintiff; Mess s Teed, K. C., and Wallace, K. C., for defendants. The property ever which dispute arose is in Harcourt

### \*++++++++ MY LADY'S COLUMN.

\*\*\*

At the age of three, pianists in the making take more interest in toys than in sharps and flats. But Fitz Scavenius, the famous young Grieg player, who will visit Birmingham during his coming concert tour, and who is one of the favoured few to have his name entered in the book in which Queen Alexandra writes down the names of her favourite artists on his third birthday astonished h family by clambering on to the piano stool and playing "Ding dong bell" and "Mary, Mary, quite contrary, hammering away at the notes till he struck the right ones. Later at the age of 14 he achieved another record by being the only competitor to obtain full marks at the senior Trinity College examination. Shortly after this exploit Queen Alexandra sent in young Scavenius, who is of Danish descent, and immediately set the sea of her approval upon his playing. QUEEN ALEXANDRA'S PROTEGE of her approval upon his plating.

The Healthy Pose.

If the proper pose of the body be re-tained in all the ordinary duties of life, whether sitting or standing, it will minimize the fatigue of the daily routine. When double work is thrown upon some muscles, while others are idle, the result is the pain in back and limbs with which so many. others are idle, the result is the pain in back and limbs with which so many woman suffer. To walk upstairs with the figure erect and not like a half-shut jack-knife, legs and joints flexible and lungs breathing properly, will not only contribute to a woman's appearance but also to her health.

MATERIAL IMMATERIAL, THE MODEL'S THE THING



Black and white continue to be the mode: whether frocks are of silk, chiffon, satin or cloth.

An exquisite model for an evening dress is composed of black chiffon over the same fabric of white. A lot of jet is used on the black tunic. The foundation of the gown is cream, veiled with the sheer white. A blue satin girdle gives a touch of color.

This gown would serve for a model in marquisite or it would be charming in any simple limp material. The mode is the thing.

Princess Mary's Rebuff
The following little story of the Queen and Princess Mary was told by one who could vouch for its truth.

Mary, when a younger child, by one who could vouch for its truth. Princess Mary, when a younger child, ran one day into the sanctum of a certain well-known private secretary at Court. "I am sorry," said the much-harassed individual, "that I have no time to spare this morning for you, my little lady." The Princess, in high dudgeon, ran to her mother. "Bir So-and-So called me a "little lady," she complained, "and you know, mother, that I am a Princess." The Queen replied laughingly, "Run know, mother, that I am a Frances.
The Queen replied laughingly, "Run back, Mary, to Sir So-and-So. and tell back, Mary, to Sir So-and-So. and tell back, Mary, to Sir So-and-So. and tell back, Mary, to Sir So-and-So.

More zest in your

More smack in its delicious enjoy ment! At last, expensive study of flavor-blending has perfected a fullness, a richness, a smoothness of flavor that was once thought impos-

Why it was thought impossible one sip of a cup of King Cole Tea will tell you It is so much nicer, so far more satisfying in the grateful fullness of its flavor than any tea you ever tasted. King Cole Tea is flavor-fuller

YOU'LL LIKE THE FLAVOR

Thousands of Canadians Find Relief in Bentley's Liniment THE MODERN PAIN CURE

Satisfaction Guaranteed or Money Back for every case of its failure to do all we claim for it.

A positive and speedy cure for all pains and sprains, burns, scalds, bad cuts and bruises. Best in the world for coughs, colds and sore throats. Extra strong and white, nothing so good. Best all around remedy for the family medicine chest. Won't spoil any fabric.

Bentley's reputation came from Results. It always does as we say. Nobody ever asked for a refund for Bentley's Liniment, but if it doesn't meet our claims you can have your money, anytime.

READ THIS TESTIMONIAL. WE HAVE THOUSANDS MORE LIRE IT.

"A year ago I sprained my ankle very badly, and it has been very painful. I recently began using BENTLEY'S LINIMENT and find it has helped me more than anything I have tried. I can highly recommend it."

G. R. VANDERBECK, Postmaster.

Be cautious. Read the label on the bottle and be sure you buying the genuine—Bentley's Liniment.

2 oz. bottle. 10c. 6 oz. bottle (three tim oz. bottle is larges vize for money in the

"AN OR BEAS BENTLEY'S IS WHITE. .. VER HARMS A: F. G. Wheaton Co., Limited, Sole Props., Amherst, N.S.

## Did you ever hear any one say they could not get good coffee except in the States?

I have heard it, scores of times, and it's one of the reasons that made me decide to go into the Coffee business.

Of the Americans who visit us in summer, hundreds take home a supply of Red Rose Tea because they have never used such good tea before. I determined to put up a coffee that would make for itself just as good a reputation. It has not easy, but sure I have succeeded.

Estabrooks' Red Rose Coffee, put up in sealed tins is—well, it's good coffice. You and your American friends



breakfast and Red Rose Tea for other nicals

Estabrooks RED ROSE

ORDER A TIN IN TIME FOR BREAKFAST.

The only Baking Powder made from Royal Grape Cream of Tartar

HO ALUM, NO LIME PHOSPHATE

ADVOCATE \$1.00 PER YEAR