

Its Unmistakable Economy in Use— is speedily proven in a Tea-Pot Infusion.

"SALADA"

100% Value 100% Pure
Sealed Packets Only.

You Cannot Work Always

You will not always have your present producing power. Prepare for the day when it begins to wane. Save while earning. A Savings Account in the Bank of Toronto is a fortification that will stand between you and want. One Dollar opens an interest-earning account.

THE BANK OF TORONTO

E. King Street East. North Ward Branch.
W. LAMPREY, Mgr. F. J. ROONEY, Mgr.
King St. Waterloo. P. J. WRIGHT, Mgr.

DON'T HACK AND COUGH
until you make yourself and everyone near you miserable. It is not necessary when

NADRUCO Syrup of Tar

with Cod Liver Oil Compound

will stop the irritation, heal the inflamed membranes of the throat and soon cure the severest cough. COLD, SORE THROAT, BRONCHITIS, ASTHMA and WHOOPING COUGH yield to the soothing and healing influence of this wonderful cough medicine. You owe it to yourself and your friends to always keep a bottle in the house at this season.

For sale at all good Druggists—35c.
Manufactured by NATIONAL DRUG AND CHEMICAL CO. of Canada, Limited.

WED-THURS
MATINEE
DAILY



Thomas H. Ince - presents
WILLIAM S. HART
in "Breed of Men"
An AIRCRAFT Picture

Screen Magazine.
Burton Holmes Travelogue.
Paramount Sennett Comedy.
Coming
"For Husbands Only."

An Invitation

To you who are sick and ailing to investigate CHIROPRACTIC. You are no doubt discouraged by trying everything else.

Your case will be given SPECIAL ATTENTION at our ADJUSTING PARLORS.

Dr. Frank L. Cole—Dr. Jennie M. Cole

CHIROPRACTORS.
KITCHENER. 107 West King.

CITY AND DISTRICT

ALL THE LATEST LOCAL AND DISTRICT NEWS

Many Changes.

With the approach of spring and despite the scarcity of houses there are quite a number of people who are changing homes.

Test Alarm Ring

A test alarm was rung at Box No. 18, this morning by Fire Chief Guerin; the department responded quickly.

A Small Blaze.

At about 11 o'clock this morning another alarm was sent to the fire being at 238 Wellington St. The lamp in an incubator that was in a chicken coop started the blaze which was extinguished by the Fire Department there was only slight damage.

Wedded Yesterday

The marriage took place yesterday of Mr. Emil J. Diebold of this city, and Miss Florence Orilla Evans, daughter of Mr. and Mrs. Thomas Evans 77 Park street, city. The event took place at the bride's home at 3:30 o'clock. The ceremony was performed by Rev. Mr. J.P. Hauch. The attendants included the immediate relatives. Mr. and Mrs. Diebold will reside in the city.

Left Institution.

On the request of Hamilton authorities, the local police took into their charge Joseph Scott who it is alleged departed from the institution in that city under whose care he has been. The Hamilton authorities will send a representative here to have him returned to the institution.

More Signs of Spring

Further signs of spring's approach. Several thousand cawing crows at about 7:45 o'clock last evening heralded its approach. Supt. B. Koehler of the Park Board to-day stated that he heard the birds overhead and later noticed they found sleeping accommodation in the park for the night. When he investigated this morning he found all the birds had resumed their journey.

Another sign was given by two spiders the other day, during the night had woven a big web on the wheel with which the gates of the dam are regulated. This indicated warm weather which seems to have arrived.

Where Everything Is Full Bloom

Writing from Long Branch, Calif., on March 14th, 1919, Mr. Charles A. Ahrens says: "This is a country that I longed to see for a great many years and I am not disappointed. It is a wonderful part of the world. Mr. and Mrs. McBride are here; they are with our party every day; which numbers nine. We motor about 100 miles every day; there are thousands of miles of the most beautiful roads. The orange, lemon and grape fruit orchards are grand. We all picked some. We have been at Long Beach for two weeks. Leave to-day for San Diego for a few days. Then back to Los Angeles and Frisco. We also met Mr. and Mrs. Wetlaufer here. Mr. Wetlaufer is going this way on his western trip."

Mr. H.O. Feick is offering a limited amount of shares in a live honest mining venture. The option on this block of stock expires March 31. A profit of at least 75 per cent is practically assured within 4 months. Samples of ore can be seen in W.A. Rollings show window, in a day or two. For particulars phone 963 or 524. 4-19-2t.

Special Display of Hats for Easter will be on exhibition on Thursday March 20th and following days at Miss Lowes.

Here the Ward Buehner Concert Co. consisting of violinist blind pianist, elocutionist and vocalist, at Waterloo Methodist Church, Wed. March 20. Tickets at Lear's drug store, Waterloo and Rita's Drug Store Kitchener.

