

SUNDAY IN THE LOCAL CHURCHES

Guide to Places of Public Worship—Bright Helpful Services—Special Musical Numbers

ANGLICAN
ST. JUDE'S CHURCH—Dalhousie and Peel Sts. Rev. C. E. Jenkins, B.A., B.D., Rector.
GRACE CHURCH—Albion, opp. Church St. Ven. Archdeacon G. C. MacKenzie, D.C.L., Rector.
ST. JOHN'S CHURCH—150 Oxford St. Rev. C. W. Saunders, Rector.
ST. JAMES' CHURCH—Dublin St., cor. Grand. Rev. H. Wright, Rector.
ST. PAUL'S CHURCH—West Mill St. Rev. H. C. Light, B.A., Rector.
TRINITY CHURCH—Cor. Cayuga and Huron. Rev. G. W. Latimer, Rector.
ST. LUKE'S CHURCH—Corner Elgin and Brock Sts. Rev. C. V. Lester, B.A., Incumbent.
ECHO PLACE MISSION—Mohawk Villa, Hamilton Road. Rev. C. V. Lester, Incumbent.

BAPTIST
FIRST BAPTIST—104 West St. Rev. Llewellyn Brown, pastor.
The pastor, Rev. Llewellyn Brown will preach. Bible school 9.45. Worship 11 a. m., "Life's Loftiest Exaltation."
Even song 7 p. m.—"A Great Promise."
Mr. David L. Wright will be in charge of the music of the day which will be as follows:
A.M.—Organ (a) "Cantilena" (Flagler) (b) Chant d'Amour (Gilette) of ferory "Canto Armamosa" (Devin) anthem "Like as a Hart" (Hewlett) soloist Miss E. Phipps. Postlude, "Marche Fantastique" (Barrett).
P.M.—"Nocturne" (Vincent). (b) "Gondier's Song" (Nevin) "Evening Prayer" (Cherubim) solo "There's a green hill" (Stebbins) Mr. J. A. Halford. Anthem "The King I Love My Shepherd is" (Shelley) Soloist Miss Senn, Miss Hutchinson and Mr. W. Byers. Offertory, "Andante from Offertoire in G." (Battiste) Solo, "Be fore the Cross" (La Forge). Miss Hutchinson Postlude. March Reces sional (Frenabul).

CALVARY BAPTIST CHURCH—Dalhousie St., opp. Alexander Park. Rev. W. E. Bowyer, Pastor.
Services 11 a.m. and 7 p.m.
Morning subject, "Likeness to God." Evening subject, "The Sinner and the Saviour."
Also illustrated sermonette of five minutes to young worshippers in the morning.
Sunday school and adult classes at 9.45 a.m. Note this change for July and August. You are welcome to all the services of the day. Good music. Free seats. Come.
IMMANUEL BAPTIST CHURCH—Cor. Erie Ave. and Post. Rev. C. J. Loney, Pastor.
PARK BAPTIST CHURCH—Rev. C. W. Rose, Pastor. Mr. J. R. Cornelius, Organist.
SHENSTONE MEMORIAL BAPTIST CHURCH—Cor. St. George and Grand. Rev. James Chapman, Pastor.
RIVERDALE BAPTIST CHURCH—West Mill St. Rev. T. C. Richards, Pastor.
GOSPEL TABERNACLE—Cor. Edward and Walter Sts. Rev. G. H. North, Pastor.

