

To-day or To-morrow Instead of Meat Try a

Salmon Salad

A can of salmon will serve twice as many people when combined with Knox Gelatine

1 envelope Knox Gelatine
2 tablespoons cold water
Yolks of two eggs
2 teaspoons salt
1 teaspoonful mustard
Few grains cayenne
1½ tablespoons melted butter
2 tablespoons vinegar
¾ cup milk
1 can salmon

Soak Gelatine in cold water five minutes. Mix egg yolks slightly beaten, with salt, mustard and cayenne; then add butter, stirring constantly until mixture thickens. Add soaked Gelatine and salmon separated into flakes. Turn into fish mold, first dipped in cold water, chill and remove to bed of crisp lettuce leaves.

Get a box of Knox Gelatine at your grocer's to-day and try the above recipe.

KNOX SPARKLING GELATINE

Write for other "twice as far" dishes given in my "Food Economy" and "Dainty Dessert" booklets. They are free. Just enclose 4c. in stamps to cover postage and mailing. Address

MRS. CHARLES B. KNOX

KNOX GELATINE

400 Knox Avenue, Johnstown, N.Y.

"Wherever a recipe calls for Gelatine think of Knox."

For further information apply to THOMAS B. CLIFT, Manager Knox Co., Commercial Chambers, Water St. Rooms 9 and 10. Sample Room 14.

Irish Peace Committee Will Report to Dail.

London Times Correspondent Rescued -- Much Amazement at De Valera's Proposals -- New Fishery Treaty Between Canada and United States.

PEACE COMMITTEE.

DUBLIN, Jan. 5. Dail Eireann, which met this morning with disruption threatened, adjourned to-night in the hope that a basis of agreement might be reached between supporters and opponents of the Anglo-Irish Treaty. The Peace Committee, which is trying to patch up a convention between the two factions, is meeting again to-night and will report at a private session of the Dail to-morrow. The announcement of the existing Peace Committee was the chief feature of the day, and a thrill was given to the general situation by the revelation that armed men, assumed to be Republican Army opponents of the Treaty, had kidnapped the correspondent of the London Times and carried him to Cork. Agents of Michael Collins, however, rescued him and he is returning unharmed to Dublin, it was reported to-night.

THE UNKNOWN FACTOR.

LONDON, Jan. 5. All English newspaper correspondents record the amazement caused by the submission of De Valera's alternative proposals to Dail Eireann, and doubts arising therefrom. They generally agree that the entrance of this factor greatly alters the situation, and that the action of Dail cannot be predicted.

WAITING AND WONDERING.

DUBLIN, Jan. 5. Adjournment of Dail was to give members the opportunity of discussing the situation created by the presentation of De Valera's alternative proposals. It was regarded by many as a hopeful sign that some agreement might be reached. One member of Dail stated that an effort would be made to reach an agreement on the plan proposed the other day by Michael Collins, that opponents of the Treaty should abstain from voting and permit the Treaty to pass.

SAYS TREATY WILL BE DEFEATED.

LONDON, Jan. 5. J. J. Walsh, member of Dail Eireann, is quoted in a Central News despatch from Dublin to-day as saying, "I can definitely state that as the position stands the Treaty will be defeated by at least two votes."

NEWFOUNDLANDER KILLED.

SYDNEY, Jan. 5. David Hodder, a native of Newfoundland, was killed here to-day when coal from a hopper on the pier fell on his head. He leaves a widow and one child.

SUBMARINE RULES.

WASHINGTON, Jan. 5. The full naval committee of the Arms Conference issued a communique to-night saying the following rules were adopted unanimously:

laid by changes of government in both countries, it is expected some action will result in a comparatively short time. The war-time agreement between the two governments, made in 1918, which provided for reciprocity in port privileges, and admitted Canadian fish free in American markets though requiring American fishermen selling catches in Canadian ports to pay Canadian customs duty, if any, was abrogated so far as the U.S.A. was concerned last summer. Canada, however, has continued the war-time privileges to American fishing vessels for the nominal payment of one dollar per vessel annually.

TRAINS MOVING AGAIN.

SYDNEY, Jan. 5. Eastern Nova Scotia dug itself out of the snow to-night and the Halifax express, seventy-two hours late, was on the way here. It started snowing again to-night.