BIG FOOD EXPORTS
WASHINGTON, March 18.—Exports of foodstuffs from the United States to the allies, neutrals, Belgium, Red Cross and A.E.F. for the calendar year 1918 were 4,547,786,458 pounds, exclusive of flour and grains, according to figures compiled to-day by the food administration, an increase of 2,156,858,194 pounds over 1917.

Star

Matinee Daily 2:30 p.m.
Children 5c, Adults 10c.
Evening 7:15 and 9 p.m.
Children 10c, Adults 15c.

MON., TUES., WED.
TOM MIX
in
"HELL ROARIN REFORM"
in which a Devil May Care

Cowboy Rides to Glory
also
GAIL KANE

"THE DAREDEVIL"
Two Big Features
Full of Punch from Start to Finish

The Star is the only house fair to organized labor in this city.

Indorsed by the Twin City Trade and Labor Council

SPRINGTIME

is electric time. Everything electrical. Phone 1000, Ellis & Howard Ltd. 4ts.

Men in uniform

10 per cent discount at Sander-Lipert stores 3-12-4t

TRINITY METHODIST CHURCH

Wednesday, Mar. 19th, 1919.—Provincial C. E. Union Conference.—4:30 p.m., Junior C. E. Rally, 6:30 p.m., Workers Banquet and round table conference, 7:45 p.m., Mass Meeting.
Speakers: Rev. McTaggart, Toronto; Rev. J. C. Robertson, D.D., Toronto; Mr. Gates, New York. Choir Leader: Mr. Leslie of Toronto.

Railway Mail Service

London Mar. 17 1919. Mails for Siberian Forces close as follows at Vancouver B.C. Mar. 23 for despatch via Kofia Maru. at Vancouver B.C. Mar. 31 for despatch via Africa Maru. R.G. Mercer Supt.

There May be other times. but none better than the present to stock up your Coal Bins. Save your Lawn. Deliveries by Motor Truck. Genuine Lehigh Coal direct from Mines. Summer prices guaranteed by Lockhart. Phone 397.

Preliminary Hearing.
The preliminary hearing of the charge of manslaughter against W.A. Bolduc whose auto ran over a young lady in Preston some weeks ago fatally injuring her, took place in that town this morning. Crown Attorney D.S. Bowly attended.

To Open Tea Room.

The Ladies Aid of Trinity Methodist Church will open a tea room in the basement of the Church on Thursday afternoon and evening, Friday afternoon and evening and Saturday afternoon. March 20th, 21st and 22nd. 3-19-3t.

Whole Wave could have been held in Proposed Reservoir.
The water at Bridgeport has dropped five feet since yesterday. Referring to the high water Mr. W.H. Breithaupt who is deeply interested in conservation of the Grand River water powers said: "The whole wave would have been held in the reservoir which could be established as has been proposed."

Notice to Railway.
Yesterday the Niagara Falls, City Council gave notice to the Niagara St. Catharines & Toronto Railway Company that next March when the company's franchise runs out, the city will take over the railway and run it. The railway is part of the Canadian Northern System.

Thursday Specials
at
J. A. HUBER
133 King St., E. Phone 677.
CANADA FOOD BOARD
License No. 8-2693.

