

When You Can Be Well, Why Be Sick?**Why Suffer Delay and Grow Worse?****Enjoy Life—Health—Happiness**

To Have No Back Pains, No Nervousness, No Kidney Disease, With Plenty of Life, Energy and No Blood Disease, Is the Wish of Every Young, Old or Middle-Aged Person.

To you—if you are sick—if you suffer—if you are afflicted with any ailments of MEN—if you are worn out, tired or failing, if you need medical advice—if you are not in perfect health—if life is a dragging, miserable existence—if you lack energy, vim and vigor that make life worth living, to you—rich or poor—young or old—you need my treatment at once.

Nerves and Blood Are Life
The lack of nerve force is found among men of all ages. This is true with men in all walks of life, from the day laborer to the mechanic or professional man. Merchant and clergy are alike sufferers—no man is exempt from the ailment who has rebelled against nature's laws. So if you have the result of overwork, dissipation, sedentary habits or worry, and your vital organs are disturbed, remember, delay in seeing the right doctor makes it more difficult to overcome the symptoms, and you might reach an incurable condition beyond relief if you delay too long.

My Equipment
Is composed of the latest and best known scientific instruments. Electrical, Surgical and Mechanical Apparatus, and I am prepared to use the knowledge of their uses and the experiences in prescribing them so as to get the greatest uniform results from them.

I Am Prepared to Give You
Serums, Bacterins, Vaccines and any and all forms of treatment of this character that have been tried and proved a success.

YOUNG MEN—THINK OF YOUR FUTURE

How about it, are you qualified to face it—are others doing more and getting more out of life than you are? Find out, if you don't know already, what is dragging you down. No one can violate nature's laws and succeed. I have helped thousands physically, mentally, morally. I believe I can help you. Just be frank and tell us your troubles. Let me help you to regain and maintain your health.

The Dangers of Bad Blood Overcome by SCIENTIFIC METHODS

SKIN ERUPTIONS—ECZEMA, ACNE, PIMPLES, ETC.—ARE NATURAL WARNING.

Don't Wait—Don't Suffer—Come in Today

Office Hours, 9 A. M. to 12 (Noon), 1 to 4 P. M., Evenings, 6 to 8. Sundays and Holidays, 10 A. M. to 2 P. M.

DOCTOR FOR MEN

DR. E. B. HERRICK AND ASSOCIATES.
633 Main St., Buffalo, N. Y.

DR. H. R. ZELLER,
Corner Monroe Ave.

1039 Farmer St. Detroit, Mich.

Both the Buffalo and Detroit offices occupy the entire second floor of the buildings. Out-of-town cases treated promptly so you may return home the same day you call.

COWAN'S**Friday and Saturday Specials**

Below are listed real Hardware Money-Savers. Why not take advantage of these prices?

\$1.57 "GUARANTEED ALUMINUM-WARE SALE." **\$1.57**
Be sure and take advantage of

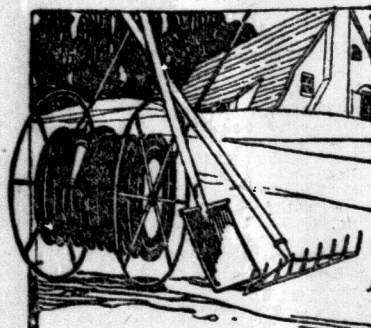
COWAN'S BIG ALUMINUM SALE

\$1.57 buys any one of the undermentioned articles:

CASSEROLES	LOOK	ROASTERS
PAIS	\$1.57	COOLANDERS
PRESERVING		DISH PANS
KETTLES		JUGS
TEA KETTLES		TEAPOTS
TRAYS	PURE	3-PIECE SAUCE-
FRY PANS	Aluminum	PAN SET
BAKE DISHES	Sale	OMELETTE PANS

Electric Irons

Fully guaranteed Sunbeam Electric Irons for service **\$7.50**

**Garden Hose SPECIAL.**

50 feet, 1/2-inch Goodyear Hose, Nozzle, Couplings, Bands, Etc. **\$8.95**
With Hose Reel **\$8.50**

Lawn Sprinklers

"Rain King" Revolving Lawn Sprinkler. Can be adjusted for different sprays. **\$4.75**
Round Sprinkler **\$1.25**
Arm Sprinkler **\$1.50**

PURE ENGLISH PARIS GREEN.

1/2-lb. **35c**
1 lb. **65c**

SPECIALS

Vacuum Bottles **\$1.25**
Steel Wool **15c**
Croquet Sets **\$2.75**
Pure White Enamel 88c pint
Perfection Wicks **50c** each

SPECIALS

Butcher Knives **39c**
Paring Knives **10c**
Toilet Paper, 20 Rolls. **\$1.00**
Spar Varnish **95c** quart
Florence Wicks **15c** each

Cowan Hardware Co.
LIMITED.

