

Health giving.
Thirst satisfying.

Thirst is one of the trials of these warm Summer Days. What shall we drink?

Which do you prefer: A glass of insipid, tasteless water or a Cooling, Refreshing, Effervescing Glass of

Abbey's
Effervescent
Salt.

A Teaspoonful of Abbey's Effervescent Salt in a tumbler of water not only satisfies the thirst but keeps the system in good order. It may be taken at any time without any unpleasant after effects.