RHEUMATISM FOR OVER 16 YEARS

No Return Of The Trouble Since Taking "Fruit-a-tives"

103 CHURCH ST., MONTREAL.

"I was a great sufferer from *Rheumatism for over 16 years.* I consulted specialists; took medicine; used lotions; but nothing did me good.

Then I began to use "Fruit-a-tives", and in 15 days the pain was easier and the Rheumatism much better. Gradually, *"Fruit-a-tives" overcame my Rheumatism;* and now, for five years, I have had no return of the trouble. I cordially recommend this fruit medicine to all sufferers."

P. H. Mc HUGH.

50c a box, 6 for $2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Belle Isle will be more attractive than ever this season. Slides and piers for swimmers and outdoor stoves for picnickers are among the innovations that will be introduced. Twenty-five outdoor stoves have been ordered for the use of picnickers.

"COLD IN THE HEAD"

is an acute attack of Nasal Catarrh. Those subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will build up the System, cleanse the Blood and render them less liable to colds. Repeated attacks of Acute Catarrh may lead to Chronic Catarrh.

HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Cucous Surfaces of the System, thus reducing the inflammation and restoring normal conditions.

All druggists. Circulars free.

F. J. Cheney & Co., Toledo, Ohio.

BUY BETTER BULLS

LIVESTOCK FOR SALE

Shorthorn, Angus
Hereford, Holstein
Ayrshire, Jersey

Farmers and stockmen desiring to purchase purebred registered males and females, individually or in car lots, should communicate with the Secretary of the Lambton County Pure Bred Livestock Breeders' Association.

Up-to-date lists of the pure bred livestock for sale in the county kept on hand. Expert assistance will be given to all parties desiring to purchase herd sires. Parties desiring to list their animals should communicate with the Secretary.

W. P. MACDONALD, Petrolia, Ont.

A. D. Hone

PAINTER AND DECORATOR
PAPER HANGING

WATFORD - ONTARIO

GOOD WORK
PROMPT ATTENTION
REASONABLE PRICES
ESTIMATES FURNISHED
SATISFACTION GUARANTEED

RESIDENCE—ST. CLAIR ST.

GRAND TRUNK RAILWAY SYSTEM

TIME TABLE

Trains leave Watford station as follows :—

GOING WEST

Accommodation, 111....	8.44 a.m.
Chicago Express, 17....	12.47 p.m.
Detroit Express, 83....	6.48 p.m.
(a) Express, 5.....	9.11 p.m.
(c) Express, 15.....	10.10 p.m.

GOING EAST

Ontario Limited, 80....	7.43 a.m.
Chicago Express, 6.....	11.16 a.m.
Accommodation, 110....	2.28 p.m.
Accommodation, 112....	5.38 p.m.

(a)—Stops to let off passengers from Toronto, Hamilton and east.

(c.)—Stops to let off passengers from Kingston and east.

G. W. VAIL, Agent, Watford.

CHANTRY FARM
SHORTHORN CATTLE AND LINCOLN SHEEP

Am booking orders for Silver Grey Dorkings and Black Leghorn Eggs. Winners at C. N. E., and Winter Garden Shows Toronto, also Western London and Guelph Winter. Special prices on lots of 50 or more Black Leghorns from farm flock, handsome and grand layers.

ED. DE GEX
KERWOOD ONTARIO

Guide-Advocate

Member of Canadian Weekly Newspapers' Association

FRIDAY, MAY 13, 1921

NOTE AND COMMENT

With refined sugar selling at 6½c. the prices of candy should take a slump.

* * *

A Cleveland man, seeking divorce, testified he was married a year before his wife permitted him to kiss her.

* * *

The Toronto Telegram has figures to show that 18 per cent. of the daily newspapers in Ontario and 29½ per cent. of the weeklies have suspended since the war started.

* * *

General Griesbach's proposal of compulsory drill for young men for three months ever year belongs to another age. A war has been fought since then. If it was not fought to substitute the reign of law for the reign of force, humanity has been deceived.

* * *

At Toronto last week, Premier Meighen intimated that in the next redistribution of parliamentary seats the principle of representation by population would be respected—meaning, of course, that the urban population will have better representation in the next Parliament than it has in the present one. The justice of the principle is admitted; and if it is just it ought to be justly applied.

* * *

As a result of the investigation by the school authorities in Westfield, Mass., it has been learned that young children are being given lumps of sugar soaked in ether to reduce their appetites. Children when questioned said that they were given the ether by their parents to lower the cost of living and also to quiet those who get too boisterous.

* * *

One good measure passed by the Legislature will require children to make provision for aged or helpless parents. There are no more pathetic figures than the fathers or mothers without means of support cast off by their own children. When filial duty fails, it is right that the law should step in. But lazy fathers who drive their young children out of the home to work in their tender years should not receive help from this source.