125-127 Dundas St.

Phones 3461-3462

KNOX SUNDAY SCHOOL PICNICS AT SPRINGBANK

Baseball Game and Many Races Add Zest To Day's Fun.

One of the large picnics held at Springbank Park Wednesday was that of the Knox Presbyterian Sunday School.

Several hundred people attended this outing, and the large program of sports included races for boys and girls of all ages. Eighteen events were scheduled, including a baseball game between two picked teams. This event proved to be the most exciting of the afternoon.

Following is a list of the winners in each of the events:

Girls' race, 4 to 6—Ruth Collyer, Christine Alken, Jean Cott.

Boys 4 to 6—John McNeil, Hugh Parker, Ion Symington.

Girls 6 to 8—Thelma Sheere, Jean McDonald, Jacqueline Thorpe.

Boys 6 to 8—Bill Lyons, Harold Kester, Ronald McCullough.

Girls 8 to 10—Hilda Baker, Helen Haylock.

Boys 8 to 10—John Gordon, Bob McLeod.

Girls 10 to 12—Lillian Milner, Margaret Bruce.

Boys 10 to 12—Charles Haylock, Campbell Gordon.

Girls 12 to 14—Lily Bruce, Mildred Blakely.

Boys 12 to 14—Douglas Keyes, John Haylock.

Boys' relay race—Murray Livens, Bob Gray, Bruce Livens, A. Rainer.

Blind pig race, boys and girls—Douglas Keyes, Rita Burrows.

Throwing the ball, boys—Bruce Livens, 168 feet.

Throwing the ball, girls—Ruth Lawton.

Special ladies' race—Miss Isabella McLeish.

BREAKS BONE IN SHOULDER.

Special to The Advertiser.
Courtright, July 6. — During the celebration here Monday, in the ball game between Courtright and the Alerts, Keith Neal had the misfortune to break a bone in his shoulder, and in consequence is laid up for a while.

Never was a time when a half pound of Red Rose Orange Pekoe Tea sold for less than 43 cents.

To-day when all teas are higher priced than they have been in forty years, you can buy it for 45 cents.

Red Rose Orange Pekoe Tea costs less per cup than cheap tea.

Please ask for it by its full name. There are many teas called Orange Pekoe.

Red Rose Tea "is good tea" 35

J. A. BROWNLEE

385-7 TALBOT ST.

Hardware and Sheet Metal Works.

Specials For Saturday

Fruit Jar Rings...18c dozen
No. 3 Bread Box...\$1.75
No. 1 Galv. Tubs...95c
No. 3 Galv. Tubs...\$1.25
No. 9 Galv. Boilers...\$1.25
No. 9 Tin Boilers...\$1.25
16 Qt. Galv. Pails...45c
14 Qt. Tin Pails...45c
Steel Fry Pans...15c

ALUMINUMWARE.
Tea Kettles...\$1.98
Double Boilers...\$1.49
Potato Pots...\$1.49
Fry Pans...59c
Wash Basins...75c

LAWN HOSE.
1/2-inch, 3 Ply...12c ft.
1/2-inch, Corrugated...16c ft.
3/4-inch, Corrugated...19c ft.
3/4-inch, Corrugated...21c ft.

ENAMELWARE.

12-qt. Dish Pans...39c
14-qt. Dish Pans...49c
6-qt. Tea Kettles...69c
Daisy Tea Kettles...45c
No. 8 Tea Kettles...\$1.10
No. 9 Tea Kettles...\$1.25
No. 30 Wash Basins...25c
No. 32 Wash Basins...25c
12-qt. Pails...65c
No. 26 Preserve Kettles...28c
No. 34 Preserve Kettles...49c
No. 32 Preserve Kettles...60c
Chamber Pails...\$1.50
2-qt. Double Boilers...60c
2 1/2-qt. Double Boilers...75c

ROOFING.

1 Ply...\$1.50
2 Ply...\$2.50
2 Ply...\$3.00

EXTRA SPECIAL FOR SATURDAY and MONDAY**BLUE SERGE SUIT**

Including the Famous Fox's English Serge

Made to Y our Measure

16
18
and
19
Ounce
Weight

\$20

The
Greatest
Clothing
Offer
In
Canada



THIS IS A RARE OPPORTUNITY

Every man knows how useful a Blue Serge Suit is. No private wardrobe is complete without one. Owing to a very special purchase we are able to make this extraordinary offer. It is made for Saturday and Monday only because we think two days will be long enough to sell out all the serges we have. The Blue Serge is in three weights and is guaranteed all-wool, fast dye. Customers are urged to leave their orders as early as they can in order to avoid possible disappointment. Three-piece Suit—pant, vest and coat—to your measure, for only \$20.

