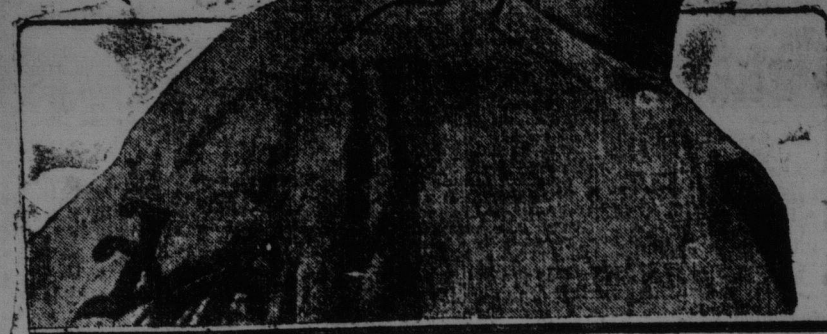


# HOW I TRAIN A BALL PLAYER

By John J. McGraw  
MANAGER OF THE GIANTS

What You Need  
(Speed in your legs)  
(Speed in your arms)  
Physical strength  
Knowledge of human nature  
Good habits



BY JOHN J. (MUGGSY) MCGRAW.  
Manager of the New York Giants, Now Training at Marlin Springs, Texas.



OW to become a big league ball player? Well, the less you can remember about the game the better off you'll be. What we want to teach you when you try for the Giants is the game and how to play it.

If you have speed in your legs, in your arms; if you are physically strong, know human nature, don't drink or keep late hours, don't use tobacco, you'll make a ball player.

When I send my scouts out to look for material the last thing I say to them is: "Get the men with the physical qualifications and I'll make the players out of them."

Some of the best ball playing material is found in the small towns. By this I do not mean brilliance but ability. I would rather have a steady player than one who takes sports and plays to the grandstand. A player recruited from a college or high school usually thinks he knows enough about the game already and needs no further tutoring. The country boy, as a rule, wants to learn and is willing to be taught. However, college men often make good players.

Drink is the bane of baseball. It has ruined some of the best players—



24 glasses of beer before dinner. I fined Bugs \$100. The next day Bugs drank 26 glasses of beer. I fined him another \$100.

Then Bugs came to me and said: "I'm getting so much in debt to you that it won't pay me to play ball. He quit. And so on down the line of other players who have drunk themselves to ruin. However, sometimes when a player is getting 'stale' I give a little ale after his meals. Smoking also, is bad for the wind.

Another trouble we have with players is drinking water on the field. This is what we call the "water habit." Drinking water while playing makes a man bulky and may result in cramps. If a player gorges his mouth while playing it really does him as much good, if not more, than to swallow it. I advise my players to eat only two meals a day and never eat lunch. I have not eaten lunch for ten years, even during the winter months. If one must eat, it should be a sandwich or

light lunch, before playing; a hearty dinner may result in cramps the same as drinking water.

I am not in favor of this winter training. The less training a player does in winter the better off he will be for the season's work. I'm not in favor of winter exercises.

If one must have stand harder work on air and can work in the open advantage. He try boy has the where the count-kind. This is training of any favor of indoor play handball for the wind. However, if possible, running should be practised on the roads.

## MCGRAW'S MAXIMS.

Forget what you know and learn over.

Don't drink.

Eat two meals a day.

Don't drink water on the field.

The less training in winter the better.

Indoor training doesn't help.

A steady player is better than a grandstand player.

A country boy is better than a city boy.

A country boy is better material than a college boy, because he doesn't think he knows it all.

# BRITISH FOOTBALL RESULTS

London, Mar. 16.—England defeated Holland this afternoon in the amateur international. The league results were as follows:

**Amateur International.**  
England, 4; Holland, 0.

**Association International.**  
Scotland, 1; Ireland, 1.

**The League—1st Division.**  
Aston Villa, 5; Notts County, 1.  
Bolton W., 2; Blackburn R., 0.  
Bradford C., 2; Sunderland, 1.  
Liverpool, 1; Tottenham H., 2.  
Manchester City, 4; Everton, 0.  
Newcastle United, 1; Middlesbrough, 1.  
Oldham A., 1; Sheffield W., 0.  
Preston N.E., 0; Manchester U., 0.  
Sheffield U., 3; Bury, 0.  
Woolwich A., 3; West Brom A., 2.

