

also a clean bed, which, soon after a hearty meal, I laid myself down in.

May 22nd.—A sharp frost this morning, and I congratulated myself on our having pushed on last night. Stuwitz had agreed, if a favourable wind sprang up, to set sail and call for me at Renew; but as there was now a breeze blowing from the south, I set off back again for Aquafort. The air was quite clear, and it was very hot along the road in the country, but we could see a fog-bank out at sea; and on getting down to Aquafort we found a bitterly cold wind and a thick fog driving up the harbour. The coldness of the wind, which was now east, gave evidence of there being ice on the banks in considerable quantity drifting down from the north, a circumstance that frequently occurs at this season of the year. After sitting writing and reading for four or five hours, I found on getting up my left knee intolerably stiff and painful, but hoped it would recover again with exercise. The chief resident here, Mr. W——, kindly invited us ashore in the evening, and procured some scallops and other sea animals for us from the sand of the harbour.