

in the quality of the *exercise* involved. It gives as much running as cricket or football, if not a great deal more, and requires a quicker eye than any other field game besides cricket; but its *spécialité* is that the running must be of *the best*. To succeed, a man *must* run steadily and in good form, since the ball is only allowed to be carried while resting on the crosse, a state of things it has a natural antipathy to. Just as the Austrian officers prove their graceful dancing by waltzing round the room holding a glass of wine, so may a man prove his graceful running by carrying on the slippery foundation of a crosse an india-rubber ball, and evading on uneven ground the attack of numerous and active foes.

We claim for La Crosse, then, that it is a pastime containing more *hidden drill* than almost any other. A cricketer may