

Carnation Milk

"From Contented Cows"

Open a Can as You Need It

WITH a supply of Carnation Milk on your pantry shelves you can be absolutely sure of sweet, fresh milk just when you want it. Any time during even the hottest weather simply open a can as you need it.

Imagine this convenience! No running short, no waste—you can use Carnation Milk as cream for tea, coffee or desserts—as milk for drinking and every other milk use.

Carnation Milk is simply pure, "whole" cows' milk with about 60% of the natural water content removed by evaporation, then sealed in the container and sterilized. No preservatives, no sweetening, no adulteration of any kind whatever—it's just pure, sweet milk—as pure as you can get it. Order a few tall (16 oz.) cans or a case of 48 cans from your grocer.

The Carnation Cook Book is a wonderful collection of tested recipes. Try this one and order a copy of the Book to-day.

CREAM WHITE SAUCE

(For creaming Vegetables)

Two tablespoonsful flour, ¼ cup Carnation Milk, 2 tablespoonsful butter or substitute, ¼ teaspoonful salt, 2/3 cup water. Melt butter or butter substitute, add flour, and stir until thoroughly mixed. Add the milk mixed with the water and cook about 5 minutes or until the mixture thickens, then add seasonings. This recipe makes one cup of White Sauce.

CARNATION MILK PRODUCTS COMPANY, Limited
Arliner, Ontario.



Empire Exhibition

VISIT BY THE DOMINION PREMIERS—\$10,000,000 SPENT BEFORE GATES ARE OPENED.

In the palatial hall which is the dominating feature at present of the exhibition grounds at Wembley Park, a representative company gathered the other day to meet the Prime Ministers of the Dominions. The occasion was a luncheon given by the Board of the British Empire Exhibition and presided over by the Duke of Devonshire, the Colonial Secretary, who is also chairman of the executive council. It was evident from the various speeches that the Dominion people are keenly interested in the venture and that the choicest specimens of the arts and products of the Empire will be on view within the enclosure of 240 odd acres when the Royal Inauguration ceremony takes place in April, 1925. Over \$10,000,000, the Duke announced, will have been spent on preparations before the gates are opened. The thoughts of such an assembly naturally drifted towards the Prince of Wales, whose stay in Canada has drawn to a close. To him a cordial message was cabled in the name of the Duke of Devonshire. The first response to the toast of "Our Great Imperial Project," came from Mr. Mackenzie King, Canada's Prime Minister. "Our great Commonwealth project" was his preference for the title of the toast. "It better describes the purposes of the exhibition," he went on, "because above all else it is aimed at demonstrating to the world the common weal of all the members of the great family of the British Empire." General Smuts described the exhibition as a great co-operative effort on the part of the greatest Empire that ever existed. During the afternoon General Smuts laid the foundation stone of the South African pavilion.

Something Big at the Nickel To-Night

"QUINCY ADAMS SAWYER," A GREAT PICTURE.

An attraction of unusual interest is "Quincy Adams Sawyer," which can be seen at the Nickel to-night. Based on a widely read novel of real life which is considered a classic, interpreted by an unusual cast consisting entirely of players whose names have wide reputation, telling a story which combines quaint people character studies, comedy, heart interest and melodramatic thrills, and possessed of other ingredients that make the film one of the best of the current season.

All the elements of the story have been cleverly dovetailed, handled so that a good runaway scene, a snappy fight where science gets the best of minutes in an unusually effective climax where the villain is killed by his dupe, and the blind girl is being carried downstream on a raft and rescued by the hero just before it reached the falls. The raft scene provides a fitting climax to this highly interesting and entertaining picture. It is not a subtle story and everything turns out as you would wish it, but it is a vastly entertaining picture containing all the elements that good showmanship has shown audiences desire and should please all St. John's picture lovers. It's a production similar to such masterpieces as Griffith's "Way Down East." See it at the Nickel to-night and you'll agree that you've seen something that strikes right at your heart.

The Lighthouse

Stranded out in the open sea. Grand, superior, tall and free. Where the rolling breakers glide, Stands the seaman's helpful guide. Watching o'er the briny deep, Truly the light its watch does keep; Flashing on the creamy foam, Guiding the mariner to his home. Lofty, slender, supreme and grand On the rocks does the lighthouse stand.

An Important Purchase of Newspapers

\$6,000,000 DEAL—PUBLIC ISSUE OF DEBENTURES IN ABOUT TEN DAYS.

An important purchase of newspapers and periodicals has just been completed. The Daily Mail Trust, Ltd., has acquired the business of Messrs. Edward Hulton and Co., of London and Manchester, for the sum of £6,000,000. The papers taken over include:—The Evening Standard, published in London. The Daily Sketch, published in London. The Sunday Herald, published in London. The Daily Dispatch, published in Manchester. The Evening Chronicle, published in Manchester. The Sunday Chronicle, published in Manchester. The Empire News, published in Manchester.

All these papers will be under the management of The Daily Mail Trust, Ltd., except the Evening Standard, which will be controlled by Lord Beaverbrook. It is proposed to offer to the public in about ten days' time a Debenture issue secured on these properties and on the other assets of The Daily Mail Trust, Ltd., which include 300,000 Deferred Shares of the Associated Newspapers, Ltd. The issue will be seven per cent. Guaranteed Mortgage Debenture Stock at 240 per cent. The Daily Mail Trust was formed in September, 1922, to acquire Lord Northcliffe's newspaper interests, which include The Daily Mail, the Evening News and the Weekly Dispatch. It is common knowledge in the City that The Daily Mirror and Sunday Pictorial are largely interested in The Daily Mail Trust.

