

PENTATHLON.



The idea involved in the pentathlon is all-round development. For this reason the events which were chosen to form its basis had certain conditions to meet. It was intended that the "pentathlon" should be used, not only in local and district as well as provincial "meets," but that it might form the basis for an International contest. The following are the ends at which the pentathlon must aim :—

1st. The events must be those which taken all together will test a man all-round. They should test the strength of legs, body, and arms ; they should test the higher elements also, a man should be compelled to "use his head ;" the heart and lungs should also be tested by something that demands endurance and wind ; agility should receive its due share of attention ; speed should be tested and a man's ability to spring should also be ascertained.

2. The events should be those which are "standard ;" that is, which are common in all parts of the