THE REGENT TAILORS
189 DUNDAS STREET

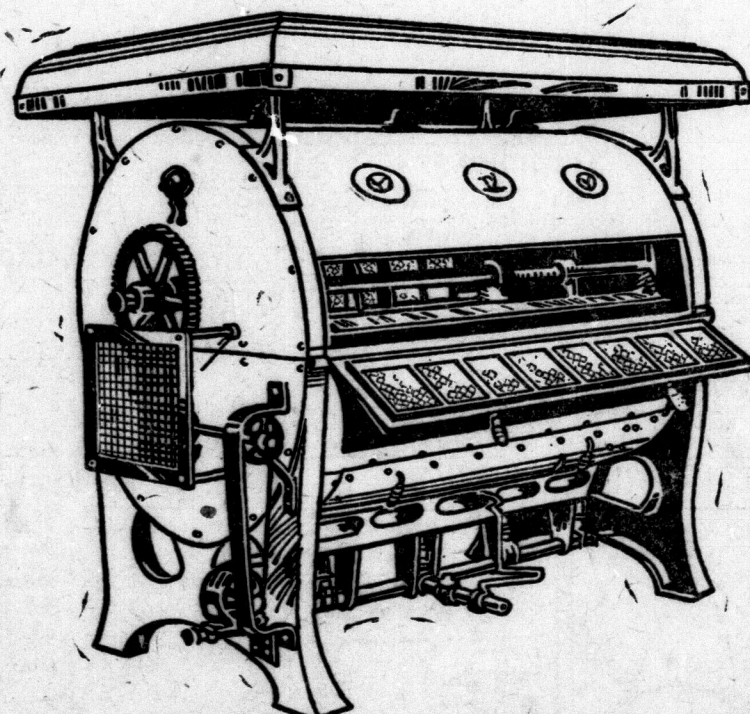
Branch Stores in Windsor, London, Hamilton, St. Catharines, Brantford, Toronto, Sault Ste. Marie, Peterboro and Ottawa.

London's New Bakeshop Opens Today!**The UNITED SYSTEM of Bakeries**

Are Ready to Serve You at 418 Richmond St.

Bread fresh from the oven every minute—Baked before your eyes—You can see for yourself!

The illustrations show the Electric Ovens. Only the most modern and up-to-the-minute equipment is installed. Come in and look around. See how clean, white and sanitary the surroundings are, how beautifully the baking is done.



"United" Bread is Cooked Electrically.

The name "United" is on every loaf—That's your guarantee of high quality.

One look at these pure, wholesome, tasty loaves and you will want to eat them. All ingredients are the purest—they guarantee a deliciousness that you have long waited for.

Come in early—If we thought we couldn't please you we wouldn't expect your patronage.

Don't Forget the Address

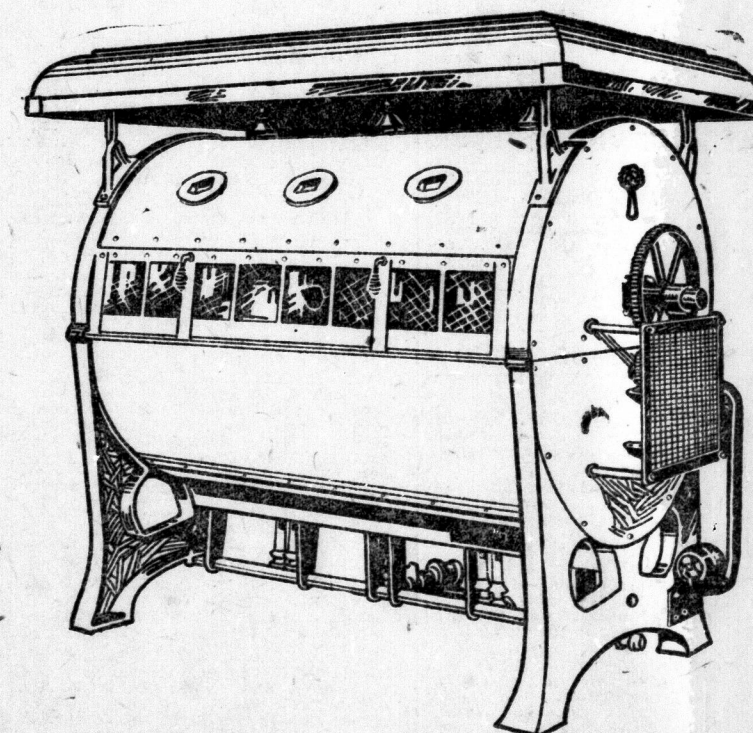
UNITED SYSTEM OF BAKERIES

BAKERS OF BETTER BREAD, CAKES AND PASTRY.

Three Doors North of Dundas Street (East Side).

418 RICHMOND STREET

E. A. McKenzie, Manager.



Illustrations Show Exact Equipment.