CONGREGATIONAL
CONGREGATIONAL CHURCH—Cor. George and Wellington Sts. Pastor, Rev. M. Kelly.
METHODIST
WELLINGTON ST. CHURCH—55 Wellington St.
Rev. Charles Collins, Elkland, Pa., will preach at both services. Sabbath school at 2.45 p.m. Morning music, solo by Miss Stewart of Stratford. How Lovely are Thy Dwellings O Lord of Hosts (Liddle); solo by Mr. J. W. Stubbins, "He Lifted Me." Evening music, duet, "Watchman What of the Night" (Nevin) Miss Olive Graham and Mr. W. G. Darwen. Everybody welcome. All seats free.
Rev. Charles Collins of Elkland, Pa., will preach morning and evening, and Mr. Caleb Rose will have charge of the music.
COLBORNE STREET CHURCH—Rev. T. E. Holting, B.A., Pastor.
10 a. m.—Open air service of united Brotherhoods at Alexandra park.
11 a. m.—Mr. John Mann's class.
11 a. m.—Public worship, subject: "The Life Everlasting."
2.45 p. m.—Sabbath School and adult bible class.
7 p. m.—Public worship. Subject: "Every man the maker of his own creed," concluding the services on "The Apostles Creed."
The music for the day is as follows: Morning—Hymn, Quartette, "Peace

Helpful Hints for Vacationists

SWIMMERS IN DANGER. IF YOU FALL OVERBOARD
When it is foolhardy for a person to bathe—Death From Exhaustion.
It may be well to recall some familiar facts so that the dangers to which bathers often expose themselves may be avoided. One of the simplest of these facts is that, as in all bodily exercises, moderation is beneficial and excess is dangerous. Especially is this true if the bather suffers from organic or functional heart trouble. The man who uses too much to excess or who is weakened by long confinement at a sedentary occupation needs to exercise fully as much care as he who has chronic disease of the heart.
No sensible man would attempt to swim as far as his strength would permit if at the limit of his endurance he knew that he must go through an equal amount of violent exercise to save his life. Yet foolish men and foolish boys



VACATION SCENE ALONG THE OCEAN FRONT.

HOW TO SAVE THE DROWNING.
Simple Rules to Follow to Resuscitate Unconscious Bather.
It is not impossible to restore life, even after all signs of life appear to be gone, in a bather. Do this:
First.—The first thing, of course, is to get the body to the shore.
Second.—Lose no time in carrying it to a place of shelter. Clear of the water anywhere is the place to begin work.
Third.—Lay the body face downward; stand astride the hips; join your hands underneath the body, raising it with a quick motion once or twice; place a roll of clothing, or, if not available, pile up the sand so as to have the middle of the body the highest. This is to clear the water from the throat.
Fourth.—Turn the body over, having the raised pile under the back at the

HOW TO LEARN TO SWIM.
One Lesson Will Teach It If You Follow the Rules.
First.—Observe the motions of a swimming frog.
Second.—Find a beach or pool with level bottom. No "steps" or holes. Lean forward. Take a long breath. Let your head sink into the water as far as it will. Allow the arms and legs to assume their own positions. Then reach forward with the arms and bring up the legs, as you have seen the frog do.
Third.—Bring the arms back with an outward circular motion, kicking the legs back and in at the same time.
Fourth.—At first you may not get your head out of water. Never mind that. Swim as long and as far as you conveniently can under water. You will not be very far under. Your hips will probably be above water, but your mouth and nose under.
Fifth.—Try and try again and keep swimming with your face under as long as you can endure it without pain or inconvenience.
Sixth.—Directly you will find that as the arms start to come back they will elevate the head out of water, so that the mouth is clear. Then take a good deep breath.
Seventh.—As the arms go back the head will sink again. Let it sink. That is the way to swim.
Eighth.—As the head sinks bring the arms forward again and also the legs. Then go through the same motion as before.
Ninth.—Remember each time the arms come back in the stroke the head goes up. Let the mouth just clear the water far enough and long enough to take a full breath of air.
Tenth.—That is the way the great swimmers swim. They do not try to keep their mouths far above water. They bring the mouth just far enough above water to take a breath. That is all.
Eleventh.—What handicaps most beginners is the desire to keep the head too far out of water. Champions could not do what beginners try to do.
Twelfth.—After you have learned to keep afloat and swim a bit you can learn the different strokes and the proper way to apply them from some experienced instructor.

Considerable damage has been done by electrical storms around St. Catharines and in Essex County.
A militant suffragette slashed a portrait of Thomas Carlyle with a butcher's cleaver.

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Summer Store News

Some Extra Good Values in Holiday Needs!

