### FIVE MINUTE SERMON

REV. I. J. BUREE, PRORIA. ILL. OCTAVE OF THE LPIPHANY

THE EPIPHANY

"And entering the house, they found the Child with Mary, His Mother, and talling down, they adored Him. And opening their treasures, they offered Him gifts, gold, frankincense and myrrh." (Matt. ii, II.-)

The Church, my dear friends, in her series of festivals, desires to appeal to the heart as well as to the intellect, of her followers. Beginning with the birth of the Son of God on her festivals step by step until His tragic death on Mount Calvary. It we learn from the divine Infant,

lying in the stable on Christmas, the virtues of poverty, humility and mortification; we likewise, learn obedience to the laws of our Church and of our country when we see Him obey the law of circumcision eight days after His birth. In other festivals in His honor we have presented to our consideration charity, forgive-ness of injuries and all other virtues.

To-day we celebrate the feast of the Epiphany. Epiphany means manifestation. It was on this day, the twelfth after His birth, that He manifested Himself to the Gentiles. It is sometimes called Little Christmas or the Christmas of

the Gentiles.

The first adorers of our Lord in the stable of Bethlehem were Jewsshapherds who were led thither by the angels singing "Glory to God in the highest and on earth peace to men of good will." The Gentiles were likewise led to adore Him in the manger in a miraculous manner. For Christ was the Saviour of all-of Jew and Gentile. And if the Jew was led to the Infant Jesus by an angel, the Gentile was led by a mira-

culous star.
At the birth of our Lord this star appeared in the East. Many saw this wonderful star. But three wise men followed it. Thus "Many are called, but few are chosen." The star went on before them and directed their steps. When they came near Jerusalem, the star disappeared. They entered the city, and, not being shamed to confess Christ, asked Where is He Who is born King of We have seen His star in the East and have come to adore Him." Herod asked the scribes and priests where Christ was to be born and was told that it was in the city of Bethlehem. Then Herod told the wise men to go and search for this child and bring him word. And when they were outside the city, "Behold the star which they had seen in the East went before them until it stood over where the Child And they going in saw Child and Mary His Mother. And falling down they adored Him. ing their treasures they offered Him gold, frankincense and

own country.

Thus we see, my dear friends, that the birth of Jesus Christ was a subject of joy both to Jew and Gentile. Both were invited to come and partake of the common blessing. For at the time that the angel called the Jews in the persons of the shepherds. the star called the rest of mankind in the persons of the three Holy Jesus Christ was born for Kings. the salvation of all mankind. Hence He wished that all would begin to know Himintheinfancy of H s human-The rich and the poor, the Jew the learned, the king and the subject experience is also daily teaching, it were all called to Bethlehem to adore is, for the generality of mankind, the cohol." d the Gentile, the ignorant and the divine Infant lying in the man most dangerous thing anyone could Deaths that are attributed to derfully varied. English speaking ger. Lying there on that bed of take and that for most persons it straw who would suspect Him of proves disastrous ruin.

| Catholics, happily, are well provided plexy, cardiac valvular affections, with such books. We have, for exacter could be seen. He appeared to the senses to be a child of misery, distress. child of misery, distress, afflic tion and tears. Everywhere in His surroundings was poverty and want. But the Magi did not doubt. Toey saw with the eyes of faith. Under the form of a new-born infant they believed the eternal God to be present. They were convinced that the Child they beheld was their God, the long expected Saviour and Redeemer

men returned another way to their

Knowing this, they fell down and adored Him. Then opening their treasures they offered Him gold, frankincense and myrrh. Gold is the tribute usually paid to kings. Jesus Christ was the King of kings, hence in this light gold was offered Him.