EGYPTIAN OFFICIAL'S NARROW ESCAPE.

CAIRO, Jan. 5. Badreldine Bey, controller of the Egyptian Government, Crimes Department, narrowly escaped assassination to-day at the hands of a youth believed to be a student. Bey was seriously wounded by a revolver shot. He returned the fire but the assailant escaped.

ITALY WILL FOLLOW FRANCE.

WASHINGTON, Jan. 5. Italy has decided to accept the second Root resolution prohibiting attacks by submarines on merchantmen providing France does the same, it was said to-day in authoritative circles.

FIRE'S DESTRUCTIVE WORK.

WEST HARTLEPOOL, Eng. Jan. 5. Scores of houses were laid waste to-day, two thousand people rendered homeless, and more than one million pounds damage done by a fire which broke out yesterday in the timber yards here.

TO HELP RUSSIAN CHILDREN.

MONTREAL, Jan. 5. An appeal to Canadians to help save the starving children of Russia, was considered by a gathering of Protestant clergymen here to-day, and it was decided to ask the Canadian Government to make an appropriation to be turned over to the British or other relief organizations.

THE MERCHANTS BANK ENQUIRY.

MONTREAL, Jan. 5. Forty-two prominent financiers of Montreal have been summoned as witnesses in the enquete court here on January 9, and ordered to bring with them all books and papers relating to dealings with the Merchants Bank, which is to be absorbed by the Bank of Montreal, and the brokerage house of Thornton Davidson, now in liquidation and through which the Merchants Bank is said to have lost four million dollars at least, and Colin Cameron, the manager, at present under arrest charged with stealing half a million dollars in connection with the brokerage house. Among those summoned are, Sir Montague Allan, President of the Merchants Bank; D. C. Macarow, late General Manager, and its directors including Hon. C. C. Ballantyne. They will be examined in the enquete court in the case against Cameron.

DISCUSSING REPARATIONS.

CANNES, Jan. 5. Reparations were discussed by executives of the Supreme Council here to-day, the Belgians opposing any modification in the schedules of payments or compromise their priority on the 2,500,000,000 marks due from Germany. The French delegation are backing the Belgians on this point.

TAKE NOTICE.

We publish simple straight testimonials from well known people, not press agents' interviews. From all over America they testify to the merits of Minard's Liniment, the best of household remedies. Minard's Liniment Co., Ltd. Yarmouth, N.S. Branch Factory, St. John's, Nfld.

Vancouver Woman Stayed in Her Bed For Weeks at Time

Mrs. Dearsley Was Sick And Miserable For Years—Is Now Well And Happy.

"I can never say enough for Tanlac after what it has done for me, for it has changed me from a sick, miserable woman to a well and happy one," said Mrs. H. T. Dearsley, 331 Georgia St., West, Vancouver, B.C. "It has been all of eight years ago that my stomach trouble commenced, and as time went on I grew gradually worse. Finally my whole system seemed to give way and I would be confined to my bed for weeks at a time. I had the most violent headaches and my nerves were so tense they felt like they would snap in two. It is almost beyond belief the way Tanlac has restored me to health and I can hardly realize that I am the same person. Tanlac was surely a blessing to me."

Tanlac is sold by leading druggists everywhere.

STRIKE.

Some day, I trust, all swords will rust, and armor cease to rattle; all wars are vain and men insane when they resort to battle.

The dove of peace should never cease cavorting round above us, and human life should know no strife and those who hate should love us. The wolves and bears come from their lairs and scrap around like blazes, and hunting foes the bobcat goes along the forest mazes. But I, at least, am not a beast, I claim that I am human; I do not care to rip and tear and fuss with man or woman. I wear a smile that's free from guile, I treat all gently politely; and troubles veer when I come near, I have no scraps unsightly. I herd my cows and seek no rows, and so no rows come near me; no roar ascends from injured friends, but kindly greetings cheer me. If I packed gas and shot men's hats, to show my independence, I'd be in jail and there I'd wait for medical attendance. Men, friendly now, would punch my brow, and tear my scalp to ribbons, and break my dome with "Fall of Rome" and other works of Gibbon's. When nations skip without war's stream of gore will roll, a chip upon each martial shoulder, more, and guns will rust and molder.

