

## Mrs. Sutherland thought she had Serious Heart Trouble

"Fruit-a-tives" cured her when Doctors failed.

Hundreds of people suffer with Irritated Heart. Pain comes over the heart, especially after eating. Palpitation or fluttering—headaches—belching gas—indigestion and constipation follow. And the sufferer takes heart tonics and sees heart specialists, and steadily grows worse.

The heart is irritated by the stomach. The nerves of the heart and stomach are identical. When the stomach is distended by gas—when food sours or is not properly digested—the stomach nerves are irritated and this soreness extends to the heart. That causes pain which makes so many people think they have serious heart disease.

"Heart disease and Dyspepsia cured by Fruit-a-tives."

OTTAWA, July 14th, 1905.

To Fruit-a-tives Limited,

Gentlemen—

I never gave a testimonial to any medicine before but I like "Fruit-a-tives" so much I will gladly do so. I had every symptom of heart disease and I had a very nasty pain over my heart. I tried purgatives and consulted several physicians but nothing did me any good. After taking "Fruit-a-tives" I am entirely well again. My digestion is very



bad and I suffered from long standing constipation and now I am quite well from these complaints. I wish to say also that my complexion was very bad, sallow and muddy in the extreme, but now after taking "Fruit-a-tives" it is as fresh as ever. To any one suffering from constipation and bad digestion or liver complaint and to any one with a bad complexion I can recommend "Fruit-a-tives" with every confidence. (Signed)

MRS. A. SUTHERLAND.

"Fruit-a-tives" CURE IRRITATED HEART because they cure stomach, bowels, kidneys and skin. "Fruit-a-tives" set the gastric juices flowing—clean and sweeten the stomach—insure the perfect digestion of every meal. They make the liver give up more bile, move the bowels regularly every day, and strengthen and heal the kidneys, as well as act directly on the skin.

"Fruit-a-tives" are concentrated fruit juices, combined by a wonderful process which increases their medicinal action many times. Tonics and antiseptics are added and the whole made into tablets.

At all druggists or sent postpaid on receipt of price—

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PARTHENON LODGE, No. 267, A. F. & A. M., G. R. C.: first Wednesday, Masonic Temple, King St. J. SMITH, W. M.

J. W. FLEWES, Sec'y.

WELLINGTON Lodge, No. 46, A. F. & A. M., G. R. C., meets on the first Monday of every month, in the Masonic Hall, Seane Block, King St., at 7:30 p.m. Visiting brethren heartily welcomed.

ALEX. GREGORY, Sec'y, W. A. HADLEY, W. M.

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## PESTS WITH THE CAMERA.

Practice of Snapping Public Characters Has Grown Intolerable—Nothing is Sacred to Them.

The practice of photographing people without their consent has grown beyond all bounds of toleration, says a writer in a London Journal. No individual who occupies the least degree the public attention can escape this affliction. It is almost impossible to take up any so-called illustrated newspaper without finding in its pages some new example of photographic outrage. If it is known that some person whose name or personality is familiar to the public, dislikes posing for the benefit of the photographer, whether professional or amateur—and the latter is the more terrifying variety of the species—the snap-shooters set themselves with special resolve to obtain what they term a negative, the said negative frequently turning out a very positive outrage.

The members of our royal family are the particular victims of this form of ill-bred impertinence. The King himself can scarcely venture out of doors without being confronted with a battery of cameras ready to photograph him, whether he likes it or not. His Majesty's well-known good-nature and kindly disposition have led him to endure in silence.

A day or two since, a Paris paper published a complete photographic record of one of these diurnal walks, including every incident, from the blowing of the Presidential note, the tying of the Presidential bowtie, the indignity to which Mr. Fallieres was subjected was not lessened by the fact that, like most of his middle-aged compatriots, he is a man of rotund and ample figure, which does not readily adapt itself to graceful portraiture.

But it is during foreign travel that one sees the full development of this unworthy craze. Who has ever travelled abroad without seeing cameras armed globe-trotters of every nationality clicking away with their infernal machines amid the most solemn and sacred surroundings? The bier of a dead monarch, the soldier dying on a tereed on the battlefield, the most sacred moment of divine worship, are alike the subject of the photographer's outrage.

In Japan it is strictly forbidden by law to attempt to photograph the Emperor when he appears in public. Yet, on the occasion of the progress of his Majesty to the opening of the Japanese Parliament, after the outbreak of the late war, over a score of American, German and English camera fends planted themselves along the route of the royal procession, and in defiance of law and good taste did their best to obtain photographs of what the Japanese regard as the sacred person of their Emperor. It speaks something for the forbearance and politeness of the Japanese that this outrage was allowed to pass without being punished by the Emperor.

Many a cheek and brow—cast in the mould of grace and beauty—have been sadly defaced, their attractiveness lost, and their possessor rendered unhappy for years. Why, then, consent to rest under the cloud of embarrassment? There is an effective remedy for all these defects, it is,

## BLOOD HUMORS

PIMPLES  
ERUPTIONS  
FLESHWORMS  
HUMORS

Many an otherwise beautiful and attractive face is sadly marred by unsightly blotches, pimples, eruptions, fleshworms and humors, and various other blood diseases. Their presence is a source of embarrassment to those afflicted, as well as pain and regret to their friends.