Frankincense was offered to God in the temple morning and night. The smoke of the incense represents the prayers ascending to the throne

Myrrh was used by the Jews in embalming. Hence as offered by the Magi it represents the humanity of

Gold was offered Him as king, incense as God and myrrh as man; jointly offered by the Magi they represent the two natures of God and

lar a mercy.

man in the person of Jesus Christ. The Magi worshipped God in spirit and in truth. The same spirit must animate every true follower of Jesus Christ. We have been called to the true faith as the Magi were. This faith has been announced to the world by Jesus Christ Himself; it has been sanctioned and confirmed by miracles; it has been handed down to spaceding generations by down to succeeding generations by inspired Evangelists: and it has been preserved in its original purity by the infallible teaching of the Catho-lic Church. This great gift has been bestowed upon us. Hence we owe God a debt of adoration for so singu-

The tribute of love, the tribute of devotion and the tribute of self-denial are the three acts of homage signified by the gold, frankincense and myrrh of the Magi. This hom-age of love, devotion and self-denial God exacts from every Christian.

Let us, my dear friends, en teavor to render God this homage. Let us follow the teaching of the Church—the star of Bethlehem for us—that bright and evening star that will lead us to Jesus; it will guide us through all the trials of life it will light us in the darkness of the valley of death, and it will lead us safely to Christmas day, she follows Him in the other shore into the haven of

### TEMPERANCE

DESTRUCTION OF MANHOOD Alcohol not only weakens the owers of the mind, but dulls and leadens the moral feelings and extinguishes the noblest instincts of humanity in the human breast. see parents addicted to drink wholly unmoved by the sufferings of their children, whether it be from pain or cold or hunger. These sufferings make no impression on the brain, sodden and stupefied with alcohol; they arouse no feeling of affection or com-passion. Alcohol drowns all consciousness and sense of responsibility; when indulged in, it dehumani

Nor is any one nation the only suf ferer from this dreadful plague. The curse following in the train of alco-hol girdles the world. America and England, France and Germany, Italy and Russia, Sweden and Switzerland. Canada and Mexico and Australasia, all feel its disastrous effects. But it is particularly in the wine and beer drinking countries that its most de plorable consequences are seen. Here is a powerful argument against those who advocate the use of beer and wine for a cure for intemperance. Germany one fourth of the inmates of the insane asylums were and are notorious drinkers. In the same country 20 per cent. of the children of drinkers are weak minded idiots or epileptics. "One of the worst or epileptics. "One of the worst evils that has set back the German people," says Professor Munterburg, has been the wholesale use of beer

and wine. And the saying of the late von Moltke, the celebrated strategist, has historic : " Beer is a far more dangerous enemy to Germany the armies of France Brandy is the worst poison of all. Next to it come beer, and Germany is pre-eminently the land of beer drink-

SQUANDERING OF MILLIONS Professor McCook estimated that the tramps of the United States alone cost the people over nine millions a year to support them: "a half more than the cost of the Indian Depart myrrh." And being admonished in their sleep not to go back to Herod who wished to kill Jesus, the wise ment, and one half the cost of our

"From a sociological standpoint," says Nammack, "we are compelled by incontrovertible evidence to ac knowledge that it (alcohol) is of all causes the most frequent source of poverty, unhappiness, divorce, suicide, immerality, crime, insanity, disease and death." What greater What greater reasons should prompt us to take an active part in organized total abstinence? Yet in their strange and sad ignorance of its destroying power, people take drink without any apprehension of its danger; yea, rather as if it were the cure for all the misforunes and miseries to which the flesh Whereas, as science is every is heir.' day proving more and more, and as

being the God of heaven and earth? DRINK-CRAVING — HOW CURED craving' follows-a condition to be dreaded unless we are possessed of very strong power of self control. To 'crave' is easy, to 'control' difficult: therefore, the wiser course is to avoid those things which tend to create a craving—words the truth of which it is difficult to gainsay, and it is quite larming to think that "six weeks are sufficient" to form a strong habit or longing for drink.'