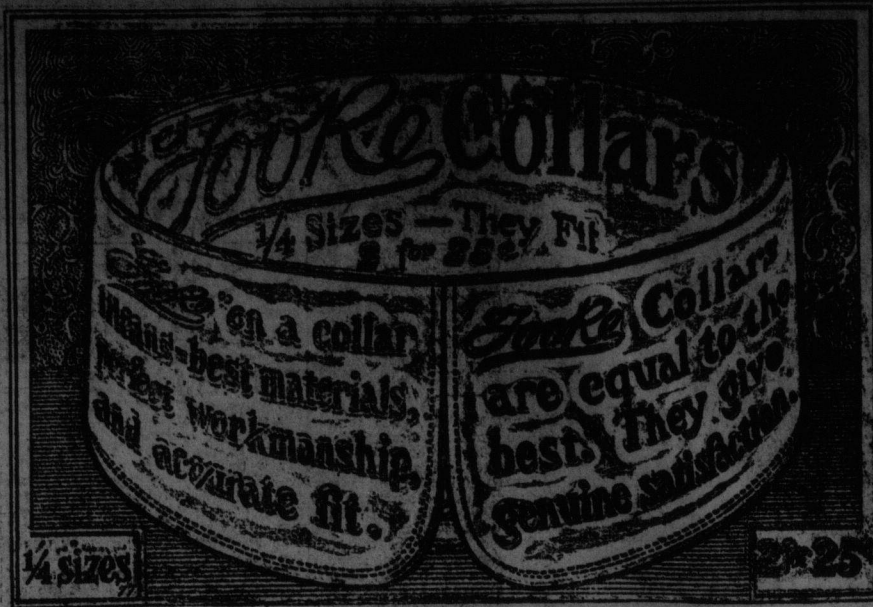
**The League—2nd Division.**  
Burnley, 0; Derby County, 0.  
Chelsea, 0; Birmingham, 2.  
Clapton Orient, 4; Bristol City, 0.  
Gainsborough, 1; Glossop, 1.  
Grimsby Town, 1; Blackpool, 0.  
Leeds City, 1; Bradford, 2.  
Leicester Foss, 3; Hull City, 0.  
Notts Forest, 3; Huddersfield, 0.  
Stockport C., 3; Fulham, 1.  
Wolverhampton, 5; Barnsley, 0.

**Southern League.**  
Brighton and H., 2; Exeter City, 1.  
Stoke, 1; New Brompton, 0.  
Coventry City, 3; Waterford, 1.  
Leyton, 0; Reading, 0.  
Norwich C., 1; Plymouth A., 1.  
Crystal P., 3; Southampton, 1.  
Northampton, 0; Brentford, 3.  
Swindon T., 1; Queens Park R., 0.  
Bristol Rovers, 3; Millwall A., 1.  
Luton, 2; West Ham U., 1.

**Scottish League.**  
Partick Thistle, 1; Celtic, 1.  
Clyde, 2; Alderstonians, 1.  
Third Lanark, 1; Hamilton A., 1.  
Dundee, 2; Rangers, 1.  
Kilmarnock, 1; Morton, 0.  
Motherwell, 3; Raith Rovers, 0.  
St. Mirren, 1; Falkirk, 1.

**Rugby.**  
Blackheath, 8; Old Leysians, 0.  
Northampton, 6; Richmond, 0.  
London Welsh, 16; Old Whitgiftians, 3.  
Harlequins, 29; Old Blues, 0.  
Newport, 6; Devonport, 0.  
Swansea, 6; Llanelly, 0.

**Last Chance.**  
Today is the last day upon which citizens who have not paid up their taxes have the privilege of qualifying for a vote at the coming civic elections. Those who have not paid up by the time the Chamberlain's office closes this afternoon will be disqualified from voting.



## SPREADING GOSPEL OF THE NEW CHINA

Delegates of Chinese Masonic Party in City Yesterday -- Chinese Revolution Due to Efforts of Masons.

That the new Chinese republic has a far reaching influence, is evinced by the fact that three representatives of the new republic came to the city last Saturday and addressed a mass meeting of their fellow countrymen in the Nickel Theatre assembly rooms last evening, when all the Chinese in the city attended and listened with much approval to the sentiments expressed by the messengers.