Best bread flour, 24 lbs. \$1.50
Best pastry flour, 24 lbs. \$1.45
Granulated sugar, 9 lbs. \$1.00
Light brown sugar, 9 lbs. \$1.00
Cocoa, 4 lbs. 25c
Special prices on 20 lb. or 100 lb. bags of sugar.
Iceing sugar, 2 lbs. 25c
Loaf sugar, 2 lbs. 25c
Eggs baking powder, reg. 35c.
Constantia, 1 lb. package 12c
Gloss starch, reg. 15c lb. 12c
Vanilla and lemon extract. 8c
Cocoa, all 25c tins. 25c
Cocoa, all 10c tins. 25c
Wax beans, 2 tins. 25c
Peas, per tin. 14c
Corn, reg. 25c. 20c
Tomatoes, reg. 25c. 20c
Fancy seeded raisins, 2 pkgs. 18c
Seedless raisins, reg. 25c per lb. 15c
Lard, 5 lbs. 25c
Lard, 10 lbs. 45c
Lard, 25 lbs. 1.10
Lard, 50 lbs. 2.10
Lard, 100 lbs. 4.10
Lard, 200 lbs. 8.10
Lard, 400 lbs. 16.10
Lard, 800 lbs. 32.10
Lard, 1600 lbs. 64.10
Lard, 3200 lbs. 128.10
Lard, 6400 lbs. 256.10
Lard, 12800 lbs. 512.10
Lard, 25600 lbs. 1024.10
Lard, 51200 lbs. 2048.10
Lard, 102400 lbs. 4096.10
Lard, 204800 lbs. 8192.10
Lard, 409600 lbs. 16384.10
Lard, 819200 lbs. 32768.10
Lard, 1638400 lbs. 65536.10
Lard, 3276800 lbs. 131072.10
Lard, 6553600 lbs. 262144.10
Lard, 13107200 lbs. 524288.10
Lard, 26214400 lbs. 1048576.10
Lard, 52428800 lbs. 2097152.10
Lard, 104857600 lbs. 4194304.10
Lard, 209715200 lbs. 8388608.10
Lard, 419430400 lbs. 16777216.10
Lard, 838860800 lbs. 33554432.10
Lard, 1677721600 lbs. 67108864.10
Lard, 3355443200 lbs. 134217728.10
Lard, 6710886400 lbs. 268435456.10
Lard, 13421772800 lbs. 536870912.10
Lard, 26843545600 lbs. 1073741824.10
Lard, 53687091200 lbs. 2147483648.10
Lard, 107374182400 lbs. 4294967296.10
Lard, 214748364800 lbs. 8589934592.10
Lard, 429496729600 lbs. 17179869184.10
Lard, 858993459200 lbs. 34359738368.10
Lard, 1717986918400 lbs. 68719476736.10
Lard, 3435973836800 lbs. 137438953472.10
Lard, 6871947673600 lbs. 274877906944.10
Lard, 13743895347200 lbs. 549755813888.10
Lard, 27487790694400 lbs. 1099511627776.10
Lard, 54975581388800 lbs. 2199023255552.10
Lard, 109951162777600 lbs. 4398046511104.10
Lard, 219902325555200 lbs. 8796093022208.10
Lard, 439804651110400 lbs. 17592186044416.10
Lard, 879609302220800 lbs. 35184372088832.10
Lard, 1759218604441600 lbs. 70368744177664.10
Lard, 3518437208883200 lbs. 140737488355328.10
Lard, 7036874417766400 lbs. 281474976710656.10
Lard, 14073748835532800 lbs. 562949953421312.10
Lard, 28147497671065600 lbs. 1125899906842624.10
Lard, 56294995342131200 lbs. 2251799813685248.10
Lard, 112589990684262400 lbs. 4503599627370496.10
Lard, 225179981368524800 lbs. 9007199254740992.10
Lard, 450359962737049600 lbs. 18014398509481984.10
Lard, 900719925474099200 lbs. 36028797018963968.10
Lard, 1801439850948198400 lbs. 72057594037927936.10
Lard, 3602879701896396800 lbs. 144115188075855872.10
Lard, 7205759403792793600 lbs. 288230376151711744.10
Lard, 14411518807585587200 lbs. 576460752303423488.10
Lard, 28823037615171174400 lbs. 1152921504606846976.10
Lard, 57646075230342348800 lbs. 2305843009213693952.10
Lard, 115292150460684697600 lbs. 4611686018427387904.10
Lard, 230584300921369395200 lbs. 9223372036854775808.10
Lard, 461168601842738790400 lbs. 18446744073709551616.10
Lard, 922337203685477580800 lbs. 36893488147419103232.10
Lard, 1844674407370955161600 lbs. 73786976294838206464.10
Lard, 3689348814741910323200 lbs. 147573952589676412928.10
Lard, 7378697629483820646400 lbs. 295147905179352825856.10
Lard, 14757395258967641292800 lbs. 590295810358705651712.10
Lard, 29514790517935282585600 lbs. 1180591620717411303424.10
Lard, 59029581035870565171200 lbs. 2361183241434822606848.10
Lard, 118059162071741130342400 lbs. 4722366482869645213696.10
Lard, 236118324143482260684800 lbs. 9444732965739290427392.10
Lard, 472236648286964521369600 lbs. 18889465931478580854784.10
Lard, 944473296573929042739200 lbs. 37778931862957161709568.10
Lard, 1888946593147858085478400 lbs. 75557863725914323419136.10
Lard, 3777893186295716170956800 lbs. 151115727451828646838272.10
Lard, 7555786372591432341913600 lbs. 302231454903657293676544.10
Lard, 15111572745182864683827200 lbs. 604462909807314587353088.10
Lard, 30223145490365729367654400 lbs. 1208925819614629174706176.10
Lard, 60446290980731458735308800 lbs. 2417851639229258349412352.10
Lard, 120892581961462917470617600 lbs. 4835703278458516698824704.10
Lard, 241785163922925834941235200 lbs. 9671406556917033397649408.10
Lard, 483570327845851669882470400 lbs. 19342813113834066795298816.10