The inveterate and oftentimes irresistible craving which follows re-peated acts of intoxication is, in a arge proportion of cases, incurable, except by complete abstention from alcohol for a period of time, of which it may be safely said that one year is the minimum that can be relied upon. With many, however, this period is not sufficient, and another probationary year is necessary, dur-ing which the patient may be permitted, as a test of his or her power of control, to return periodically for short intervals to the society of rela

#### tives or friends. TRANSMITTING THE EVIL

Did this moral and social ruin end in the person of the dipsomaniac only the curse of the drink craving would lose half its terror. But the full force of this terrible vice is only realized when we consider its effects in the physical deterioration and mental degradation of the drunk-ard's children. The wretchedness attendant upon a starvation diet and insufficient clothing, intensified by ill usage, is pitiable enough; but it is not so sad and deplorable as the inherited mental aberration, the criminal tendencies, and the vicious propensities that are transmitted through conception during a state of intoxication and perpetuated during the pregnancy of the habitual drunk-ard. Nay, more, to transmit these

# PAIN NEARLY DROVE HIM MAD

Suffered Horribly Until He Turned To "Fruit-a-tives"



J. A. CORRIVEAU

DRYSDALE, ONT., June 15th, 1913 "I am a general storekeeper at the above address, and on account of the great good I have experienced from using "Fruit-a-tives". I recommend them strongly to my customers. They were strongly to my customers. They were a great boon to me, I can tell you, for about two years ago, I was laid up in bed with vomiting and a terrific pain at the base of my skull. The pain nearly drove me mad. Doctors feared it would tron to inflammation of the brain but I took "Fruit-a-tives" steadily until I was cured. I have gained fifteen pounds since taking "Fruit-a-tives" and I verily believe they saved me from a disastrous illness."

#### J. A. CORRIVEAU.

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evils intoxication is not necessary I give the very words of Dr. B. Richardson, the highest authority on this question, and a true friend of humanity.

All the evils resulting from hereditary alcoholism may be transmitted parents who have never been noted for their drunkenness. Longcontinued habitual indulgence in in toxica ing drinks is not only suf ficient to originate and hand down the morbid tendency, but is more likely to do so than even oft repeated drunken outbreaks, with intervals of perfect sobriety between.

The late Dr. Andrew Clarke, one

of the most eminent medical men of our time, discussing the same truth.

"It is not they alone (i. e., those who drink to excess) who suffer, but so soon as a man begins to take one drop more than what I have called the physiological quantity (which in his opinion is exceedingly minute), the desire is not only begotten in him but the desire becomes a part of his very nature and that nature so formed by his acts is calculated to inflict curses inexpressible upon the earth when handed down to the generations that follow after him as part

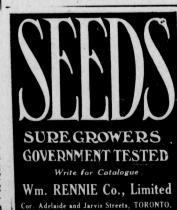
and parcel of their being.

For "in the inscrutable designs of nature none is more manifest than this, that physical vice. like physical feature and virtue, descends to pos terity; but no one of the transmitted wrongs, physical or mental, is more certainly passed on to the yet unborn than the wrongs inflicted by albut the paths that lead to it and the

cardie and renal dropsy, ascites, dia ample, withdrawal usually means that a the bladder and generative organs of days painful and miserable-all these are not generally associated with, or ascribed to, alcohol. But they are as heavens. The relationship frequent'y realized in the instance of the liver, because the direct results are more easily traced in this organ than in others.

But whether quickly or slowly alcohol inevitably injures all. Noth ing is more striking than the quantity of alcohol that may be taken by ome person with 'apparent' impunity, even for a number of years Graves, in his "Clinical Lectures," described a case in which, for twenty years, over a pint of brandy or whiskey was taken daily before the came surely and terribly.

A DELUSIVE AGENT ecent results of experiments in medical science have sounded the



death-knell of what is called moderate drinking. From a scientific standpoint," says Dr. Victor Horsley, of the University of London, "the claim so often put before us that small quantities of alcohol, such as people take at meals, must have practically no deleterious effect, cannot be maintained." The same eminent physician again tells us that repeated experiments have been made to discover whether there is any certain limited quantity of alco-hol which can be taken without disadvantage to the human body; the result is that "it is quite impossible to state that the smallest given quantity of this drug is harmless to our bodies." "A man," he again declares, "who desires to use his en tire force on behalf of himself or his fellow man can do so best and longest by entirely avoiding alcohol."