Many a cheek and brow—cast in the mould of grace and beauty—have been sadly defaced, their attractiveness lost, and their possessor rendered unhappy for years.

Why, then, consent to rest under the cloud of embarrassment? There is an effective remedy for all these defects, it is,

**BURDOCK BLOOD BITTERS**

This remedy will drive out all the impurities from the blood and leave the complexion healthy and clear. Miss Annie Tobin, Macleod, Ont., writes: "I take great pleasure in recommending your Burdock Blood Bitters to any one who may be troubled with pimples on the face. I paid out money to doctors, but could not get cured, and was almost discouraged, and despaired of ever getting rid of them. I thought I would give B.B.B. a trial, so got two bottles, and before I had taken them I was completely cured and have had no sign of pimples since."

Burdock Blood Bitters has been manufactured by The T. Milburn Co., Limited, for over 20 years, and has cured thousands in that time. Do not accept a substitute which unscrupulous dealers say is "just as good." "It can't be."

Nemesis. Nemesis is lame, but she is of colossal stature, and sometimes, while her sword is not yet unsheathed, she stretches out her huge left arm and grasps her victim. The mighty hand is invisible, but the victim totters under the dire clutch.—George Elliot.

Thrust Upon Him. "How did stupid old Boresome ever get a reputation for wit?" "He was once interviewed by a brilliant young reporter."—Minneapolis Journal.

**How to Build a Warm Home**

Wooden frame work, covered with METAL SHEETS of imitation stone or brick, make a house that is warmer in winter and cooler in summer, than stone or brick.

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They Had a Duke. On the day when the late Duke of Westminster was promoted to his dukedom he visited his children's quarters to communicate the news to them. "What do you think they have made me now?" he said. "They have made me a duke." "Why, father?" exclaimed one of the smaller denizens of the nursery, "that's what we call our donkey."

## WHAT TO WEAR.

The New Swiss Belts Most Attractive. Empire Colors in Vogue.

The new Swiss belts are alluringly attractive with their delicate traceries of silver and their quaint rows of tiny buckles running from right to left across the front. The most successful of these waistbands are made on a foundation of silk or elastic, and the glove kid or suede leather is cut on the cross and stretched over the lining.



WHITE LACE HAT.

ing. A belt of this kind must be made by a professional and not attempted by the amateur.

The empire wave is hourly increasing, both in form and color, but happily there are plenty of women who refuse absolutely such colors as grass green and magenta. In the days of the great Napoleon the latter color must have been known by some other name, for it was beloved by the Empress Josephine, and as a color magenta did not exist until after the famous battle of 1809.

For evening the mantle or cloak shape as opposed to the coat with sleeves is rapidly gaining ground and is often made still more attractive with a lace or fur lined hood.

Lots of three-quarter coats are in outworn style. Elbow gloves of heavy kid in ox blood red attract a good deal of attention.

The "pork pie" hat is the latest atrocity. She is an original woman who has not a bit of gold or silver on her hat.

The hat in the cut is exceedingly chic. It is of white lace with a wide fold of cloth of gold edging the brim and a band of the same encircling the crown. A paradise aigret is caught in the bow with an oval rhinestone buckle, and a mass of white tulle fills in under the brim at the back.

JUDIC CHOLLET.

CHIC STYLES.

Girlish Hair Arrangement—Some Effective Gowns—A New Fabric.

In Paris women are adopting a girlish arrangement of the coiffure. The front hair is undulated and parted severely in the middle of the forehead. The back tresses are waved and drawn up to meet the front division and pinned tight to the head. Over this foundation is fixed a bunch of fluffy curls. About the knot is tied a gauze ribbon, which is fastened at the left side in a smart stylish bow.

An effective evening dress is in black spangled tulle. Cream lace makes the upper part of the bodice, over which are jet braces. The short sleeves are a series of lace fountains. In the hair of the petite wearer of this gown will be



MAUVE TAFFETA FROCK.

placed a large single poinsettia blossom, coquettishly nestled among the slightly waved tresses. Salmon pink in a deep shade is seen in the new spring cloth for dressy street gowns. In the trousseau of Miss Alice Roosevelt is to be found an exquisite frock of this color, with hat to match.

The frock illustrated is a chic affair evolved from mauve chiffon taffeta. The panel front of the skirt has a double row of cloth covered buttons and ornamentation. Around the sides and back, just below the knee, is a braided trimmed box plaited founce. The corsage carries out the same effect, topped with a collar of silk and lace.

JUDIC CHOLLET.

## Had Grippe Yet ?

If you have you are still feeling the effects of it in some form or other. It hangs on and undermines the constitution long after you are up and at work again. It keeps you weak and run down, and an easy victim for other forms of disease. It is preparing victims for consumption every day. That's why a real cure should be a tonic as well. That's why Psychine is the greatest of all Grippe remedies.

**Psychine kills the Grippe germs and builds up the general health** at the same time. In that way it both cures Grippe and ensures against after effects. Psychine clears out all diseases of the throat, chest and lungs and leaves them strong and healthy. Psychine helps the appetite, tones up the stomach and blood-making organs. It puts the life-making organs in good running order.

**Why is Psychine the Greatest of all Spring Medicines?** Simply because it clears out all the dregs and germs of Colds, Coughs, Grippe, Bronchitis, Pneumonia and Consumption, in addition to doing all that is claimed for other Spring medicines.

The tonic and germ killer of the age is

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