

Year Book states that the prompt results gained from it have caused all writers to express themselves with such apparent extravagance as to really retard the introduction of this agent to the profession at large. In summing up, the statement is made that "it will yet establish for itself, by its inherent valuable therapeutic properties, with the entire profession a fixed and permanent place." Ecthol is anti-purulent and a correcter of all dyscrasia of the fluids. It is used locally and internally. The dose is a teaspoonful four to eight times daily. It is useful in septicemia and all cases of blood poisoning from whatsoever cause. It is excellent for erysipelas, carbuncles, abscesses, boils, sores, ulcers, gangrene and as a gargle in diphtheria and putrid sore throat.—W. T. Marrs, M.D., in the Medical Summary.

FEEDING THE CONVALESCENT.—After days or weeks of medication, as the case may be, more than mere passing consideration is due the stomach of the convalescent. The diet must contain not only the food elements necessary for repair of all the tissues, but it must be appetizing. The addition of EGG-O-SEE, the flaked whole-wheat food, to a diet of milk, eggs and fruit, is a most welcome departure and will be not only eagerly acceptable, but will materially aid the reconstruction processes by supplying to the cells the diversified food elements which are more abundant in wheat than any other product of the soil. Order EGG-O-SEE for your patient and witness the resultant satisfaction. If you have not eaten EGG-O-SEE, address the Egg-o-See Cereal Co., Quincy, Ill., and receive full size package free of cost.

FISHING AND SHOOTING.—A new region, known as the "Temagami" (pronounced Tem-mog-a-me) District, is being brought to the notice of the public as one of the finest fishing and hunting confines in Canada. Excellent sport is assured all who take advantage of a trip to this magnificent territory which is 300 miles north of the city of Toronto at an altitude of 1,000 feet above the sea. Black bass, speckled trout, lake trout, wall-eyed pike and other species of fish are found here in abundance, and large game such as moose, caribou and deer abound in the forests. A handsome booklet, profusely illustrated, giving all information, including comprehensive maps, can be had free on application to J. D. McDonald, D.P.A., Union Station, Toronto.

SANMETTO VERSUS SUBSTITUTES WITH THE "SAME FORMULAE."—I have used Sanmetto in cases of catarrh of the bladder and enlargement of the prostate gland with great success. In fact, I never saw anything so near a specific. Henceforth I will not be without Sanmetto. Saw-palmetto substitutes with the "same formulae" do not act nearly so well. I therefore with pleasure recommend Sanmetto to the medical profession.—J. L. Sammons, M.D., Calis, W. Va.