Dr. Salter, London, says: "It is as absurd to talk of its value as an ar ticle of diet as it would be to class opium under the same head."

opium under the same head."

The idea so popularly held and practised, that there is safety in taking it "after the day's work is done," is a delusion, for Professor Kræpelin, of Heidelburg University, has shown by actual demonstration that hol causes a diminution of brain power which lasts sometimes until the evening of the next day." Von Helmholtz, the celebrated physicist of the nineteenth century, declared that the very smallest quantity of alcohol served effectively, while its influence lasted, to banish from his mind all possibility of creative effort." And Schiller the great German poet, used to say, "wine never invents anything." "In this way," says Dr. Victor Horseley, "alcohol is shown to be a delusive agent, thus proving the accuracy of Solomon's statement that 'wine is a mocker.'

EXTREMELY DANGEROUS As a drug alcohol is so extremely langerous that the most eminent men of science in our day seldom or never prescribe it. Listen to a few of them. Dr. William Collins, M. P. one of the most eminent London surgeons, said: "If alcohol has any place in the treatment of disease, as it certainly has in the production of disease, it is as a drug prescribed cautiously and in strictly defined

Dr. Davis, of Chicago, has said that "he never employs in all his practice an intoxicant"—for the simple reason, but convincing one, there are other remedies that do as well, and the other remedies leave no harmful trace behind them. Nay other drugs are, in some cases at least better. We have it on the authority of another eminent surgeon. Dr. George Crile, M. A., London, that the results of his experiments proved that in cases of "shock" the state of the sufferer was aggravated by the use of alcohol, and that "hypodemic injection of strychnine and atropine. and the use of other substances, are better calculated to being the patient out of danger than the alcohol

The terrible danger of this poison may be estimated from this one fact, that the smallest sip of the weakest wine or other liquor is sufficient to arouse the sleeping demon of the drink-craving which is eating up thousands around us and is hurrying them to their ruin.-Rev. W. J. Mulcaby in Irish Ecclesiastical Record.

### A CONVERT'S JOURNEY

The story of a convert's journey

from Protestantism into the Church

is nearly always interesting. The

experience had on the way are won-DRINK-CRAVING — HOW CURED betes, Bright's disease, paralyses of "Apologia;" Brownson's "Convert;" various kinds, gastric disorders, and alcohol," says Dr. Victor Horsely, "Its —particularly in men—affections of "Invitation Heeded;" Benson's Confessions of a Convert;" later life, which render their last Ruville's "Back to Holy Church;" De Costa's "From Canterbury to Rome;" Hitchcock's "Pilgrim of Eternity;" Burnett's "Path which surely the result of it in the case of Led a Protestant Lawyer to the drinkers as that there is a sun in the Catholic Church;" Miss Curtis's Some Roads to Rome in America, and a number of others. A valuable addition to this list of books is "A Loyal Life," a biography of Henry Livingston Richards, written by his Jesuit son. For the work not only gives an account, largely in his own words, of an Episcopalian min-ister's conversion to Catholicism, and of his subsequent career, but the volume also contains an ex-tended sketch by Father Richards of the Oxford Movement in this country, which will be of great service to the student of American breakdown came in the form of church history. It could be wished, dropsy and other affections, but it however, that the author had said more about the progress of Trac ianism in New England, and had furnished the volume with an index As the book is a son's loving tribute to a venerated father, the reader must not look for a very critical " biography, but see rather in Mr. Richards an excellent exam-ple of the kind of laymen the Church

in this country needs to day.

