AVOID COUGHS WATERLOO NEWS RECORD

Childrens Class at Childrens Class at Next Poultry Show Returned Soldiers Given Setting of Eggs if Desired. At a meeting of the Waterloo Poul-try Association held on Thursday night a committee was appointed to wait on

a committee was appointed to wait on the members of the School Board for arise therefrom.

the members of the School Board for the purpose of getting their assistance to have the pupils at the Public School take more interest in the raising of better fowl. The Society have decided to have a contest at their next annual show for the pupils for which valuable show for the pupils for which valuable prize will be given By this means it is hoped to instal more enthusiasm amongst the children with the result that a better education in the raising of fowl of the right kind will result. The Association also decided to donate to any of the returned soldiers a setting of eggs to start them on the way in the raising of children. steady employment, so that he may be able to settle down to home hi the raising of chickens.

The condition of Edward Lacken-bauer who was injured on Thursday evening by being run down by an auto

bauer who was injured on Thursday bauer who was injured on Thursday sevening by being run down by an auto on King Street, showed slight improve-ment this morning he having passed a fairly good night. State. Be sure and hear Lieut Beverley Robinson, R.A.F., the King of Flyers give his experiences in the Trinity Church, next Tuesday evening, March

spending several days in town visiting At the Waterloo Rink last ever friends,

Strongthen a weak throat, to rid you of Bronchitis, to drive out catarrh coughs and colds. Use Catarrhozone to prevent to cure your winter ills. Physicians endorse it hospitals use it hospitals use it hospitals use it hospitals use it is a maile aizes 25 cents and 50 cents and 16 cents per dozen. All other lines of produce sold at the normal prices. The following communiction has, been received by Miss Jessie Bruce, Secretary of the Local Red Cross and speaks for itself.
TOURINVENTIONS
The regular weekly marked was attended by the usual large erowd. The supply of farm and arden produce, the dotter was if anything and the dotter was if anything and the sizes 25 cents and 50 cents per the ting price being 38 cents per dozen. All other lines of produce sold at the normal prices. The following communication has, been received by Miss Jessie Bruce, Sec's Canadian Red Cross Society, Miss Jessie Bruce, Sec's Canadian Red Cross Society, and increase in shipping facilia.

YOUR INVENTIONS

AR& CO. PATENT

All Music

rold C. Ship

February 28th, 1919 Miss Jessie Bruce, Sec'y. Canadian Red Cross Society, Waterloo, Ontario. Dear Madam: Enclosed herewith please find an official receipt for a consignment of Waterlook and the second seco

Last Thursday numbers of the men paraded Rhyl. They made noisy dem-onstrations, but committed no damage The outbreak began on Tuesday night with the signal ery, "Come on Bolsheviki," uttered by a man sid to belong to the Canadian forces. A hore number of men then wrecked



Refugee garments which has arrived nch of the accept and convey to all

Owing Please thanks for this handsome thanks for this handsome contribu-tion which is being forwarded with as a result many other friends did no

Yours very truly, B. S. MACINNES, Hon. Recording Secretary

for children's dosage at all ages. All little folks love Cascarete and mothers can always depend upon them to move the bile, sour fermentation and poisons from the child's tender stomach, liver and bowels without injury, or griping.



Among Canadian Troops
Number Believed Their Home-Going Was Being Delayed.
Great Property Damage Done, Says Report from Liverpool to London; Canadian Headquarters.
JONDON, March 7-From eight to ing during the last three days at Rhyl, North Wales, according to anget. Great property damage was an the Strong damage was and the offices of the Canadian January of this year on the offices of the canadian January of this year on the Olympio an the occasion of her use as a transport an the strong of the strong was as transport an the strong was as the strong was as the strong of the strong was and the the offices of the Canadian January of this year on the Olympio an the strong was as a person the strong was as transport and the damage was

from Ferrozone. As a tonic and restorative, as a health-bringer and body-builde, Fe ozone is un ivalled. It cu es by cause it feeds and nu ishes, because it contains the elements that build it contains the elements that build

dian Express Company at the G.T.R. station. The Inspector has laid a charge against the parties, whose name he

obably be seized.

