

# ACUTE NERVOUS EXHAUSTION

All Treatments Proved Useless Until He Tried "FRUIT-A-TIVES"



MR. JAS. S. DELGATY.

R.R. No. 4, Gilbert Plains, Man. "In the year 1910, I had Nervous Prostration in its worst form. I was reduced in weight from 170 pounds to 115 pounds. The doctors had no hope of my recovery, and every medicine I tried proved useless until of my friend induced me to take 'Fruit-a-tives'."

I began to mend almost at once; and after using this fruit medicine for 8 or 4 months, I was back to my normal state of health. I never had such good health for twenty years as I have enjoyed for the past six years. We are never without a box of 'Fruit-a-tives' in the house."

JAS. S. DELGATY.

50c. a box, 7 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

## White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

Aim.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Motto.—For God and Home and Native Land.

Badge.—A knot of White Ribbon.

Watchword.—Agiate, educate, organize.

## OFFICERS OF WOLFVILLE UNION.

President—Mrs. E. W. Sloop.

1st Vice President—Mrs. Irene Fitch.

2nd Vice President—Mrs. G. Miller.

3rd Vice President—Mrs. Armstrong.

Recording Secy.—Mrs. W. O. Taylor.

Corr. Secretary—Mrs. Ernest Redden.

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## SUBSTITUTES.

Laborer Work—Mrs. Fielding.

Lumberman—Mrs. J. Kempton.

Temperance in Sabbath-schools—Mr. Edson Graham.

Evangelists—Mrs. Purvis Smith.

Press—Mrs. M. P. Freeman.

White Ribbon Bulletin—Mrs. Dr. McKenna.

Loyal Temperance Legion Miss Egan.

Red Cross Work—Mrs. J. Vaughn.

## God Will Demand the Price; Shall We Pay or Suffer Extortion.

We do not see how anyone with a faith in the guidance of the Almighty and in His over-ruling even evil events for good can conceive that this world-holocaust is going to end with the liquor traffic still entrenched in Europe and America. We believe that God is going to avenge that curse in this present strife. We believe it is the power of America and her allies to bring about speedy victory. If the liquor traffic be continued willingly and wholly now. If we and they refuse to do it now, we believe God will permit us as nations to suffer such things as will make it necessary. That will mean prolonged warfare; it will mean food shortages and underfed wives and children; it will mean dire suffering, enlarged outpourings of blood on battlefields and vastly more waste of resources, human and material.

England had her chance at the opening of the war and went the wrong road. The time of judgment has been slow in approaching, but draws on apace.

America, already four-fifths dry, and with the public conscience ready for the taking of the complete Prohibition step, still lingers and dallies as did England. The opportunity to decide and decide right will not tarry long. If the decision time goes by and it becomes necessary that we pass through long-drawn-out months of struggle and periods of insufficient food, through the bitter horrors, bereavements and pains which accompany a prolonged struggle, just to get us to the place where we will say to every form and vestige of the liquor traffic, 'Begone forever,' it will be a woeful experience. We believe this will come if the moral cowardice or inaction of the nation compels it to come ere it will exact Prohibition. The thought of such suffering appals us. We can escape much of that and have Prohibition now if the people will.—The American Issue.

## Bear Drugs With More Than Alcohol.

The reason for this additional brutalizing effect of beer lies in the fact that beer contains not only alcohol but other narcotic drugs as well. It is the aim of brewers to buy hops with as high a percentage of lupulin

## A Kidney Remedy

Kidney troubles are frequently caused by badly digested food which overloads these organs to eliminate the lactic acids formed. Help your stomach to properly digest the food by taking 15 to 20 drops of Edward's Kidney Remedy and your kidney disorder will promptly disappear. Get the genuine.

as possible. Three lupulin glands of the hops secrete an oil consisting of various substances similar to turpentine oil, which oils hold narcotic alkaloids in solution. These alkaloids are of much the same nature as the alkaloids contained in the blossoms of the Indian hemp plant from which hashish, a terrible Oriental narcotic, is made. Thus the beer drinker not only gets the drugging effect of the alcohol but the additional drugging effect of the lupulin secretions, and it is these secretions which are responsible for the brutality and heavy stupidity which mark the drinker of large amounts of beer. This is a fact which the brewers have taken careful pains to conceal for years. None of their expert hop-chemists have published it. These substances are all lumped together in the brewers' published analyses of beer under the term 'hop derivations,' but the same sort of drug substance as is in morphine and cocaine is in the hop, and the beer drinker takes it with his beer and this terrible fact the brewers have been hiding from their victims all these years. But other chemists than brewers' chemists have been investigating hops and the black truth is now being made public, truth which forces compels the classification of beer as a socially more dangerous drink, morally and mentally, than whiskey.