You Need a Bathing Suit for Your Holiday
Ladies, Men's and Children's Bathing Suits, in Navy, Brown, Black, trimmed with braid, sizes up to 43 bust. At \$1.50 to \$4.50

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Untrimmed Millinery in colors, all to clear at, each... 25c
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Long Silk Gloves
Just arrived, another shipment of long Silk Gloves in all sizes, Black and White, at... 50c, 75c, \$1.00 to \$1.50

J. M. YOUNG & COY.
July Clearance Sale
Agents for New Idea Patterns

Social and Personal
The Courier is always pleased to use items of personal interest. Phone 1781.

Miss Mathison of Toronto, is the guest of Mr. and Mrs. J. E. Baker, Nelson street.
Miss Wenaugh returned from Toronto Wednesday accompanied by little Miss Gretchen Heyd.
Miss Alice Sills has returned from a six weeks trip to the west as far as Portage la Prairie.
Mr. Myers of Echo Place, has returned from a pleasant vacation spent at Woodstock with friends.

Canadian Order of Foresters
Upon another page will be found a statement of the Canadian Order of Foresters, to which the following correction regarding the amount of funds on hand should be noted:
Bal Insurance Fund \$4,497,402.46
Bal S. & F. B. Fund 363,005.81
Bal General Fund.. 34,134.58
\$4,894,542.85

J. Hays of London, England, is in the city on business.
Mr. McDonald and wife left for Winnipeg this morning.
Mrs. R. G. O. Thompson of Toronto and son, are spending the summer at Idleywild.
Mr. McKay of the Cockshutt Plow Co. left this morning on an extended trip to Duluth.
Mrs. John Pentland has returned home after visiting Dr. W. R. Pentland, Toronto, Ontario.
Miss Hedley Pentland of 223 Market street, is spending her vacation with her grandfather and aunt Hedley of Toronto.
Mrs. George Watt, who has been in Europe for some time will be the guest of Lady Aberdeen at Aberdeen Castle, during July.
Mrs. (Dr.) Gillis and daughter, Marjorie, have returned home to Ridgeway to-day after visiting relatives in Brantford.

The Magnetic Girl

How She Compels Others to Obey Her Will.
100,000 Copies of Remarkable Book describing peculiar Psychic Powers to be distributed Post Free to readers of "The Brantford Courier."
The wonderful power of Personal Influence described in this book, Mind Control, call it what you will, can surely be acquired by anyone, no matter how unattractive or unbecomingly dressed. Mr. Simeon Eliasworth Knowles, author of the new book entitled "The Key to the Development of the Psychic Powers of the Easters," Yogis, and describes a simple though effective system of controlling the thoughts and acts of others; how one may gain the love and friendship of those who might otherwise be hostile; how to quickly and accurately judge the character and disposition of an individual; how to cause the most obstinate cleave and habits without drugs or medication of the Inner Forces. The book lays bare many astounding facts concerning the complex subject of projecting thoughts (telepathy) is explained. Miss Josephine Davis, the popular stage favorite, whose portrait appears herewith, declares that Prof. Knowles' book opens a door to a new world of knowledge and every mortal, no matter what his or her position in life. She believes that Prof. Knowles has discovered the key to which, if universally adopted, will revolutionize the mental status of the human race.
The book, which is being distributed broadcast free of charge, is full of photographic reproductions showing how these powers are being used all over the world, and how thousands upon thousands have developed powers which they little dreamed they possessed. The free distribution of the 100,000 copies is being conducted by a large London institution, and a copy will be sent post free to anyone who writes to the publisher, but those who wish to do so must enclose 5c for postage, etc. All requests for copies (samples of your own country) to correspondents should be addressed to: National Institute of Science, Free Distribution Dept., 215, A. St., 205, Westminster Bridge Road, London, S.E., England. Simply say you would like a copy of "The Key to the Development of the Inner Forces" and mention The Brantford Courier.



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Upstairs

Suddenly the odor of stale tobacco told her that her hero was approaching. "But his getting exciting!"
Hint: Note the elegant shoe just appearing in the Also listen to Mae reading.