* * *

Empire Day falls on Monday, 23rd of May, and the Department of Education is to be commended for having prepared for it a little booklet of most engaging interest. As in former years, the booklet intended to assist the teacher by supplying material which may be found useful in the preparation of the programme for the day. The contributions include: Jean Graham, E. W. Beatty, Sir Arthur W. Currie, Rev. Trevor H. Davies, Sir Robert A. Falconer, N. W. Rowell, Sir John Willison. It is one happy result of the war, as has been many times pointed out, and only last week emphasized in an admirable address by Sir John Martin Harvey, that the Empire emerged with an entirely new solidarity, her invisible chains stronger and stronger. Empire Day has meant much in the past; it will mean more in the future.

* * *

In the summer time when the thunder caps appear in the sky and the storm sweeps down on the farm the farmer thinks less of his safety than he does of his live stock. When the stock are in the field during the storm it may happen that the animals drift against the wire fence, which may be heavily charged with electrictiy and are shocked to death. The ordinary fence built on wooden posts should be grounded every sixth post by means of a wire six or eight feet long twisted around all the line wires of the fence and then secured in a hole in the ground. The hole should be dug deep enough so that the wire comes in contact with moist earth. A fence so grounded offers no danger to live stock during the thunder storm. The wire fence built on galvanized steel posts is already grounded at every post and no thunderstorm with its discharge of lightning can injure the cattle enclosed by such a fence.

CELEBRATION AT FOREST

At last Forest will have a speed event on May 24th, that will in all probability surpass anything that has ever been seen in that town. K. D. McColl, ex-motorcycle racer and holder of many medals, trophies, etc., that he has won in competition in Canada and the United States is the promotor of the races to be held on the fair grounds track, Forest, May 24th. Many noted racers in the motorcycle game will be present to try their skill for the cash prizes. In the morning a mammoth calithumpian parade will be held headed by Mutt and Jeff and Charlie Chaplin, for which good prizes will be given to the most grotesque floats prepared by our local boys. It is necessary that K. D. has the entries for the calithumpian parade to make it a good one, so that the neighboring towns will know that Forest is on the map. Mr. McColl is offering $250.00 in cash prizes and in all six races will be held.

In the last seven years the number of civil servants at Ottawa has been increased by fifty per ecnt., or from 30,988 to 46,605.

Health

Comes to you and the children if you have Dr. Pierce's Golden Medical Discovery in the house. For "little-ones" and "grown-ups" this old fashioned vegetable tonic and blood-maker is still used by the million bottles every year. It was first used by everybody 50 years ago and is still safe and sane because it contains no alcohol or narcotic. It is made up of Blood root, Oregon Grape root, Queen's root, Stone root, Cherry Bark, without alcohol. Make your blood redder and your health better by going to your nearest druggist and obtaining Dr. Pierce's Golden Medical Discovery in tablet or liquid form.

CENTRAL BUTTE, SASK.—"I have used Dr. Pierce's Golden Medical Discovery for a number of years, and am pleased to recommend it as a blood purifier. I know it has no equal, as I used it for my boy. My neighbors and friends were surprised with the results; in fact, I do not think he would be alive to-day had it not been for the 'Medical Discovery.' I also keep it on hand for coughs, as it differs so from other cough medicines; instead of upsetting the stomach, as most cough syrups do, it is good for the stomach. I only wish I had known about Dr. Pierce's medicines sooner."—MRS. PERCY WOOD.

What is a Recommendation Worth?

That depends very much upon who gives it. For instance, we recommend Ames Holden "Auto-Shoes" as the cheapest mileage you can buy.

And we know a lot about tires. We have to in our business.

Hence our recommendation should carry some weight, apart from the fact that we are benefiting to some extent by your custom.