## When Thou, My Righteous Judge Shall Come.

When Thou, my righteous Judge, shall come,

To take Thy ransomed people home,

Shall I avenge them stand?

Shall some worthless worm as die,

Who sometimes an afraid to die,

Be found at Thy right hand?

I love to meet Thy people now,

Before Thy face I will them bow,

Though vilest of them all;

But, can I bear the piercing thought,

What if my name should be left out,

When Thou for them shalt call?

O Lord, prevent it by Thy grace,

Be Thou my only hiding place,

In this the accepted day;

Thy pardoning voice, O let me hear,

To still my unbelieving fear,

Nor let me fall, I pray,

Among Thy saints let me be found,

When'er the archangel's trump shall sound,

To see Thy smiling face,

Then louder of the throng I'll sing,

While Heaven's resounding massions ring,

With shouts of sovereign grace.

## Be Ready for Emergencies.

The best way is to always keep a bottle of Dr. Chase's Syrup of Linseed and Turpentine in the house, ready for emergencies. Then when croup and colds come suddenly they can be promptly cured before they have time to reach an acute and dangerous stage. To meet the requirement we have put the syrup up in family size bottles which contain nearly three times as much as the 25 cent bottle and sell at 50 cents.

## Making Maple Sugar.

The appeal of the Food Controller to produce large quantities of maple sugar and syrup this spring should receive a ready response from those who have groves of maple trees. While maple sugar can be made as it was in the early days of settlement with very simple apparatus, the work is greatly reduced and better product made when a modern equipment is utilized. For the instruction of those not entirely familiar with advanced methods, the Publications Branch of the Department of Agriculture at Ottawa has issued Bulletin No. 2—'Bottling the Maple Sugar Industry in Canada.' By text and illustration it makes very clear the operation of a maple sugar plant. The time to take the utensils to use, the refining and handling of the product are all dealt with. This bulletin is available for distribution to those who apply for it.

## DR. A. W. CHASE'S 25c. CATARRH POWDER 25c.

Is sent direct to the diseased parts by the improved blow-off method. Heals the inflamed mucous membrane, cleans the air passages, stops drops, relieves the irritation, and is recommended by all the best authorities. All dealers or direct from Dr. A. W. Chase, Toronto.

## Household Hints.

One quart of vinegar can make ten quarts of water. Use half a quart to quart jars filling in the jars with boiling water, screwing on the tops and letting stand for a few days. At the end of that time they will be two quarts of vinegar apparently as strong as the first quart.

When a newly whitened ceiling has come water stained and spotted one woman caught a step-ladder and first rubbed the yellow spot with a block of magnesia, then with a powder puff applied ordinary toilet powder, which saved a paper hanger's bill.

## CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of J. C. Bishop

The Scotch minister rose and cleared his throat, but remained silent, while the congregation awaited the sermon in puzzled expectancy. At last he spoke:

"There's a liddle awa' there in the gallery a-kissin' a lassie," he said "When he's done I'll begin."

## Children Cry FOR FLETCHER'S CASTORIA

Of what use will be a pretty ankle to a girl if she has to wear spats to conserve leather?

About the only force some people have is the force of habit.

# A Mountain Maid

By Margaret Daisy Jamieson

"Money will solve the problem, Use it freely. The company must and will exterminate the Boyce-Grinnel raiders."

Thus the manager of the Britton Iron Works to Adrian Burgoyne, who had been surprised at the strange mission indicated, but gratified at the confidence reposed in him and the signal discretion.

"I shall do my best," he said, modestly, "although it seems a hardish legitimate business that a few lawless men can block the wheels of industry. Half the amount you are authorized to spend might bribe the gang to let us alone, but the policy and principle of the company is to submit to no blackmail extortions."

The Britton Iron Works had a manganese mine at Tison, a little town back in the wildest part of Tennessee. In the rugged mountains beyond it some ten outlaws represented the remnant of two notorious moonshine and bandit gangs defied the law. They would die furiously into the settlements, and shoot them up and terrorize and rob their inhabitants.

Recently they had been after bigger game. Wherever there was a plant or business of any pretensions they would first threaten trouble through anonymous letters. In most cases the smaller companies timidly submitted to paying regular tributes. The dealings of the band with the Britton Iron Works were on a large scale. Their extortions were more daring. Within a week two explosions occurred in the plant. Some timid workmen gave up their positions. Burgoyne reached Tison and looked over the situation. He found it decidedly serious. The workmen were intimidated, and the timid police officers were reluctant to have anything to do with the hunting down of the outlaws.

