

Do not allow anything to disturb you. Your peace of soul is more important than all else; in this condition of calm resides all force, all creative energy.

The world's Recognition is deepening; the reign of Thought is at hand. And there is a corresponding increased and more perfect expression on all around.

To be calm! Why this everlasting worry and anxiety? Are we not infinite, — attached by the eternal laws of Nature to all else throughout the Universe?

Every generous action makes you more healthy, more beautiful, stronger, better in every way. Is this not alone sufficient compensation?—and yet this is not all.

People miss a great deal by not practicing daily Concentration exercises,— not any tense fixing of the thoughts, but a calm relaxed natural attentiveness of the mind.

Have you always something to do? Do you fill in your spare time with occupation? A change is a rest, rather than idleness; thus work may be always a recreation.

Fear nothing! Dash into those conditions which your Emotions make you afraid of, but which your Reason tells you are safe. Even the reckless plunge is sometimes advisable, though not often.

I am glad that "thinkers" are learning the value of money in this age. Make money, and spend and give it out freely. The richest man is the generous man. — he is the one who enjoys his wealth.