

6th Month.

JUNE, 1898.

30 Days.

Day Month.	Day Week.	For Montreal, Quebec and regions of St. Lawrence and Ottawa Rivers.			For Toronto and Prov- ince of Ontario, lying on and bet. the Great Lakes			MOON'S PHASES.
		Sun Rises.	Sun Sets.	Moon Sets.	Sun Rises.	Sun Sets.	Moon Sets.	
1	WEDNESDAY ..	4 14	7 41	1 42	4 21	7 34	1 46	Full Moon.....
2	THURSDAY ..	4 13	7 42	2 12	4 20	7 35	2 16	Last Quarter.....
3	FRIDAY ..	4 13	7 43	2 12	4 20	7 36	2 57	New Moon.....
4	SATURDAY ..	4 12	7 43	rises.	4 19	7 37	rises.	First Quarter.....
5	SUNDAY ..	4 12	7 44	9 27	4 19	7 37	9 21	4d 9h 11m m.
6	MONDAY ..	4 12	7 45	10 13	4 18	7 38	10 08	11d 1h 4m m.
7	TUESDAY ..	4 11	7 46	10 48	4 18	7 39	10 44	18d 11h 54m ev.
8	WEDNESDAY ..	4 11	7 47	11 15	4 17	7 39	11 12	
9	THURSDAY ..	4 11	7 47	11 35	4 17	7 40	11 34	
10	FRIDAY ..	4 10	7 48	11 56	4 17	7 41	11 56	
11	SATURDAY ..	4 10	7 48	morn.	4 16	7 41	morn.	
12	SUNDAY ..	4 10	7 49	0 18	4 16	7 42	0 19	
13	MONDAY ..	4 10	7 49	0 37	4 16	7 43	0 39	
14	TUESDAY ..	4 10	7 50	0 57	4 16	7 43	1 01	
15	WEDNESDAY ..	4 10	7 50	1 25	4 16	7 44	1 30	
16	THURSDAY ..	4 10	7 51	1 57	4 16	7 44	2 03	
17	FRIDAY ..	4 10	7 51	2 37	4 16	7 44	2 44	
18	SATURDAY ..	4 10	7 52	3 22	4 17	7 45	3 29	
19	SUNDAY ..	4 10	7 52	sets.	4 17	7 45	sets.	
20	MONDAY ..	4 10	7 53	9 11	4 17	7 45	9 06	
21	TUESDAY ..	4 11	7 53	9 40	4 18	7 46	9 36	
22	WEDNESDAY ..	4 11	7 53	10 05	4 18	7 46	10 02	
23	THURSDAY ..	4 11	7 53	10 26	4 18	7 46	10 24	
24	FRIDAY ..	4 11	7 53	10 42	4 19	7 46	10 42	
25	SATURDAY ..	4 12	7 53	11 07	4 19	7 46	11 07	
26	SUNDAY ..	4 12	7 53	11 24	4 19	7 46	11 26	
27	MONDAY ..	4 12	7 53	11 44	4 20	7 46	11 47	
28	TUESDAY ..	4 13	7 53	morn.	4 20	7 46	morn.	
29	WEDNESDAY ..	4 13	7 53	0 08	4 21	7 45	0 12	
30	THURSDAY ..	4 13	7 52	0 42	4 21	7 45	0 48	

Nervous Debility.

Are you run down, do you feel weak, exhausted, depressed, irritable, languid and tired of life; have you headache, neuralgia, dizziness, fever, nausea, stomachache, constipation, loss of appetite, jaundice, flatulence etc?

These symptoms may turn into gastritis, congestion of the stomach, liver disease, kidney complaint,

anæmia, dropsy, rheumatism, gout, lumbago, and many other disorders.

Many of them almost incurable with all ordinary medicines. You can cure yourself by eating nourishing food. Provided that your stomach can digest it. Mother Seigel's Curative Syrup helps you to digest food that your stomach cannot take care of.

For boils use Seigel's Ointment,