Burgoyne went back to Leesburg, the nearest city. Here he approached a private detective agency. His proprietor was amenable to the liberal rewards offered.

"Once we can get the gang rounded up into a corner of law," observed Burgoyne, "there is evidence to lead them in the penitentiary for the rest of their lives. I will pay one thousand dollars for the apprehension of each minor member of the band, and five thousand dollars for their leader, Budd Grinnel."

When Burgoyne got back to Tison he went over the mine and inspected the workings. He found it organized by a man named Zed Barnes, who had lived in the district for years, was fearless and independent, and whom the outlaws, after several encounters with that sure shot, left distinctly alone.

It was the second week of his sojourn at Tison that Adrian started to see Barnes at his home a little beyond the limits of the village. It was a warm day he reached his way out against a tree to rest, and the drowsy summer air led him into profound slumber.

"What is this?" he cried vaguely, as he awoke at the consciousness of human contact. He started in wonder. At his side knelt a veritable fairy of the forest, a young girl, bronzed, tawny haired, in ranch frontier garb. She held his right hand in a firm clasp. To his back her lips were glued.

"Don't stir till I tell you!" she ordered.

Then she disclosed a steady blue mound on the back of his hand, and pointed to a writhing object in the grass a few feet away.

"A rattlesnake!" breathed Adrian, a chill, once he comprehended the situation.

His grateful eyes fell upon the head of the intrepid girl, who had probably discovered a chuck on the tongue of the venomous serpent had sunk into his hand, had dispatched the snake, and probably had saved his life.

"Come, quick! You must rise," she urged. "Our house is less than half a mile away. Fight off the drowsiness until we get some medicine down you."

A slight of his hand, now swollen to double its normal size, urged him on. When he reached a rustic cabin, once within it he sank exhausted to a chair.

The girl ran over to a jar on a shelf and filled a quart tin cup with the moonshine liquor it contained.

"Drink!" she ordered, pressing the cup to Adrian's lips.

"What is it?" he remonstrated feebly.

"It is whiskey."

"I have never touched it."

"You will, this time," answered his peremptory nurse. "It's all that will save you."

He did save him. Adrian awoke, weak and nervous but out of danger, to find his beautiful little friend at his side with a steaming bowl of broth.

For several days he felt the effects of the snake bite. He spent most of his

leisure time at the old cabin. Lura had had come into his life in a way that left a lasting impression.

He was seated in the open range room of the house telling his wonderful little friend of the adventures of the outlaws she had never seen, when she sprang up with a warning cry. A shadow crossed the threshold, then it disclosed a great, heavy, nervous-looking man. He swung out a slip knot piece of rawhide. It looped the head and then the body of the unprepared Adrian. With a great laugh Budd Grinnel secured the strap about the chair.

"Hardly," sneered Grinnel, as Lura reached for her father's rifle. The outlaw swung through the window and dropped into a chair directly opposite Lura, the table between them.

"What do you want?" she asked, her brave nature for the moment thrown off its balance, but her mind working actively as seeking some way out of the dilemma.

"What I've got," sneered Grinnel, "that fellow yonder. He'll never chase another gang down. I am going to end him, here and now, and then—I'm going to take you along with me."

"Without my consent, I suppose?" questioned Lura, calm enough now.

"Oh, I've got my horse. You are a more featherweight."

"Unwillingly?—So much for that! I will either kill you, or myself, the first chance I get."

"See here, girl," said Grinnel, "I'm impressed. I'm innocent, I'm a law-abiding citizen, you know that, and I've got some money. I know your name—that young fellow is your spark. Good! Give him up, come with me willingly, and I'll let him go. But if I must think—give me time," murmured Lura.

Her pretty brown hand played with the salt cellar that stood upon the table, with pepper boxes, a mustard pot. Opposite to her, complacently expectant, Grinnel lolled and lozed. Adrian, despite his nearness to death, had to smile as Lura picked up the large red-pepper shaker. He recalled the incident of her rushing for a glass of milk to subdue his sufferings.

She did not laugh now. Charming little actress that she was, when interested in Adrian Burgoyne and less when the impeding moment, she assumed the role of a thoughtful, distressed maiden. Suddenly she removed the cover of the pepper box and flung the fiery granules gently into the mouth of the teetering pudfian. Then she seized an iron kettle and swung it across the head of the shrieking, blinded scoundrel, Grinnel. He went down like a shot.

