

# The game of field hockey

by Ruth Ann Whipp

Field hockey is one sport being stressed and played more and more. It's a game that demands control, discipline, alertness, speed, and stamina.

Each team consists of 11 players, including a goalkeeper, who must be in top physical shape to stand the pace of the game. The duration of the game is 70 minutes, made up of two 35 minute halves.

There are no time outs and if a player is injured there is no replacement.

The essential tool of the game is a stick shaped like a J. But in this game of skill and speed, only the flat part of the stick is used making it even more difficult.

Contrary to what people think it isn't a rough game and there is no body contact. You hit the ball with the stick and you are not allowed to touch any of your opponents equipment.

## Woman's sports get involved

Women, there are many sports that you might like to learn or would like to improve on. The following are being offered to you at York: Conditioning on Mon., Wed. and Fri. from 12:15-12:45 p.m. in the Upper Gym, Diving on Tues., Wed. and Fri. from 6:30-8:00 p.m. in the Swimming Pool, Fencing on Thurs. from 7:30-9:00 p.m. in the Upper Gym West, Gymnastics on Tues. from 6:00-8:00 and Thurs. from 4:15-5:30 p.m. in the Upper Gym West, Judo on Tues., Wed. from 7:30-10:00 p.m. in the Judo and Wrestling Room, Karate on Sat. from 12:00 noon-2:00 p.m. in the Judo and Wrestling Room, Tennis on Tues. from 9-10 a.m. and Thurs. from 2-3 p.m. on the Founders Tennis Courts. Swimming Lessons are also offered.

Yes, these sports do really take place at York. If you're interested in any one of these sports go over to the Tait McKenzie building and sign up.

## Attention all York women

Women — keep your eyes peeled for practice times for the following University Teams. Basketball starts Tues. Oct. 8 at 6:00 p.m. in the main gym. Volleyball starts Wed. Oct. 16 at 6:00 p.m. in the upper gym. Speed Swimming starts Tues. Oct. 15 at 5:00 p.m. in the swimming pool. Gymnastics begins Tues. Oct. 15 at 6:00 p.m. in the upper gym. Badminton starts on Mon. Oct. 21 at 8:00 p.m. in the upper gym. All women are encouraged to try out.

## Water's fine, come on in!

Learn to swim; learn to swim better — for relaxation, recreation, or for a summer job.

There will be a meeting Mon. Oct. 7 from 7-10 p.m. in the pool at the Tait MacKenzie Building for everyone wishing to sign up for swimming lessons.

Instructional diving starts Thurs. Oct. 3, from 6:30-8:00 p.m. Meet in the pool.

P.S. The water is beautiful.

From the bully (where 2 opposing centre forwards face off at the beginning of each game) the players strategically pass the ball up the field. A goal may be scored only if shot from the inner circle. After each goal a bully is held again.

At the end of the game the team with the most goals is the victor.

This year at York the team is starting from scratch, so everyone even if you have not played the game, is welcomed to try out. At the meeting last Thursday there was a good turnout but

more women are encouraged to give field hockey a try.

The York team plays three matches this year. On October 15 they play Lorne Park, on October 26 they play Guelph, and on November 1 and 2 they play U of T.

It should be an exciting season with lots of hard work and fun. The practice times will be posted on the athletic boards in each college and in the Tait McKenzie building.

If you've always wanted to try out for a university team, now's your chance. Come on and give it a try.

## Women's tennis team

by Ruth Ann Whipp

Practices and tryouts for the university women's tennis team have been in full swing since the first week of school.

While most of you were going home, the girls were just starting to practice, and practice they still do. Every Mond., Wed. and Thurs. from 4:30 to 6:30 you can see them working out on the courts behind Founders.

Fortunately, most of the team from last year has returned to build a solid nucleus. Plus there are several enthusiastic new women trying out for the different places on the team.

Last year York women came out second overall in the WIAU with Nancy Green (1st singles) remaining undefeated in all the matches she played.

What are their chances this year? Miss Watts, coach of the

tennis team, says the team should do extremely well this year. She is very enthusiastic about the outlook.

This year York is lucky enough to be playing in 2 tournaments — the WITCU championship on Oct. 3 and 4, and the OQWCIA championship in Waterloo on Oct. 18 and 19.

Three matches take place against McMaster on Oct. 7, U of T on Oct. 10 and Scarborough on Oct. 17.

This week the team leaves to play in Montreal. The final team has not been picked yet but the 4 girls representing York are Nancy Green, 1st singles; Frannie Stone, 2nd singles; Eva Hill and Ruth Ann Whipp, the doubles team.

With York coming 2nd last year, there is a good chance that they will win this year. Let's hope for a victory, York.



Scott McMaster

## Classified

Classified ads are accepted in our offices in the Steacie Library Bldg. Deadline Monday 5 p.m. for that week's edition. Minimum charge \$2.00 for one column inch. Maximum two inches.

EXCALIBUR needs photographers, reporters, photographers, layout staffers, writers, reporters — ah and lots of photographers. We offer lots of fun, especially on Monday and Tuesday nights, the occasional pizza and the weirdest guys on campus. Sounds good? Come in any time — but watch out for the bearded guys who tend to mistake our office for the local treatment center for the emotionally disturbed campus radicals. If you happen to be just one of the nice clean guys don't worry — we've got something for everybody. Our advertising manager cries his eyes out because he can't find sober adsalesmen.

CARPPOOL: If you are commuting from Burlington to York and are interested in forming a carpool, please contact Mikal Cohen at Psychological Services (635-2519).

RIDE available from Finch, Wilmington, Kennard area. Phone Marilyn at 630-9883.

58 FORD Fairlane, Excellent Transportation. Phone 635-3850

EXPERIENCED TYPIST will type essays and other material for students in own home. Contact Mrs. Hannaford at 221-4213.

Two girls need ride to Montreal October 25. Share gas, driving. Call Jean, 929-9109, or Anita, 630-6088.

Oh drat! It was a butterfly

## layoutsies

Claire, Gail, Olga, and the weird one worked and slaved until 11 o'clock, along with Gary F., who waited patiently for the wired one. Next week, if

organization does not improve, it's no more mister nice guy for anyone. Dig?

## ALL WOMEN OF YORK UNIVERSITY are cordially invited to attend WAC NIGHT

DATE: Thurs. Oct. 3rd

TIME: 7 O'clock sharp - 10 p.m.

PLACE: Tait McKenzie Building

FEATURING.....

Demonstrations in karate, gymnastics, swimming, Estonian gymnasts

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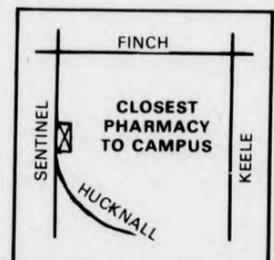
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