

CONSUMPTION.

Symptoms:—A short tickling cough; the pain in the chest is slight without any tenderness at the upper part of the lungs. Breathing is short and a full inspiration is mostly impossible. The expectorations are generally scanty and small in quantity in the earlier stage. The expectorated matter is watery, sometimes tinged with blood. With the advance of the disease, the matter becomes thick, curdy, or cheesy particles are excreted. The pulse becomes frequent and feeble; the breathing grows shorter; irregular, often severe chills occur, succeeded by feverish heat, and at the last stage, night-sweats, swelling of the limbs, diarrhea, etc. sets in. Treatments, which have resulted, especially in the earlier stages in a complete cure, are:

EXTERNAL.

One heaping tablespoonful	Johnswort
One "	" Sage
One "	" Rosemary
One "	" Salt

Apply once daily spine treatment with the liquid along the spine.

INTERNAL

Two heaping tablespoonfuls	Mullein
One "	" Betonica
One " teaspoonful	Arnica Flowers
One "	" Marshmallow

Take a tablespoonful every three hours.
(Prepare as Directed on Page 20)

DYSPEPSIA OR INDIGESTION.

Symptoms:—These vary greatly in character and intensity, but commonly there are one or more of the following: Flatulence, nausea, impaired appetite, a bitter taste, bitter or acid fluids coming up in the mouth, coated tongue, often flabby; foul taste or breath, heartburn, pain or sensation of weight over the stomach or fullness after a meal; irregular action of the bowels. Also diminished mental energy and dejection of spirit, headache and palpitation of the heart, etc.

Treatment:—