is a mixture of carbonate of magnesia, powdered charcoal, and hydrated sesquioxide of iron, equal parts in water. Lye, Caustic Potash, Ammonia, and other alkaline poisons are counteracted by vinegar, lemon juice, or acidulated water, to be followed immediately with sweet oil, mucilage of gum arabic, and an emetic. Arsenic, Rat Poison, Poisonous Colours, Paris Green, etc., give five or six whites of eggs beaten in a cup of water, or flour and water, flaxseed tea, or magnesia, and administer as an emetic. After vomiting, give hydrated sesquioxide of, iron in tablespoon doses every fifteen minutes. This is the best known antidote for arsenic. Corrosive Sublimate, or Bed-Bug Poison - same treatment as for arsenic. Laudanum, Opium, Morphine, give an emetic, strong coffee, brandy, whiskey, and keep the patient awake by any means. Poisonous Fungi, False Mushrooms, etc., give emetics and castor oil or olive oil, then vinegar, lemon juice, or cider, and administer ether and antispasmodic remedies."

**Ants.** — These troublesome little pests can be driven away or destroyed by dusting with pepper. Powdered alum or borax sprinkled on the shelves and runways are also recommended.

Apples and Their Uses.—Are too well known to need much notice here, but I would like to protest against the too common practice of sending apples to table as a dessert all mashed up like apple sauce, instead of in the form of a compote. A compote of any kind of fruit means that it is stewed whole or in halves, so as to retain as nearly as possible its original shape. Apples, if large, should be peeled, cored,