Lard, 967140655691703339764940800 lbs. 38685626227668133590597632.10
Lard, 1934281311383406679529881600 lbs. 77371252455336267181195264.10
Lard, 3868562622766813359059763200 lbs. 154742504910672534362390528.10
Lard, 7737125245533626718119526400 lbs. 309485009821345068724781056.10
Lard, 15474250491067253436239052800 lbs. 618970019642690137449562112.10
Lard, 30948500982134506872478105600 lbs. 1237940039285380274899124224.10
Lard, 61897001964269013744956211200 lbs. 2475880078570760549798248448.10
Lard, 123794003928538027489912422400 lbs. 4951760157141521099596496896.10
Lard, 247588007857076054979824844800 lbs. 9903520314283042199192993792.10
Lard, 495176015714152109959649689600 lbs. 19807040628566084398385987584.10
Lard, 990352031428304219919299379200 lbs. 39614081257132168796771975168.10
Lard, 1980704062856608439838598758400 lbs. 79228162514264337593543950336.10
Lard, 3961408125713216879677197516800 lbs. 158456325028528675187087900672.10
Lard, 7922816251426433759354395033600 lbs. 316912650057057350374175801344.10
Lard, 15845632502852867518708790067200 lbs. 633825300114114700748351602688.10
Lard, 31691265005705735037417580134400 lbs. 1267650600228229401496703205376.10
Lard, 63382530011411470074835160268800 lbs. 2535301200456458802993406410752.10
Lard, 126765060022822940149670320537600 lbs. 5070602400912917605986812821504.10
Lard, 253530120045645880299340641075200 lbs. 10141204801825835211973625643008.10
Lard, 507060240091291760598681282150400 lbs. 20282409603651670423947251286016.10
Lard, 1014120480182583521197362564300800 lbs. 40564819207303340847894502572032.10
Lard, 2028240960365167042394725128601600 lbs. 81129638414606681695789005144064.10
Lard, 4056481920730334084789450257203200 lbs. 162259276829213363391578010288128.10
Lard, 8112963841460668169578900514406400 lbs. 324518553658426726783156020576256.10
Lard, 16225927682921336339157801028812800 lbs. 649037107316853453566312041152512.10
Lard, 32451855365842672678315602057625600 lbs. 1298074214633706907132624082305024.10
Lard, 64903710731685345356631204115251200 lbs. 2596148429267413814265248164610048.10
Lard, 129807421463370690713262408230502400 lbs. 5192296858534827628530496329220096.10
Lard, 259614842926741381426524816461004800 lbs. 10384593717069655257060992658440192.10
Lard, 519229685853482762853049632922009600 lbs. 20769187434139310514121985316880384.10
Lard, 1038459371706965525706099265844019200 lbs. 41538374868278621028243970633760768.10
Lard, 2076918743413931051412198531688038400 lbs. 83076749736557242056487941267521536.10
Lard, 4153837486827862102824397063376076800 lbs. 166153499473114484112975882535043072.10
Lard, 8307674973655724205648794126752153600 lbs. 332306998946228968225951765070086144.10
Lard, 16615349947311448411297588253504307200 lbs. 664613997892457936451903530140172288.10
Lard, 33230699894622896822595176507008614400 lbs. 1329227995784915872903807060280344576.10
Lard, 66461399789245793645190353014017228800 lbs. 2658455991569831745807614120560689152.10
Lard, 132922799578491587290380706028034457600 lbs. 5316911983139663491615228241121378304.10
Lard, 265845599156983174580761412056068915200 lbs. 10633823966279326983230456482242756608.10
Lard, 531691198313966349161522824112137830400 lbs. 21267647932558653966460912964485513216.10
Lard, 1063382396627932698323045648224275660800 lbs. 42535295865117307932921825928971026432.10
Lard, 2126764793255865396646091296448551321600 lbs. 85070591730234615865843651857942052864.10
Lard, 4253529586511730793292182592897102643200 lbs. 170141183460469231731687303715884105728.10
Lard, 8507059173023461586584365185794205286400 lbs. 340282366920938463463374607431768211456.10
Lard, 17014118346046923173168730371588410572800 lbs. 680564733841876926926749214863536422912.10
Lard, 34028236692093846346337460743176821145600 lbs. 1361129467683753853853498429727072845824.10
Lard, 68056473384187692692674921486353642291200 lbs. 272225893536750770770699685945414569152.10
Lard, 136112946768375385385349842972707284582400 lbs. 544451787073501541541399371890829138304.10
Lard, 27222589353675077077069968594541456915200 lbs. 1088903574147003083082798743781658276608.10
Lard, 54445178707350154154139937189082913830400 lbs. 2177807148294006166165597487563316553216.10
Lard, 108890357414700308308279874378165827660800 lbs. 435561429658801233233119