Two of the visitors Chong Hon Gan and H. S. Lee, came from Vancouver, where they held the positions of editor and business manager of the Tai Hon Yat Bo (The Chinese Daily News) respectively, while the third member of the party, C. C. Quong, comes from Montreal. These Chinese are making a tour through Canada at the instance of the new president of China, Dr. Sun Yat Sen, and are visiting the Chinese colonies in the chief

cities of the Dominion, so that the exiles may thoroughly understand the meaning and purpose of the republic. When speaking of the recent revolution, one of the delegates stated that it was directly due to the efforts of the Chinese Masons, and that the work had been going on for a long time before the outbreak of hostilities. The present state of affairs having been assured from the beginning. As to the political state of the country, the delegate stated that an election had been held and that only Masons were allowed to vote, with the result that that party hold the reins of power. Dr. Sun Yat Sen being the highest in the order was placed in the position of president.

On the arrival of the party from Quebec, they were met at the station by a delegation of their countrymen headed by Y. C. William, and escorted to the Park Hotel, where they will put up during their stay in the city. Chong Hon Gan, who was Dr. Sun Yat Sen's secretary, was the speaker at the meeting held in the Nickel Theatre last evening when he delivered a very interesting address on "The Love One Should Have for His Country." During the course of his lecture Mr. Chong stated that while the war was very much regretted by all, it was but a means to an end and the end attained was what all true Chinese had been working for during many years, namely, the overthrow of the Manchian dynasty. The lecturer then went on to explain the benefits that would result from the revolution and stated that in ten years' time, China

would be well to the front among the nations. Mr. Chong closed his address with an eloquent appeal to the St. John Chinamen to unite and to help in the good work.

H. S. Lee, who was the next speaker, is a leader of the republican party and a graduate of a Chinese university. Mr. Lee opened his address by stating that it gave him great pleasure to be present and went on to tell of the terrible condition of the people in China as a result of the war, and gave a vivid description of the suffering endured in the famine districts. The speaker closed his address with an appeal to his hearers for assistance in helping these stricken people. Mr. Chong and his associates will remain in the city until the end of the week after which they will visit Halifax and Sydney before returning to Vancouver. On the journey west they will visit all the principal cities and towns and expect to be on the road for the next six months.

**Famous Hymns.**  
Rev. F. S. Porter conducted the annual hymn service in the German Street Baptist church last evening, taking for his subject the origin and history of famous hymns. Among others he mentioned "Lead, Kindly Light," and went on to say that this hymn had been written by Rev. J. H. Newcombe, just before he became a Catholic. Rev. Mr. Porter then went on to explain what constitutes a good hymn and stated that they were written by inspired persons. In connection with the sermon a special programme of music was rendered by the choir.

## WITH THE BOWLING LEAGUES

On Black's alyes Saturday night in the commercial league the St. Hayward Co. team took three ten's and the C. P. R. one point. There was no game in the city league.

The score in the commercial league game was as follows:

S. Hayward Co.			
Bartsch	82	80	83
Cromwell	86	88	82
Patterson	89	78	83
Arrowsmith	79	75	80
Gullivan	101	94	102
	417	413	440

C. P. R.

Griffith	87	71	75
Johnston	69	75	80
Jack	95	71	89
McGowan	74	86	77
McPadden	94	98	82
	419	401	403

Tonight the Tigers and Insurance teams will play in the city league and there will be no game in the commercial league.

The shooters of the St. John Trap Shooting Club had new conditions to face against on Saturday afternoon there being a very strong wind blowing, but despite this there was a number of good scores made. There was about twenty shooters present and a good afternoon was spent by all. Everything is now completed for the official opening of the club on Saturday 30th. The new traps recently installed are now working perfectly.

## WANDERERS-CANADIENS AT BOSTON

Boston, Mar. 16.—The Wanderers' hockey team and the Canadiens, both of Montreal, started a series of eight games at the Boston Arena tonight with a tie. After three periods the score stood 5 to 5. Jack Laviolette of the Canadiens was knocked out in a collision with a Wanderer at the end of the third period and the Canadiens elected not to go on with the game as the disabled man was unable to play. Four of the match games will be played in Boston and four in New York.

## CLUBS AFTER RAMSEY

Eddie Ramsey, the fast second baseman and captain of last season's St. John team, has received a few good offers to play with teams outside of the city this coming season, but so far has not signed on with any of them.

Eddie is one of the best ball players that has been turned out of this city, and which ever team gets him will procure a player of much value, as he certainly knows the game from start to finish.

## ANNUAL MEETING TONIGHT

Tonight the annual meeting of the New Brunswick Forest, Fish and Game Protective Association will be held in Keith's assembly rooms at 7:30 o'clock for the members for business and social purposes. Those who will be admitted when an interesting programme will be carried out.

