## A Beauty's Creed

Cheapness lies beneath
My veil of beauty
Instability is my paradigm;
Secured I shall never be.
I'm blinded by lustful desires,
Shamefulness trails my path.
Confused I am, I swear.
Yet nefarious are my motives.
The handsome birds flee
When I give them the familiar whisper.
The cows look on me with suspicion
In my attempt to milk them clean.
Father Bacchus, on your prayers do I lean.

george ato eguakun

## Bad Night Sleep

A sleep packed with nightmares that you hope to be forgotten in the morning

Nightmare that flash events no order no meaning no truth

Events you know would never happen But for a second possibility crosses your mind

Nightmares that awaken you, you pause to figure out where you are or have been.

Then a sudden shock is revealed My nightmare just crawled out of Bed and said "Good Morning"

Jalb

## The Manipulator

A small metallic pan
Shades a single bulb
Above my head
If I could look up
I could see it flicker
But that doesn't matter
I can see its reflection
In the mirror in front of me
And watch their eyes light up as it fades

Finally, it stops
The people around me nod
They know it's time
And so do I

I can feel their eyes Staring at me with disgust From behind the mirror They know it's time Ad so do I

They finished with the tests
Now all they need to do
Is pull the hood over my head
But before it comes down
I have one more chance to smile
To say good-bye
One more chance
To torture the souls
Behind the mirror
I won't be back
But they don't know that

Јоец Мооте

The pain silenced his heavy heart. Now he walks as if burdened with an unobtainable taste weighing him down.

Ice flows through his veins. Her very erotic touch makes him feel like he's burning of frostbite.

Can't... don't understand what or why she says it.

Before, it was easy to block her out, you didn't have to stare her in the face. Until she made you. Damn that frown

Similar to dust.

Like before innocent blood was shed upon my face so shall it be again.

"What is it like?" I ask her "Like to be what?"
What is it like to create a new life and have it grow inside you?"

It's really parasitic. This unwanted child leeches my very flow of life so as to sustain it's existence. I can't expel it from my body until it has taken what it wants.

It's really all a selfish process isn't it.

By Spongey

Distractions i.e. Something Distracting