

PEOPLE WONDER



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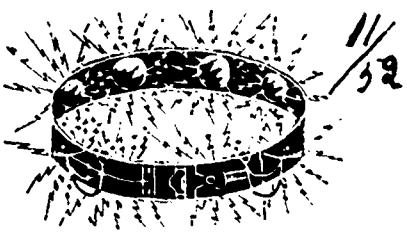
THE GREAT MODERN REMEDY
can do for them. To heal the sick we must destroy the cause: to do this the remedy must be an Anti-Septic, and destroy the living disease germs in the blood by actually coming in contact with them. Any other method of cure is a humbug. No Electricity. "Health without Medicine," (which contains nothing but the advice to use hot water enemas) or other remedies with no anti-septic qualities will do this. "The reader should do his own thinking and careful investigating, and not let others do it for him, else they will soon profit by his ignorance."

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HOME TESTIMONY:

TWO SAMPLE LETTERS MUST SUFFICE—MORE ANOTHER TIME.

THE REV. COVERDALE WATSON, for the last three years Pastor of the Central Methodist Church, Bloor-street, Toronto, but now of Victoria, B.C., writes under date of Aug. 5th inst., as follows: "Dear MR. SIMPSON—Yours of the 20th July was duly received. I can only say with respect to Dr. A. WILFORD HALL'S Hygienic treatment that I regard it as a wonderful discovery, and I perseveringly used it cannot fail to be of great service. I would advise any one to get the pamphlet, begin the use of the treatment and throw medicine to the dogs. A very clever physician said to me the other day, 'Let medicine alone and get rid of the waste materials and the organs will perform their functions.' This is precisely what this treatment does."

MR. ROBERT LINN, Miller, with Messrs. McLaughlin & Moore, Bay and Esplanade-streets, Toronto, writes August 23 as follows: "To J. J. WESLEY SIMPSON—Dear Sir,—A remarkable experience prompts me to write concerning DR. HALL'S 'Health Pamphlet' purchased of you some time ago. The treatment unfolded therein, is to my mind, the greatest health discovery of the present century. It certainly has proved a great boon to me in a recent and severe attack of inflammation and hemorrhage of the kidneys, accompanied with piles of a painful character. The treatment acted like a charm in allaying the inflammation, stopping the issue of blood and causing the piles to disappear almost immediately. The rapidity with which the inflammation was arrested and healthy action restored was simply wonderful. I do not believe that any system of drug treatment in a case so critical could possibly have accomplished a cure so safely, effectively and rapidly. The treatment has also cured me of a very distressing headache, periodical in character and threatening to become obstinately chronic. The unique home treatment is simply of priceless value, and should be known and practised by everybody, however slightly out of health, as it would not only eradicate the disease from the system, but prevent much sickness and suffering and save most people many times its cost every year. I never invested \$4 to better advantage."

"Yours truly, ROBERT LINN, 168 Parliament street."

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HEALTH HINTS.

A STRONG POINT ON INFECTIONS.—This is given in the following concise way in the *Sanitary Era*: There is too much carelessness in letting children visit other children who are sick before it is definitely known whether they have an infectious disease or not. Even when it is announced of the sick child that "it has nothing but a slight sore throat," the prudent mother should hesitate before sending her child to the sick chamber and into a possible danger lying in ambush. Scarlet fever and diphtheria sometimes put off their characteristic appearance, and masquerade in the form of a "slight sore throat," retaining, however, their capability of communicating infection which may reproduce the diseases in their more usual and more frightful forms. The truth of this is emphasized every year in the histories of outbreaks in our own State.

WINTER VENTILATION.—Provide means for the letting out or drawing off of the once-breathed, foul air, and letting in the fresh and pure. It is a very simple process. It costs a trifle to be sure to warm the fresh cold air from out of doors, but as we have said repeatedly on former occasions, it is better to pay a fuel bill for warming pure air than either a "butcher's" or a "doctor's bill." Provide at once an opening through the wall of every occupied room into a chimney flue that will be usually warm, or cut an opening into a stove pipe, if one pass through the room. This will draw off the foul air. Even if you use a grate or open fire, such an opening into the chimney above the grate will be very useful. If you have but one fire, probably a stove, in the dwelling, have a good-sized opening (say four by six inches) cut in the pipe, with a sliding door to partly close it in very cold weather when you have on a large fire. In many houses in severely cold weather, with this outward draft creating a vacuum within, enough pure air will come in through the cracks and crevices about windows, doors, etc. Often a window should be opened a little too. This is not a first-class method of ventilating, but if it alone were commonly practised it would prevent a vast amount of sickness and save very many lives. When there are outer or storm windows, have them so arranged as to open wide (the so-called small "ventilator" in the lower bar of the sash is hardly worth naming or using), and open all doors and windows once a day and flush the rooms. Do this for just a minute or two longer, daily, when the fires are good and walls all warm, and little or no discomfort will be felt, even by an infant.

WE understand there is one baking powder that does have all the ingredients published on its label, and that this guarantee is confirmed by the highest authorities in the land. This certainly is the right course, and housewives should note carefully the label, and be sure to obtain an article so clearly pure and wholesome.

THE QUEEN PAYS ALL EXPENSES.

The Queen's last "Free Trip to Europe," having excited such universal interest, the publishers of that popular magazine offer another and \$200 extra for expenses, to the person sending them the largest list of English words constructed from letters contained in the three words "British North America." Additional prizes consisting of Silver Tea Sets, China Dinner Sets, Gold Watches, French Music Boxes, Portiere Curtains, Silk Dresses, Mantel Clocks and many other useful and valuable articles will also be awarded in order of merit. A special prize of a Seal Skin Jacket to the lady, and a handsome Shetland pony to the girl or boy (delivered free in Canada or United States), sending the largest lists. Every one sending a list of not less than twenty words will receive a present. Send four 3-cent stamps for complete rules, illustrated catalogue of prizes, and sample number of the *Queen*.

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