"Quick!" cried Lura, rushing to the side of Burgoyne and liberating him. "He has taken his revolver and guard him till I return."

Adrian stood over the prostrate and helpless bandit. Getting from the pocket of Burgoyne and liberating him, he saw Lura stride Grinnel's own horse, speeding down the road. At a little distance she met her father, searching for Burgoyne. He delivered a telegram that had just arrived from Leesburg. It told that the detectives had captured all of the bandits except Grinnel—cautioned Burgoyne to look out for the outlaw chief, who had the reputation of a dextrous ransomer.

The local authorities, the old error removed, were willing to co-operate now with Burgoyne. They took Grinnel to the penitentiary for a long term.

"This is for you," spoke Adrian to Lura, one day a week later. "It is the reward of five thousand dollars offered for the capture of Grinnel, which you have earned."

"Oh, no! no!—I cannot accept it; indeed I cannot," she demurred.

"There is no other way," insisted Adrian. "Tune their eyes out, 'Lura,' he said softly, "you must know that I love you."

"You—you!—me, a poor, humble girl!"

"Poor, Lura? Dear, you have more money now than myself. A frontier heroine, indeed—you have saved my life twice over. Will you trust your own to my keeping?"

She drew closer to him, her face radiant.

"Oh, Adrian!" she cried, "the world seems all made over again. I am so happy!"

## Congress Holds Purse Strings.

The Constitution of the United States vests in congress power "to provide and maintain an army and navy." It is the province that "no appropriation of money to that use shall be for a longer term than two years." This limitation was designed to prevent the possible abuse of power by the president as commander in chief. As army appropriations must be made every two years, the military branch of the government is consequently dependent on the will of congress. Congress holds the purse strings and a military president who should attempt to take things into his own hands or use the army for improper purposes would soon find his supplies cut off at the fountain head.

## Didn't Penetrate.

At a dinner at which he presided, the bishop of London entered into conversation with a vivacious young lady, who in the course of the talk asked him to allow to put a condemnation on his book, says the Pall Mall Gazette. Receiving ready permission, she modestly cried: "Well, then, does the bishop condemn the book?" "I have never touched it," he replied. "You will, this time," answered his peremptory nurse. "It's all that will save you."

## Even If War Is On You Must Have Clothes.

And we are well prepared to serve you in this line.

Our stock is

MEN'S CLOTHING OF ALL KINDS.

Is winning us a reputation. We use the best materials, employ the best workmanship and our styles are always right.

We guarantee every garment and shall be pleased to show goods and quote prices.

A. E. Regan, Wolfville.

## COAL! COAL! COAL!

Carefully Screened and Promptly Delivered.

Springhill, Albion Nut and Old Sydney.

GIVE US A TRIAL.

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Expert Piano Tuning Guaranteed.

Voicing, Regulating, Repairing Organs Tuned and Repaired.

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# Memories

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KING COLE ORANGE PEKOE The "Extra" in Choice Tea



# Horse Breeding and Environment



At the present time there is an enormous demand for heavy horse work horses which cannot be adequately met with, and as a consequence prices are higher than ever. This is due to the fact that the number of horses which can be bred in the West is limited, and the demand for them is increasing rapidly.

The present time is a most favorable one for the horse raiser in the West. The demand for heavy horse work horses is increasing rapidly, and the price of such horses is higher than ever. This is due to the fact that the number of horses which can be bred in the West is limited, and the demand for them is increasing rapidly.

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## GOVERNMENT OWNERSHIP

Wall Street Journal Comments on Cost to Canada

It has been estimated the taxpayers of Canada in forty-seven years have lost \$265,000,000 in operating the 1,725 miles of road known as the Intercolonial and Prince Edward Island lines, without any allowance for taxes collected but they have been privately owned. This is in addition to \$112,000,000 officially given as the capital cost of these roads. The thirty-two mile Windsor branch of the public road, under Canadian Pacific management, from 1881 to 1914 earned \$62,000 net, or more than one-third of all net earnings of the Intercolonial since 1867.

Determined by the attitude of successive governments toward public operation, it would seem the gravest of control was rather cheaply by a record of twenty-five annual deficits. Certainly there has been no marked development toward a change to private management—not even of the portions of the Intercolonial contiguous to the Windsor branch. The results of inefficient service may prove harmful to shippers and burdensome to taxpayers, but no Government has yet shown a disposition to relax operating control. If the Manitoba tax-payers get nothing from Intercolonial, though taxpayers will get nothing from the San Bay Railway.