Henry Livingston Richards, a de scendant on both his father's and his mother's side, of New England Puritans, and patriots of '76, was born in Granville, Ohio, in 1805. After becoming a Catholic he liked to be-lieve that through his mother, Isabella Mower, "very probably a modi-fication of Moore," and through her mother, Jennie Dorrity, some Irish blood ran in his veins. His father was the pioneer doctor of a little frontier village and an old-fashioned

At sixteen Henry was sent to Ken-yon College, which Philander Chase,

## Por Clean Sanitary free from Grease and Scum use 1d Dutch Cleanser minister From the time of his conversion to

the first Protestant Episcopal Bishop of Ohio, had just founded. Vivid de scriptions are given of the hardships young Richards had to endure, and a good account to, of his early relig-ious experiences. He had to leave college, however, after a year's stay to be a clerk in his uncle's store. He was duly "converted" and became an exemplary "church member." Dr Richards, his father, meanwhile had embraced Episcopalianism, taking with him from the local Congrega tionalist church a company of se ceders, and was appointed their lay-reader. Henry followed his father. Reentering Kenyon college, young Richards was graduated and then Richards was graduated and then began to study for the ministry. sial character or urging the necessary began to study for the ministry. He was ordained in 1842, married and advantages of religious education. That Mr. Richards' practice in the study and with his theory and took his bride to Columbus, Ohio, where he became the first rec tor of the new missionary church of style of Churchmanship" at this time was "Extreme Low," with a strong Calvinistic bias. But he now found that he was expected to minister to the spiritual needs of a con-

gregation whose leading members held High Church views. "I cannot refrain from an expression of aston ishment." he wrote in after years. at the temerity with which I undertook the serious and awful re sponsibility of directing souls and ducating them for eternity with the crude, half fledged notions in which I had been educated." He says in another place: "I felt very sensibly as a result of my parish labors among the people, the necessity of something like Confession, in order to complete success in the work of Meanwhile, a zealous bookseller, that he purposed starting. who belonged to Mr. Richard's flock, kept his pastor supplied with the Oxford Movement literature that was coming from England. This course of reading made him adopt

the Via Media theory, and he begar to consider himself a "Catholic," erica. The panic of 1873 forced Mr. But when an Irishman came to St Paul's one day and asked : " Is this the Catholic Church ?" Mr. Richards promptly answered, "No!" and dirrected the stranger aright. "Think of my chagrin and mortification," ie says, "when I became conscious of this sudden and spontaneous betrayal of my new principles." Thus was St. Augustine's ancient test applied again in Ohio.

The bitter opposition shown by the Evangelical party of the Episcopalian Church to the Tractarian Movement helped to hasten conversions to Catholicism. Charges made against two High Church bishops made forced them to resign their sees and checked the spread of the Via Media Church." theory in the Episcopalian Church.
But between 1845 and 1852, about world in general that he had found But between 1845 and 1352, about world in general that he had found fifty American Protestant clergymen the Church, not only everything that became Catholics. One of them was he had expected, but far more, and that every year only

Mr. Richards. Because of failing health he left Columbus in December, 1848, and journeyed to New Orleans. While these he chanced to pick up in a Catholic bookshop a copy of Keen. an's "Catechism," which he bought and read. The book gave Mr. Richards a new idea of Catholic doc-trine, and Kenrick's "Primacy of the Apostolic See," Milner's "End of Controversy," and frequent visits to Catholic churches, wrought such a change in the minister's religious opinions that he returned home the following spring no longer a Tractar-ian. A family uproar, of course, ensued. There was certainly no precipitancy, however, about step toward the Church, for though he had consulted a priest about being received, he continued for two years to officiate quite often as minister. But on being stricken down with a serious illness he realized his soul's peril, and as soon as he was well enough, made arrangements for his reception into the Church. He became a Catholic, January 25, 1852.

As is not unusual with converts, Mr. Richards had many things to try him during the early years of his Catholic life. Leaving his wife and four children in his father's care, he secured employment in a New York commercial house, and went to Jersey City to live. But just as he began to thrive a little an attack of illness laid him low, cost him his position and plunged him into poverty.