itious. The liquor

G.W.V.A. Dance, Glick Hall to-night. Everybody welcome. 1t. AND HEALTHY A number of young Hespeler people journeyed to this city to tender Miss M. King a surprise. The evening was spent in games and amuse cents of all sorts. A most enjoyable time was thad by all. Before the guests departed they were served with lunch. Whenever mother sees that I have a white tongue or a bad breath she gives me a Cascaret so the poisons in my stomach, liver and bowels don't

CARD OF THANKS Mr. and Mrs. F. Wunnenberg wish Girls! Use Lemons! thank all for floral tributes and mas

cards and all those who so kindly assisted in helping during their recent bereavement of a loving brother and Mr. and Mrs. Wunnenberg

The juice of two fresh lemon strained into a bottle containing three ourses of orchard while makes a whole quarter pint of the most remarkable lemon skin beautifier at about the cost one must pay for a small jar of the ordinary cold creams. Care should be taken to strain the lemon juice through a fine cloth so to lemon pulp gets in, then this been called to consider thesituation of the grain trade next year, particularly set to the desired removal of all Gov proces both in Canada and abroad. The meeting was private but at the conclusion it was stated that the gren and opinion of those present was sthat **NEVER HAPPEN**

By GENE BYRNES

NO USE TALKING! LIVING

THINGS THAT NEVER HAPPEN *********

WIVES AND MOTHERS NEED NOT HAVE SORE BACKACHES ♦ SORE BACKACHES ♦ Constantly on their feet, attending to the wants of a large and exacting family, women often break down with nervous exhaustion. In the stores, factories, and on a farm are weak, ailing women, dragged down with torturing backabe and bearing down pains. Such suffering isn't natural but it's dangerous, because due to dis-

all kind .

the News Record. On sale

develop into that of Assistant Superintendent. Preference given to one who has also had considerable clerical experience. In first letter state fully age, extent of experience, -FE-JEJ salary required, references, etc. 43 News Record. 8-:8-2ts Vanted-15 girls for candy depart. functions are enfeebled. This is a

of winter when people live and you find yourself at this season ea ment. Good wages. Apply C. H. Doerr & Co. 3-8-6t. Cabinet Makers Wanted. Apply or cckle, the digestion impaired, J. Kreiner & Co. 3-8-4t. Wanted—Experienced Heel Scour er. Apply Western Shoe Co. 3-8-3t. For Sale-Exceptionally fine lots, corner Willow and Braun, near King. Apply 49 North Cameron. 3-8-1t. For Sale a Good Typewriter for

private use, at moderate price. tt. Wanted-Rubber and varnisher. Good men only need apply. Cana-da Furniture Co. Phone 70. 3E

Don't throw it away

Saturday; March 8, 1919.

Too Late to Classity

We have a position as clerk to sup

erintendent, for a man with initiative, who has had practical experience in producing moulded rubber goods and kindred lines. This position may

Stop that Cold

DOMINION C. B. Q.

Tablets (in the red box 25 cents,

EVERY WOMAN'S AMBITION FOR ROSY CHEEKS NOW EASILY SATISFIED.

Hollow checks with dask lines nder the eyes, how a woman hates

But rosy cheeks, clear skin, and

But rosy cheaks, clear akin, and bright eyes, give them to a woman and she is happy. The woman who attracts, whose fresh, dainty complexion comeps! ad-miration, is always careful of her health, perticularly of her blood con-dition. Bad complexion always a means bad blood. Girls, don't let your blood grow thin or watery. To do so brings on haggard looks and declining sta-ength.

Many a woman who has allowed

Make a Bleaching,

It bee

them!

Don't waste or throw anything away. Just phone or call on us and learn what we pay fo rags, rubber, old i on, all kinds metals. burlap, bottles, paper, etc. Highest prices. Prompt at-

F. Jacobson Tel. 1419. 59 S. Eby Street.



CHARGE OF MRS. KILROY, ALLAN ST. Phone 304.