Chas. E. Oak will give an address on forest, fish and game protection in Maine, which has about the finest system in force today. Thos. Allen, Superintendent of the Tobique Salmon Club, will make a few general remarks.

J. A. Knight of Halifax, chief commissioner of the N. S. Game Commission, will outline the system of game protection. Dr. Harry Gove of St. Andrews, a thorough sportsman, will give an address on angling.

Among those coming to St. John to attend this meeting are: W. B. Dickson, Geo. D. Prescott and H. W. Woods, M. P. P's; T. G. Loggie, deputy surveyor-general and John F. Calder, Dominion Fisheries Inspector. Several more M. P. P's are expected, and some of the chief fishery and game wardens will most likely be on hand.

As figures will be given by one of the speakers, based on the results obtained in Maine as to what the immense value of the fish and game would be to the province if properly developed and systematically protected, merchants and business men, as well as sportsmen, are asked to attend. The meeting will be in form of a smoker and there will be refreshments. The musical programme will include songs by D. B. Pidgeon; D. Arnold Fox will be present with a quartette, and a few members of the Empress of Ireland Glee Club will also assist in the programme.

## NATIONAL REGATTA AT PEORIA

New York, March 16.—It was decided at the annual meeting of the National Association of Amateur Oarsmen here tonight to hold the next National regatta at Peoria, Ill., August 9 and 10, over the same course on the Illinois river. The Central States regatta will be held August 5 and 6, and the Southwestern regatta on Aug. 7 and 8, making a full six days of rowing there. Various other days were sanctioned at the meeting tonight including the so-called Henley at Philadelphia, May 25; the people's regatta at Philadelphia, July 4, and three regattas of the New England Association July 4, September 2 and October 12, dates which had previously been arranged.

**Day & Martin's**

**Shoe Polish**  
Guaranteed Waterproof  
Black and Tan, etc.  
at Shoe Stores.  
CHAS. GYBE, Agent, Montreal.

**The Tudhope** "The Car Ahead"

**TUDHOPE "FOUR"**  
30-36—110-inch wheel base, 35 x 4-in. tires. Five-Passenger f.o.b. Orlin, \$1,625

**The Only Car that Saves the Duty**

**TUDHOPE** cars are the only cars sold in Canada in which the buyer gets the benefit of the saving in duty.

No other car is sold in Canada for the price it could command in the United States. Tudhope Cars are made in Canada AND THE SAVING IN DUTY IS NOT ADDED TO THE SELLING PRICE.

Buyers of imported cars that carry a duty charge of 35 per cent., and buyers of Canadian-made cars on which the manufacturer adds the duty to his selling price, pay a large sum for which they get no return.

**POWER**  
The powerful motor is of the long-stroke type. The cylinders are cast in bloc, giving them an alignment which no amount of jolting can affect. It is compact and strong. Being simply designed it has few parts and is easily taken care of.

**STRENGTH AND SAFETY**  
The double-drop frame is made of channel-section pressed-steel, carefully tested for strength. The double-drop lowers the weight-centre without affecting the road clearance. It prevents swaying and lessens danger of skidding and upsetting. Chrome nickel-steel is used in the transmission gears and rear axle.

The cone clutch has a gradual "take-up" and a quick release and works noiselessly. Two sets of brakes, operating on large drums on each of the rear wheels, act quickly and hold sure.

The Bosch Dual High-Tension Ignition System used—the best system to be had—is seldom found on any but high-priced cars. It provides two independent and complete Sparking Systems. The Oiling System is the automatic-Splash type.

A feature of Tudhope convenience is the use of Continental Demountable Rims.

**COMFORT**  
The long wheel-base, high wheels and large tires make smooth running on rough roads. The large tires reduce tire wear. Easy-riding springs and shock-absorbers lessen jolting and bouncing. The lamps are black enameled with nickel trimmings and all other metal fixtures are heavily nickel-plated.

**EXTRA TIRE WITH EVERY CAR**  
An extra tire and rim with weather-proof case and tire iron are supplied with every Tudhope Car. Tudhope's Special Equipment includes also a metal tool-box, conveniently fixed to the running board, a speedometer, heavy English mohair top with side storm curtains and cover, adjustable plate-glass windshield, 2 gas head-lights, gas generator, 3 oil lamps, horn and nickel robe and foot rails, and shock-absorbers.

**The Tudhope Catalogue De Luxe will be sent to any address on application.**

**THE TUDHOPE MOTOR CO., LIMITED** 96 Charlotte Street, St. John, N. B.