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However, he subsequently succeed in making a new start, prospered sufficiently to have his family join him, and when he saw them all baptized Catholics his happiness was complete. "Mr. Richards," writes his biographer, "never underwent such a period of acclimatization as some converts experience after their entrance into the Church. He never felt any of their repugnances to Catholic doctrines, the result, no doubt, of their early prejudices. As he said himself, he 'took it strong.' From the beginning he was as fervent and enthusiastic in all the exercises of Catholic piety as though he had been reared in the faith," and the Catholic atmosphere in which he now began to live had a mellowing influence on the former Puritan

that of his death, Mr. Richards took a keen interest in Catholic activities of all kinds and labored zealously to promote them. He was always tireless in Sunday school work; a St. Vincent de Paul Conference started in Jersey City in 1857, and probably one of the earliest founded in this country, made him its first president; and he was largely instrumental in securing the admission of the priest into the charitable and penal institutions of Hudson County, and in bringing about a great improvement in their administration. A sympathetic friend of converts, Mr. Richards did much to make them feel at home in their new surroundings. To the Catholic Review, a weekly paper edited by P. V. Hickey, he frequently contributed articles of a controverthe matter kept pace with his theory is proven by the fact that he sent all his children to Catholic schools.

When his business made him, in 1868, a resident of Boston, he became a pillar of the Immaculate Conception Church, and began to promote Catholic interests in New Engands metropolis with the same zeal he had shown in Jersey City. The Catholic Union, and organization of educated men which was founded in 1873 for the furthering of Catholic activities, elected him the successor of its first president, Mr. Metcalf, and he worked with others until religious privileges had been won for the Catholics in Boston's houses of charity and correction. He lectured a little, and wrote a great deal for the Sacred Heart Review and other Catholic periodicals. Indeed, he wielded such a trenchant pen that in 1871, Father Hecker wanted him to be the editor of a weekly paper Richards felt, however, that he should decline the offer. The "project was finally abandoned," says his oiographer, and Father Hecker's ideal of a great Catholic weekly has been realized only recently in Am-

Richards out of business, and at sixtyfour he found himself looking for employment. He soon secured a place, however, on the Boston Board of Charities, and was connected with that body for twenty-three years being enabled during that period to do a world of good to the countless poor he visited. After seeing his youngest son ordained a priest at Woodstock in 1885, he joyfully said his Nunc dimittis, but his health then began to improve so unexpectedly that he not only lived to celebrate with his wife their Golden Wedding is 1892, but published ten years later a booklet, entitled "Fifty Years in the "He wished to testify to crease his love for the Holy Mother of the Faithful and his gratitude to God for being sheltered within her bosom." Surviving his wife but a few years, Mr. Richards ended his "Loyal Life," November 8, 1903, while his Jesuit son stood by his bedside and gave the last absolution. On his monument was engraved this appropriate text from his patron, St. Paul: "I have fought a good fight, I have finished my course, I have kept the faith."—Walter Dwight, S. J., in America.

THE SANCTIMONIOUS PENNY

Jerome S. McWade, the millionare collector of Duluth, was appealing on he Mauretania for a seamen's fund. "Let the collection be generous," he said. "We want none of the penny and quarter parable here." A penny and a quarter, side by side in a pocket fell into conversa-

"I'm worth twenty five of you," said the quarter haughtily.
"That's true," replied the humble

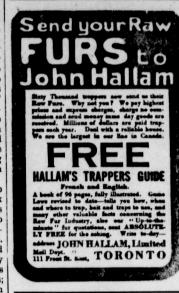
penny "but in one respect, sir, I'm superior to yourself." "Pshaw; how so?" said the quarter. "I go to church, sir, far, far oftener than you," replied the penny.

The good we do men is quickly lost: the truth we leave them re mains for ever; and therefore the aim of the best education is to enable students to see what is true and to inspire them with love of all truth. Professional knowledge brings most profit to the individual; but philosophy and literature, science art elevate and refine the spirit of the whole people, and hence the university will make culture its first aim, and its scope will widen as

men are enlarged and multiplied.

Spalding.

An ability and an opportunity to do good ought to be considered as a call to do it.—Richard Ceci).



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