

WANA GIRL
Well Again at Cost.
West Baden, Ind., complete wreck, and nervous. I one-third of my life was not worth delicious cod liver recommended, and good than all the in my life. That eling is all gone, health, flesh and like another per-
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Smith, C. R. J.
Collier, F. Sec.
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THE WELLS AND
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IK. WRITE TO-DAY
ETER CREEK, MISS.

IN GIRLHOOD WOMANHOOD OR MOTHERHOOD
The women who have used Dr. Pierce's Favorite Prescription will tell you that it freed them from pain—helped them over painful periods in their life—and saved them many a day of anguish and misery. This tonic, in liquid form, was devised over 40 years ago for the womanly system, by R. V. Pierce, M. D., and has been sold ever since by dealers in medicine to the benefit of many thousand women.

AN ARCTIC ADVENTURE.
Nansen's Daring and Perilous Swim For His Drifting Boats.
Among the perilous adventures of the Nansen arctic expedition was the narrow escape of Nansen and Johansen on their return trip to the Fram after their unsuccessful dash for the pole. After many months of hardship a narrow channel opened in the ice, and they launched the two light kaiks for more than a year. A few days afterward disaster nearly put an end to the expedition. The incident is related in "The Sledge and Conquest of the North Pole," by Mr. George Bryce.

Who rises every time he falls will sometimes rise to stay.—Morris.
Evolution of the Mortgage.
"Farming methods have changed, haven't they?"
"Yep," replied Farmer Coombes.

Whooping Cough
SPASMODIC CROUP ASTHMA COUGHS
BRONCHITIS CATARRH
Vapo-Resolene
ESTABLISHED 1870
A simple, safe and effective treatment for bronchial troubles, avoiding drugs. Vaporized Camphor stops the paroxysms of Whooping Cough and relieves Spasmodic Croup at once. It is a BLOOD purifier from Asthma. The air carrying the anesthetic vapor, inhaled with every breath, makes breathing easy; soothes the sore throat and stops the cough, ensuring restful nights. It is invaluable to mothers with young children. Send postal for descriptive booklet.

Watford Flour Mills
We have the following brands of Flour always in stock and can give you close prices on any quantity.
SUNRISE, First Patent from Manitoba wheat
FIVE ROSE do do do
ROYAL HOUSEHOLD do do do
HORTON do do do
HARVEST QUEEN, 2nd Pat. from Man. wheat
GOLD DUST do do do
RED ROSE, High Grade Blended Flour
NEW ERA, Special Pastry Flour

WHAT FOLLOWED A CUT
A Magistrate's Wonderful Experience With Zam-Buk.
Mr. J. E. Arsenault, a Justice of the Peace, and station master at Wellington, on the Prince Edward Island R.V., has had a wonderful proof of the healing power of Zam-Buk. He says:

Whooping Cough
Vapo-Resolene
ALL DRUGGISTS.
By CEROSENE ANTISEPTIC THROAT TABLETS for the irritated throat. They are simple, effective and antiseptic. Of your druggist or from us, 50c in stamps.
Vapo-Resolene Co.
62 Corland St., N.Y.
Looming Miles Building Montreal, Can.

MEDICAL.
JAMES NEWELL, PH. B., M.D.
L. B. C. P., M. B. M. A. England
Watford, Ont.
OFFICE—Main St., next door to Merchants Bank. Residence—Front street, one block east from Main street
R. G. KELLY, M. D.
Watford, Ont.
OFFICE—MAIN STREET, formerly occupied by Dr. McLeay. Residence Front St. East.
THOS. A. BRANDON, M. D.,
WATFORD, ONT.
FORMERLY OF SARINA GENERAL HOSPITAL and Western Hospital of Toronto.
Office—Main Street, in office formerly occupied by Dr. Gibson.

TRENOUTH & CO.
DEALERS IN
Flour, Oat Meal, Corn Meal, Wheat Kernells, Flaked Wheat and Barley. All Kinds of Feed, Grain, Seed and Poultry Food.
We carry the following makes of Flour, which are giving the BEST OF SATISFACTION:
Five Roses, Harvest Queen, Mitchell's Best, All made from MANITOBA WHEAT.
Mitchell's Pride of the West, a Blended Flour.
Lambert & Son's Gold Dust, a Blended Flour.
Mustard & Son's Eldorado, a Blended Flour.
Pastry Flour, Low Grade Flour, Bran and Shorts made by the above named millers and at close prices.

A Chilly Forecast.
The earth is growing in bulk on account of the meteoric dust that falls on it. It has recently been estimated that 100 tons fall daily over the surface of the globe, and that millions of years hence this will have increased the thickness of the earth considerably. This would have a tendency to bring us closer to the sun. But centrifugal force is augmented at the same time in greater proportion and counteracts this tendency; consequently the earth would be swept away from the sun, with the result that its distance from that body would be considerably augmented. This is spoken of as having possibly happened to some of the larger outer planets, notably Jupiter, in the remote past.—Harper's.

CHOP STUFF.
James Hubbard, an old and respected resident of con. 14, Plympton, died last week in his 79th year.
About sixty million whitefish eggs are now in process of being hatched out at the Point Edward hatchery.
John Grant, Amherstburg, has purchased the Garry Reaume grocery business and will run it in connection with his dry goods store.

