



Pure Gelatine Most Wholesome of Foods

Do you know, madam, that the leading Food and Health Authorities highly recommend Gelatine dishes on account of their great nutritive value? But your Gelatine dishes must be pure in every ingredient—and there is just one way that you can insure this. Use pure, plain Gelatine, and add your own flavoring and sweetening—seasonable fruits, pure sugar, etc.



This world-famous, pure, plain Gelatine, in addition to making countless dainty desserts, also makes or improves many other dishes and saves housewives time, because it is granulated and dissolves quickly; saves trouble, because it never fails; saves expense, because every package contains two envelopes of Gelatine, making together two quarts (one-half gallon) of pure jelly. There is no better economy than the use of Knox Gelatine.

DESSERTS made with Knox Gelatine are as wholesome as they are delicious. **SOUPS** are greatly enriched by adding a little Knox Gelatine. Just try some in a thin soup-stock and see what a rich, savory soup you get. **SALADS**—the most delicious you ever tasted—can be easily prepared with Knox Gelatine. See our Recipe Book. **SAUCES.** The next time you want to make a "thick" sauce or gravy with a rich body, just use a little Knox Gelatine. The result will delight you.

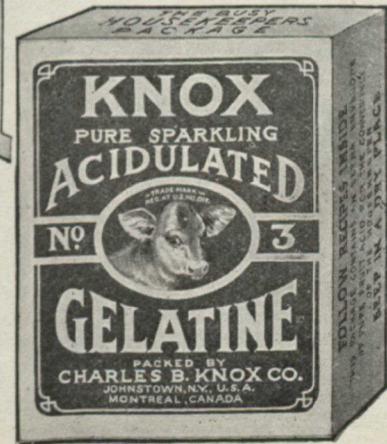
KNOX Acidulated Gelatine

When you must prepare desserts in a very great hurry, you will find this "Busy Housekeeper's Package" convenient. In addition to the two envelopes holding enough Gelatine for two full quarts this package also contains an envelope of pure concentrated fruit juice (lemon), affording a pure, ready-prepared flavoring.

SEND FOR RECIPE BOOK

We want you to have a copy of the Knox Recipe Book, "Dainty Desserts for Dainty People." You will find its many recipes for Desserts, Salads, Candies, Puddings, Ices, Ice Creams, etc., a great help to you. Sent free for your grocer's name. Pint sample for 2c. stamp.

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Editor's Talk

FEBRUARY is the month of automobile shows, and so we are starting the month with an automobile number. Our object has been to make it a number that will appeal to readers in general as well as to those who are owners of cars. We believe that our readers will agree with us that that object has been attained. As is the case with our other special numbers this one is larger than the regular issues.

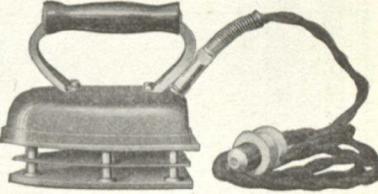
In order that the automobile number could be issued at the first of this "automobile month," the February Country and Suburban Life Supplement was put on a week. It will be issued February 10th, and, we believe, will show an improvement over preceding issues of that supplement. Mr. E. T. Cook, the author of "Gardening for Beginners," "Trees and Shrubs for English Gardens," and several other standard works, has been engaged as editor of this department. Mr. Cook was for many years assistant editor of the English "Country Life," and came to Canada some months ago.

Following the Country and Suburban Life Supplement will come the regular issue of the Woman's Supplement. Many of our women readers look forward eagerly to the coming of the Woman's Supplement, and they will find the February number fully as interesting as those that have already been published.

Many appreciative letters from subscribers have been received during the past few weeks. "For a long time The Courier has been a welcome guest in my family circle," says a Montreal subscriber. "In each issue of 'Reflections' I find something to endorse and admire." Mr. George J. Mitchell, Fort Frances, Ont., wrote, under date of January 18, as follows: "I am sorry I was not in my office when your agent called a few days ago for the renewal of my subscription to your magazine. We look forward every week for the 'Courier' and would not be without it now. I wish you every success in the management of the premier Canadian magazine." Other subscribers have written equally encouraging letters.

<p>146 MARIE</p> <p>—The title of a book destined to be one of the best sellers for 1912.</p> <p>The author's name—H. Rider Haggard—assures wide popularity for any story he may write, and competent critics believe "Marie" to be the notable writer's best production.</p> <p>"Marie" is quaintly or diffidently sub-titled "An episode in the life of the late Allan Quatermain"—but that hardly does justice to the book.</p>	<p>H. RIDER HAGGARD 147</p> <p>The story is practically a complete and wonderfully fascinating history of Allan Quatermain's early life—a story that also reveals many incidents in the strenuous life of South African settlers more than half a century ago.</p> <p>The book shows Africa's big mystical philosopher at his best.</p> <p>Price, \$1.25</p> <p>Can be obtained wherever books are sold.</p> <p>CASSELL & CO. Limited Publishers of Books with Merit London, Eng. Toronto, New York Melbourne. 21</p>
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