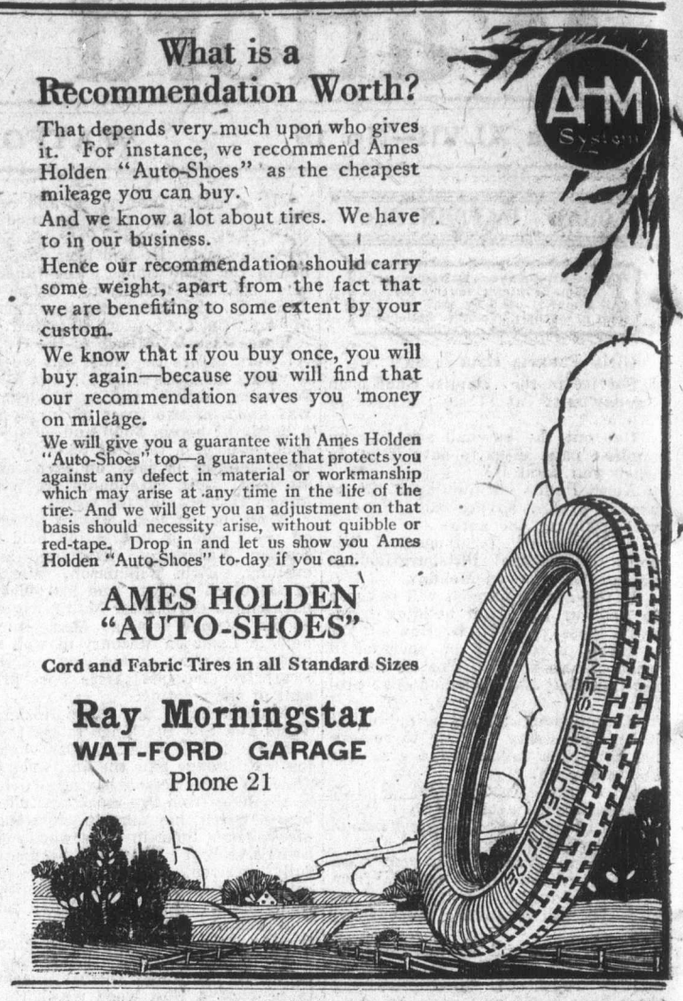
We know that if you buy once, you will buy again—because you will find that our recommendation saves you money on mileage.

We will give you a guarantee with Ames Holden "Auto-Shoes" too—a guarantee that protects you against any defect in material or workmanship which may arise at any time in the life of the tire. And we will get you an adjustment on that basis should necessity arise, without quibble or red-tape. Drop in and let us show you Ames Holden "Auto-Shoes" to-day if you can.

AMES HOLDEN "AUTO-SHOES"

Cord and Fabric Tires in all Standard Sizes

Ray Morningstar
WAT-FORD GARAGE
Phone 21



Read the Guide-Advocate "Wants. Is your subscription paid to 1921?

Long Distance Service Is Now Classified

THE Classifications on long distance telephone calls in effect from midnight, April 20th, are of interest to all users of that service. It is possible, by a study of your long distance requirements, to effect savings in your long distance bills that are well worth while.

Station-to-Station Service

Station-to-Station service should be used when you are willing to talk to ANYONE at a distant telephone — that is, when you do not need to get a *particular person* on the line.

Station-to-Station service is not only cheaper, but more rapid and accurate than Person-to-Person service. On Station-to-Station service the call can be completed as soon as the distant telephone is answered, while on a Person-to-Person call the particular party wanted must be located and summoned to the telephone.

The charge for a Station-to-Station call cannot be reversed — that is, it cannot be charged to the telephone called, for in that case the telephone operator would have to locate a particular person to approve the charge, which would make it a Person-to-Person call.

Person-to-Person Service

When you make a call specifying that conversation is desired with a particular person at a given number, *Person-to-Person* service is used.

As this service requires greater operating labor and circuit time than a Station-to-Station call, the rate is about 25 per cent greater.

Examples of Different Rates

Following are examples showing the station-to-station and person-to-person rates for distances up to sixty-four miles:

Miles	Station-to-Station Rate	Person-to-Person Rate
0–12	$0.10	$0.15
12–18	.15	.20
18–24	.20	.25
24–32	.25	.30
32–40	.30	.40
40–48	.35	.45
48–56	.40	.50
56–64	.45	.55

Appointment and Messenger Service

Appointment calls and *Messenger calls* are special kinds of person-to-person calls.

An APPOINTMENT CALL rate, which is about 50 per cent higher than the station-to-station rate, is quoted for service when an appointment is made by the calling party to talk at a particular time.

When a person who does not have a telephone is called over long distance and a messenger must be sent to summon the party to the telephone, the MESSENGER CALL rate, which is about 50 per cent higher than the station-to-station rate, is charged, and to this is added the necessary messenger charges.

The Report Charge

When you place a call for a particular person or persons and for any reason they cannot be reached the same day at the address given, or will not talk, or if you make a call and you are not ready to talk when the other person is ready within an hour, a REPORT CHARGE is made. The report charge is about one-fourth the station-to-station rate. It is intended to cover part of our expense of handling the uncompleted call.

Special Evening and Night Rates

The EVENING rate, between 8.30 p.m. and 12 midnight, on station-to-station calls, is about one-half the day rate. The NIGHT rate, between midnight and 4.30 a.m., is about one-fourth the day station-to-station rate.

However, no evening or night rates are quoted on station-to-station calls where the day rate is less than 25 cents. On such short-haul calls the day rate applies. For longer distances special evening and night rates are quoted.

Because it is difficult to reach particular persons at night, when many are away from their homes and places of business, there are no special *evening or night rates* quoted for person-to-person calls. They apply only on station-to-station calls.

Every Bell Telephone is a Long Distance Station

The Bell Telephone Company OF CANADA