Cuticura Soap

The Healthy Shaving Soap

New Rail Route to Save Time

WILL CUT DOWN DISTANCE BETWEEN TORONTO AND WINNIPEG BY ONE HUNDRED AND TWO MILES.

Montreal, Que.—Within 30 days a new railroad link will be completed shortening the trans-continental route through Canada to be known as the Lord Lake Cutoff. This new line, 39 miles in length, will join up the southern and northern trans-continental routes of the Canadian National Railways and will cut down the distance between Montreal and Winnipeg on that system by 70 miles and the distance between Toronto and Winnipeg by 102 miles.

The saving in time between Montreal and Winnipeg and Vancouver will be three hours and between Toronto and Winnipeg and Vancouver more than four hours by the operation of this cutoff the Canadian National Railways will have a new direct line from Montreal to Winnipeg 56 miles shorter than that of any existing railway from Toronto to Winnipeg. The distance will be shortened by 25 miles as against present routes. Work on this cutoff, which has been constructed at a point about 200 miles east of Port Arthur, was begun early this year and the laying of steel on the last 15 miles is now proceeding.

★ "FLU" Starts with a cold. Stop it quickly with Mentholatum

Superior Values

Ladies' Wool Sweaters

Ladies' Soft Wool Tuxedo Coat Sweaters all much under price, at \$3.95 each

Ladies' Heavy Wool Coat Sweaters only \$3.00 each

Ladies' Soft Wool Pull-Over Sweaters in the newer loose fitting makes, only \$2.50 and \$2.95 each

All-Wool Fancy Mufflers at 95c, 1.15, 1.30, 1.60 each

HENRY BLAIR

—By Bud Fisher.

"Papyrus" of the Railway Track

WELLING TRIP IN BRITAIN'S MOST POWERFUL ENGINE—81 MILES AN HOUR.

The thrills of travelling on the foot of the Caerphilly Castle, Britain's most powerful locomotive, at a rate of eighty-one miles an hour, has been experienced by the Daily Mirror correspondent, who tells the story of a journey from London to Paddington—seventy-seven miles—which was accomplished in 72½ m., an average of 81 miles per hour. The train was an ordinary one, but it was scheduled times, and it had to slacken speed in order to keep within its schedule. It started off smoothly enough, but the correspondent, Dr. J. H. Osborne, who had been in the cab, and Mr. P. H. Osborne, who had been in the engine, observed with a suspicious wrinkle in his eye, that I should have an opportunity of testing the speed of the much-boomed tip-up provided. The guard's whistle sounded, and the driver moved the throttle. For a moment we hardly seemed to be moving, with a tremendous roar of the giant engine awing the station. Two minutes were done fifty miles an hour. Seven miles from the station our speed had increased to sixties per hour. Between Wantage-road and Didcot, C. A. Collett, the designer of the engine, and myself recorded by independent checks a speed of over 81 m. per hour.

MUTT AND JEFF

OH READER! YOU MIGHT DO THE SAME THING. YOU MUST RECALL THAT MUTT AND JEFF HAVE A HORSE NAMED "ASPIRIN" ENTERED IN THE BIG RACE FOR \$100,000 AGAINST ZEV AND PAPHYRUS. REMEMBER ONE HUNDRED THOUSAND DOLLARS.

Dr. Banting, O.M.?

NATION'S DUTY TO DISCOVERER OF DIABETES' CURE—CANADA'S LEAD.

There is a strong feeling in certain political circles that the time has now come when this country should officially recognize the genius of Dr. Banting, the world-famous discoverer of the insulin cure for diabetes, writes The Daily Mirror political correspondent. Statesmen, sailors, soldiers and men of letters have been awarded this most coveted honour in the Orders of Chivalry. A vacancy in the Order has been created by the death of Viscount Molyneux, is not Dr. Banting, the greatest benefactor of mankind for a generation, entitled to membership? Already he has earned a place with Pasteur, Jenner and Harvey.

Thousands of sufferers, whose lives had been despaired of, have been restored to health and vigour by his marvellous discovery.

A few months ago Mr. Mackenzie King, the Canadian Prime Minister, moved a resolution in the Dominion House of Commons acknowledging the nation's gratitude to this brilliant doctor and authorising the vote of an annuity to permit Dr. Banting to devote his life to medical research. Dr. Banting is a Canadian, but he is, of course, a British subject. At the moment he is, according to his friend, Professor Henderson, engaged in blood research, and Dr. Godfrey, the Minister of Health for Ontario, has publicly announced that Dr. Banting has "something better to offer the world" than his insulin discovery. Whatever the result of his research may be, no honour is too great for him now for his noble services to humanity.

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JEFF, FOR THE FIRST TIME IN OUR LIVES WE'VE GOT A CHANCE TO GET RICH. \$100,000.

I KNOW IT, BUT THIS HOTEL IS VERY EXPENSIVE AND WE HAVEN'T WON THE RACE YET.

POOR BOOB! YOU CAN'T RUN A HORSE IN A RACE WITH ZEV AND PAPHYRUS AND LIVE LIKE A BUM.

I KNOW, BUT THIS ROOM COSTS US TEN DOLLARS A DAY.

SURE! BUT IN A SWELL HOTEL LIKE THIS YOU GET SERVICE FOR YOUR MONEY. SERVICE! GET ME SERVICE!

HELLO, HELLO! CENTRAL! GIVE ME MAIN 6770 AND WALLNUT 2607 AND COLUMBUS 1492 AND ENDICOTT 5816 AND BEEKMAN 7818 AND —

LISTEN! WHO ARE YOU RINGING UP AT ALL THOSE NUMBERS?

NOBODY! I SIMPLY WANT A LOT OF SERVICE.

YOU'VE GOT IT

WARD'S LIMENT FOR SALE EVERYWHERE.