DENTAL.
GEORGE HICKS,
D.D.S. TRINITY UNIVERSITY, L.D.S. ROYAL College of Dental Surgeons, Post graduate in Bridge and Crown work. Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth.
OFFICE—Over Thompson's Confectionery, MAIN ST., Watford.
At Queen's Hotel, Artnon, 1st and 3rd Thursdays of each month.
G. N. HOWDEN,
D.D.S. L.D.S.
GRADUATE of the Royal College of Dental Surgeons, Ontario, and of the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge Work. Office—Over Dr. Kelly's Surgery, MAIN STREET. — WATFORD.
Veterinary Surgeon.
J. MCGILLICUDDY
Veterinary Surgeon,
HONOR GRADUATE ONTARIO VETERINARY College. Dentistry a Specialty. All diseases of domestic animals treated on scientific principles. Office—One door south of the Guide-Advocate office. Residence—Main Street, one door north of Dr. Brandon's office.

Bring Your Contracts for Houses, Churches, Barns, Sheds, Verandahs, Etc., to
Watford's Planing Mills
Price Lower Than the Lowest.
Use CYPRESS LUMBER
Recognized as the Leading Lumber of the day.
We Buy Direct From the Largest Mills in the Country, and Can Save You the Middlemen's Profits.
CEDAR POSTS—A Fine Assortment.
Chopping. Coal. Electric Light
GEO. CHAMBERS.
Established 1870

Milk and Ministers.
Milk became a very important part of the food of families in the colonial days of the eighteenth century. In 1728 a discussion took place in the Boston newspapers as to the expense of keeping a family of "milk-dingling figure." These writers all named only bread and milk for breakfast and supper. As cows increased in number, milk, of course, became more frequently used. Rev. Mr. Higginson in 1639 wrote that milk cost in Salem but a penny a quart, while another minister, John Cotton, said that milk and ministers were the only things cheap in New England.—American Cultivator.

HAIR HEALTH
If You Have Scalp or Hair Trouble, Take Advantage of This Offer.
We could not afford to so strongly endorse Rexall "93" Hair Tonic and continue to sell it as we do, if it did not do all we claim it will. Should our enthusiasm carry us away, and Rexall "93" Hair Tonic not give entire satisfaction to the users, they would lose faith in us and our statements, and in consequence our business prestige would suffer.
We assure you that if your hair is beginning to unnaturally fall out or if you have any scalp trouble, Rexall "93" Hair Tonic will promptly eradicate dandruff, stimulate hair growth and prevent premature baldness.
Our faith in Rexall "93" Hair Tonic is so strong that we ask you to try it on our positive guarantee that your money will be cheerfully refunded if it does not do as we claim. Two sizes, 50c. and \$1.00. Sold only at our store.—The Rexall Store.
J. W. McLaren, Watford.

GRAND TRUNK RAILWAY SYSTEM
TIME TABLE.
Trains leave Watford Station as follows
GOING WEST
Accommodation, 27 8 44 a.m.
Accommodation, 29 2 45 a.m.
Chicago Express, 5 9 27 p.m.
GOING EAST
Ontario Limited, 46 7 46 a.m.
Accommodation, 28 12 03 p.m.
New York Express, 2 3 00 p.m.
Accommodation, 30 5 16 p.m.
C. VALL, Agent Watford
STAGE LINES.
WATFORD AND WARWICK STAGE LEAVES
Watford Village every morning except Sunday, reaching Watford at 11.30 a.m. Returning leaves Watford at 3.45 p.m. Passengers and freight conveyed on reasonable terms. C. LARSEN, Prop.
WATFORD AND ARKONA STAGE LEAVES
Arkonas at 7.45 a.m., Wisbeach at 8.45 a.m. Returning leaves Watford at 3.45 p.m. Passengers and freight conveyed on reasonable terms.—WILLIAM EVANS Prop.

NOTHING BUT THE BEST
Sewing Machines, Mason & Risch Pianos, Gramophones, String Instruments, Music Books and Sheet Music,
New Line Curtain Stretches
A full stock of Edison Records kept in stock and new ones received each month as they are issued.
Repairs kept in stock for all kinds of String Instruments.
Several Second-hand Sewing Machines in stock that will be sold cheap.
Comfort, Elegance, Durability, and Value are features that our goods are noted for.
Give us a Call and let us see what we can do for you.
HARPER BROS.
Fine Furniture. Phone 31. Funeral Directors

OUR CLUBBING LIST.
THE GUIDE-ADVOCATE AND
Family Herald and Weekly Star with premium \$1 85
Weekly Mail-Empire with premium 1 85
Weekly Farmers Sun 1 85
Weekly London Free Press 1 85
Weekly London Advertiser 1 65
Weekly Globe 1 85
Northern Messenger 1 40
Weekly Montreal Witness 1 85
Hamilton Spectator 1 85
Weekly Farmer's Advocate 2 35
Daily News 2 50
Daily Star 2 50
Daily World 4 00
Mail and Empire 4 00
Morning London Free Press 4 00
Evening London Free Press 3 00
Daily London Advertiser 3 00

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Weekly Farmers Sun 1 85
Weekly London Free Press 1 85
Weekly London Advertiser 1 65
Weekly Globe 1 85
Northern Messenger 1 40
Weekly Montreal Witness 1 85
Hamilton Spectator 1 85
Weekly Farmer's Advocate 2 35
Daily News 2 50
Daily Star 2 50
Daily World 4 00
Mail and Empire 4 00
Morning London Free Press 4 00
Evening London Free Press 3 00
Daily London Advertiser 3 00