Helena. In the forenoon of the 1st of April, we lost fight of the King George, and, from that day to the ninth, had a fresh easterly breeze, with some squalls and rain.

In the evening of the 16th, we had a great deal of lightning, and in the night a heavy squall; but the weather grew moderate towards the morning. We had not much variety till the 24th, when the ship's company were put to an allowance of two quarts of water per day for each man.

From the 24th, to the 4th of May, no particular occurrence happened: we then fiw vast quantities of bonetta about the ship, threw out lines with tolerable success, and regaled ourselves with the fresh provision we had thus obtained. In the afternoon of the 7th, we had a fresh wind from the east, and during the former part of the night, heavy squalls, with thunder, lightning, and rain. About two o'clock the next morning, a most violent squall took us, on which we handed the topsails, and fortunately received no damage: but the weather grew moderate by day-light.

About fix in the evening of the 15th, the wind blew a strong gale at north-west, on which we close-reesed the topsails, reesed the