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### Side Talks by Ruth Cameron

#### WHAT IF THE WAR IS OVER.

Does patriotism have to stop the minute war is over? Of course not. What a silly question! Then tell me this: Why should we stop practicing a virtue which was one of the finest expressions of war patriotism, which did as much to win the war as any other virtue, and which is still more needed by our country than any virtue the calendar? I refer, of course, to thrift.

But we got so tired of saving during the war, says someone. We saved and saved and saved, and now we want to spend a little.

#### What Thrift Means.

But thrift, my friend, does not necessarily mean saving. It does include some saving, (where possible), but it has a different and much larger meaning than just saving. Thrift means wise spending. Roosevelt's definition is, "Thrift is common sense applied to spending." I know some young people who, because they have a comfortable income between them, can save goodly amounts each year; but I do not call them thrifty for, though they save money, they waste it in appalling ways—buy clothes hastily and are to discard them because they are unsuitable; leave food tools out in the rain to rust; let expensive food rot in the refrigerator.

#### Ten Forms of Thrift.

Here are some of the concrete things that thrift means, according to very high authority on the subject: Planning meals that provide the necessary nourishment at least cost. Checking food, waste—in storage, preparation, at table, and by use left-overs. Producing food at home wherever possible, by gardens, poultry, and so on. Purchasing clothes in terms of a lined wardrobe instead of a bargain pulse. Using care as regards laundering, fully removing spots promptly, mending, storage and disposition of these between seasons. Choosing a house and furniture suitable for family needs rather than display. Intelligent management of the

fires for heating and cooking, to reduce fuel consumption. "Economy of light by careful consideration of size and number of lights necessary and by burning only when in use. "Saving time by a daily and weekly plan for housework, by simple living, by convenient workrooms, by efficient utensils.

#### And Don't Forget the Children.

"Teaching children thrift. Training them share in the work of cleaning what they will eat; training them to take care of their clothing by making the mshare in the work of cleaning or in the deprivation caused when a lost or carelessly used garment has to be replaced; training them to save time by orderliness, by making them share in the loss of leisure time which disorderliness causes." Perhaps it will interest you to see how you measure up to these standards of thrift. I feel sure there are some of my reader friends who can give themselves 100 per cent. on every count.

#### British Export Strength.

The market advance in British power to export must be taken as a most hopeful symptom of the power of England to "come back" to a normal state of things and to hold her own in world trade. A growth of ability in this direction has been noted in these columns for some months past, but the most recent figures afford a still more striking evidence of the condition of affairs. This is encouraging not only as regards Great Britain but with respect also to other countries which have been oppressed by war conditions and have consequently suffered from distorted exchange. Eventually the latter can be corrected only by rectification of currency and banking methods, but the improvement of exporting power will be a great assistance about the desired strengthening of the situation. Great Britain's growth in exports means that there will naturally and necessarily have to be a corresponding growth of imports in other countries.

It is to be hoped that other countries will in the near future begin to exhibit something like the recuperative power of Great Britain in foreign trade. There are encouraging indications here and there, but thus far nothing that seems at all comparable with the power of control and ability to meet obligations that exists in England. Great Britain has her own internal problems, and they are many, but she is making progress towards their solution.—"The Chronicle," Montreal.

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#### SEASIDE MUSINGS.



I walk beside the sea and muse, among the surge lashed rocks; the waves roll up and wet my shoes, and spoil my green silk socks. It seems to me the ocean's sound is one great, endless knell; its waters are the battle ground of all that in them dwell. Like cannibals fish make their meals of relatives that pass; the swordfish fills itself with eels, the dolphin eats the bass. All fishes are avoiding foes by every futile means; the salted codfish bristly goes, pursuing canned sardines. I sense an endless tragedy where'er the breakers boom, the thrilling epic of the sea, that tells of death and doom. And if I bade the warfare cease, I'd simply waste my breath; in vain I'd preach a balmy peace to those whose trade is death. Until the end of stars and suns the hungry fish will slay; the big will chase the little ones, and stow the same away. The sharks would look on me with mirth, or bid me amble hence, just as the people do on earth, when I talk peace and sense. And on the land as in the sea red blood must always flow; alack, alas, and woe is me, that such things should be so!

Stafford's Drug Store, Theatre Hill, is open every night till 9.30.

### An Epigrammatic Dean.

In his new volume entitled "Out-spoken Essays," Dean Inge sets forth his observations on life, religion, politics, and other subjects of the day. Many are epigrammatic as well as gloomy, as may be gathered from the following extracts:—  
"It has often been noticed that every man looks a gentleman in Khaki; and it is to be feared that many war brides have suffered a painful surprise on seeing their husbands for the first time in civilian garb."  
"Religion remains as important as it was before the war."  
"Man remains what he has always been—a splendid fighting animal, a self-sacrificing hero, and a blood-thirsty savage."  
"Patriotism varies from a noble devotion to a moral lunacy."  
"Public opinion is a vulgar, impertinent, anonymous tyrant who deliberately makes life unpleasant for any one who is not content to be the average man."  
"No one can govern who cannot afford to be unpopular."  
"No one is so cruel as the disillusioned sentimentalist."  
"The Government policy is first to create unemployment and then endow it—the shortest and maddest road to ruin since the downfall of the Roman Empire."  
"It is probable that men were happier in the Middle Ages than they are now."  
"The clerical profession was a necessity when most people could neither read nor write. But to-day our best prophets and preachers are laymen."

### Social unrest is a disease of town life.

"If women were sufficiently well educated not to care about diamonds, the rents in Park Lane would go down."

### Claim Herring Were Not as Specified.

Suit has been brought against the Imperial Brokerage Company, of St. John's, Newfoundland, by S. Sklaroff & Sons of Philadelphia, over an offering of "three hundred barrels of new Fall pack" which the plaintiff declares was quoted at \$17.00, c.i.f., New York. On being assured that the pack comprised large and medium falls the Philadelphia firm opened a credit of \$5,100 and ordered the consignment forward. The plaintiff claims that the fish forwarded were not new but of the previous season and that the defendant has received payment for goods not up to specifications.—New York Fishing Gazette.



### SITTIN' ON THE PORCH.

Sittin' on the porch at night when all the tasks are done,  
Just restin' there an' talkin' with my easy slippers on,  
An' my shirt band thrown wide open an' my feet upon the rail  
Oh, it's then I'm at my richest, with a wealth that cannot fail.  
For the scent of early roses seems to flood the evening air,  
An' a throne of downy light gladdens my wicker rocking chair.

Then the moon begins its climb an' the stars shine overhead,  
An' the mother calls the children an' she takes 'em up to bed,  
An' I smoke my pipe in silence an' I think o' many things  
An' balance up my riches with the loneliness o' kings.  
An' I come to this conclusion, an' I'll wager that I'm right—  
That the world in which I'm livin' is a place o' real delight.

I want another bottle of "Brick's Tasteless", it is the best preparation I have ever taken to give me an appetite.—apr23/11

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### Wants It Fresh!

England did not take kindly to frozen fish during the war, and no less an authority than Sir Thomas Robinson, of Grimsby, is credited with the statement that "frozen fish has gone dead entirely in England now that our own trawlers have got to work again."

This means that Lord Leverhulme, who plans to insure a constant supply at even prices by storing up frozen supplies sufficient to last over stormy periods, has quite a task ahead of him. But his Lordship plans to freeze his fish in brine, a method said to eliminate all objectionable features, so he may fare better than did Sir Thomas, who endeavored to put frozen halibut and salmon on the permanent fish map of Great Britain.—New York Fishing Gazette.

### "Reg'lar Fellars"

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By Gene Byrnes