Beautifying Cream KITCHENER OFFICES The juice of two fresh lemon strained into a bottle containing Schreiter's, Phone 156. L. Seibert, Phone 653. A. G. Schreiter, Phone 1147



Tonight TO-NIGHT, FRIDAY AND SATURDAY Antonio Moreno with Helen Chadwick in "THE ANGEL FACTORY" Pearl White

"THE FATAL RING" Episode 15 "THE DAGGER DUEL" Harold Lloyd Comedy Matines Sat. 2.30, Chil-

Waterloo represen ative of



winter has left its mark yupon yo blood. It is only by enriching and the past winter and at the same t

This is the Season Whe

Applied to health the expression

Bı

Saturday, March 8, 1919.

THE DAYS OE

To build up the blood, tone and si to weakened bodies, there is no m new, rich red blood, which will m If you are in need of a tonic, and point you.

COULD HARDLY WALK Mrs. J. McDonald, Jr., Hay, Ont. says: "Some years ago I suffered greatly from anaemia and as I did not realize the seriousness of the trouble I soon became a complete wreck. I got so weak I could hardly walk. I either ate nor slept well, and could not go upstairs without stopping to At times I had an almost unbearable pain in my back and would have to remain in bed. I suffered al-most constantly from a dull headache and when sweeping if I would stoop to pick up anything I would get so dizzy that I would have to catch hold of something to keep from falling. My eyes were sunken and my hands and limbs would be swollen in the mornings. I tried several kinds of medi-cine without benefit and my friends

thought I would not recover. Then I began taking Dr. Williams' Pink Pills and before long could see and fee that they were helping me. I gladly continued the use of the pills until I was completely cured and I cannot say enough in their praise, and I strongly recommend them to all run down girls and women."

SOME GOOD ADVICE

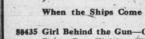
Mrs. Alice Black, Amherst Beach N.S., says: "I have received much benefit from the use of Dr. Williams Pink Pills and would advise all who need a medicine for a run down sys tem to make use of them. In my own case I have found the pills do all you claim for them, and shall always have

a good word to say for this medicine Do not be persuaded to take Pills for Pale People," is printed your dealer they will be sent by n

cine Co., Brockville, Ontario. BACK IN CIVIES" "What am I going to do when discharged?—say I'll tell you, I'm going to make a bee line for th nearest store and buy me somestor

nearest store and buy me somestor clothes, I won't wait to catch m breath. I can't get out of thi khaki one minute too soon for me Huh, huh, an' I'm goin' to buy silk shirt—see, me for the glad rags' No, don't you say that he i lacking in patriotic sentiment. He i JUST A **EDISON RE** Lyric and Moo

Man's Lar 80434 Rose When the Ships Come



50477 Hindustan-Fox-trot-sa

In the Land o'

male chorus-

80440 Oh! How I Wish I Coul

50501 After You've Gone son You'll Have to Put Hin

50502 Jim, Jim, I Always Kn

50504 Charming Waltz, for 1

50491 General Pershing Ma

80428 Andante Religioso, V

Phone 725

I Hate to Lose You

Ja-Da (Ja Da, Ja Da,

Home-soprano, tenor When I Come Home to

and Wake Him up wi

Worst Is Yet to Come-

Out of theEast-Orien

Fivolity One-step-xylog Jazbo Jazz-One-step,

Prettiest Little Song

Barcarolle-Tales of

D. **S**.

Yamo



make me sick. Does your mother give you nice candy Cascarets or nasty castor oil, pills, salts or calomel?

THE NEWS RECORD

All that was mortal of Mr. Ru

Man Held Today

Mothers! Each 10 cent box of Cas-carets candy cathartie, has directions

Mr. K. Hampton, of Toronto, is Mill. meaning several days in town visiting friends. Miss A. Blanchard, of Guelph, is pending the week-end with friends. Mr. C.S. Weber and family of William street. Waterloo, left today of the formation of the several several defeated by Much is Cooperage by a core of 2 goals to 8. Wounded in the two several several several dispatch received here to mining the week-end with friends. Mr. C.S. Weber and family of William street. Waterloo, left today of Florida where they expect to spend a month. Mr. C.S. Weber and family of William street. Waterloo Kink last even in the farmer's week ding a rushing basines in the Kinnel Park military camp at the Kinn