Eat MRS. STEWART'S Home Made Bread.—ed18.6mo

When You Die

—will your Estate be properly administered? If you appoint a private Executor, who will replace HIM when HE dies?

The MONTREAL TRUST COMPANY, being a corporation, never dies.

Therefore, if you appoint that Company your Executor the proper administration of your Estate will be assured.

Consultation solicited.

Montreal Trust Company.

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Side Talks by Ruth Cameron

ALL RIGHT UNTIL THEY OPEN THEIR MOUTHS.

How many people are all right, until they open their mouths, and then are all wrong?

I mean that in several senses. In the first place when people open their mouths they show their teeth—unless they are careful. And to one set of teeth that add to the three or four that detract. Of course this is going to be less so in the future than it was in the past. What with dental hygiene in the schools, greatly improved methods of dentistry and an awakened public conscience in regard to the value of good teeth for health as well as beauty, the next generation cannot help having better teeth than the present one.

Unpleasant Social Offices. Another way in which people sometimes destroy a good impression when they open their mouths is,—well I hesitate how to express it delicately and that ought to let you

know what I mean. There are few social offenses more antagonizing and more inexcusable than a bad breath. Besides, a bad breath is a danger signal to its possessor that there is something wrong with him. It may be his teeth, or it may be his stomach, but whatever it is it should be looked after both for his health's sake and for the sake of keeping on friendly terms with his friends. Of course a person sometimes doesn't know that he is offending in this direction. It isn't exactly a thing you care to call anyone's attention to. But surely there must be someone in his family who loves him enough to perform the disagreeable duty.

A Third Way. The third way in which people spoil themselves when they open their mouths is by their voices. Haven't you seen a thoroughly pretty girl somewhere and been delighted with her prettiness until she opened her mouth and out came a voice that spoiled the whole effect? Perhaps it was nasal, perhaps it was sharp and high pitched, perhaps it had that peculiar roughness that seems to ro with lack of education and breeding. And weren't you reminded of the peacock and the lavish way he has

"Seek and You Shall Find"

By now almost everyone knows where

THE UNION SHOE STORE

is and the wonderful bargains it offers.

The prices of our present stock are so ASTONISHINGLY LOW, that in the past few days, we have actually had great difficulty in making some of our customers believe it.

Every Shoe is of This Seasons Model.

Come soon and secure your share.

THEY WON'T LAST LONG.

THE UNION SHOE STORE

Noah Building, 320 Water Street, St. John's

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been given beauty of plumage and ugliness of voice? But the peacock is excusable and some of the voices we hear are not.

QUIT TOBACCO

So easy to drop Cigarette, Cigar, or Chewing habit.

No-To-Bac has helped thousands to break the costly, nerve-shattering tobacco habit. Whenever you have a longing for a smoke or chew, just place a harmless No-To-Bac tablet in your mouth instead. All desire stops. Shortly the habit is completely broken, and you are better off mentally, physically, financially. It's so easy, so simple. Get a box of No-To-Bac and if it doesn't release you from all craving for tobacco in any form, your druggist will refund your money without question.

Wouldn't "Live In."

"Haven't you a job yet?" "No, sir." "Didn't you answer that advertisement for a baker's assistant that I gave you?" "No, sir." "Why is that?" "Well, sir, perhaps you didn't trouble to read it. But it said, 'Wanted—Strong youth to help take charge of ovens in bakery. Live in.' Now, sir, I ain't the sort of chap to be roasted for thirty bob a week, you bet!"



"A Pleasure To Take"

our Cough and Cold Cure, because it is composed of pure and harmless drugs. No cough remedy has ever been discovered that will cure every cough, but we think we have one that comes a little nearer to doing it than most of them. We have prepared it for years. It has been tried in all manner of cases and given satisfaction. We ask you to remember and try this:

Because it is safe. Because it is most certain to cure. Because it is pleasant to take. Because it is equally good for children or adults. Ask for Stafford's Phoradone. Price 35c. Postage 10c. extra. DR. F. STAFFORD & SON, Wholesale and Retail Chemists and Druggists, St. John's, Newfoundland. Write us for Wholesale Prices. Phone 640.

MUTT AND JEFF



AND SHE WAS A KIND OLD LADY, TOO.

—By Bud Fisher