

1. Typhoid Fever Investigations

(a) Census by Metropolitan Life Insurance Company agents of all insured persons in Montreal. This to ascertain the number of cases and other details such as occupation, milk consumption per family occurring in the group, and to be the basis of (b).

(b) Study of all cases concerning milk supply, number of cases in family and typhoid vaccination. This study to be made by nurses from the Metropolitan Life Insurance Company staff, assisted and directed by the Health League.

(c) Study of typhoid carriers. Study to be made of a group of convalescents and home contacts after the period of from six to twelve months after convalescence. Specimens to be secured by the nurses of the Metropolitan Life Insurance Company. Laboratory work to be arranged for by the Health League. This will begin as soon as (b) is completed.

In connection with the above, the Metropolitan Life Insurance Company will provide extra staff required, forms, etc. The Health League to assist with their staff as much as their other work permits and to assume responsibility for direction. We have in mind that the Universities will aid us in the laboratory work.

2. Health Study of the Province of Quebec

To proceed as at present, being carried through by the Medical Director of the General Health League. The Metropolitan Life Insurance Company to print the report for general distribution. Very satisfactory progress has been made in this and a valuable contribution is assured.

3. Health Survey of the City of Montreal

From the beginning, the need of a health survey has been recognized. The reason it was not recommended sooner was an appreciation that the time was not opportune. It was necessary to increase public and political interest in health work, otherwise the recommendations growing out of a survey would be coolly received. Therefore, the first work of the League was to increase the interest in health work. To what extent it has succeeded is a matter of opinion, but unquestionably it has succeeded to some extent. This, with the interest aroused by the Typhoid epidemic makes it seem that the time is opportune for the survey.

After discussing this survey with those who have had experience in such work and others who are interested, the following plan of procedure is recommended:-

1. That the Health League initiate such a survey by the formation of a "Health Survey Committee for the Self-Study of its Health Problems and Facilities by Montreal". This committee to consist of six or seven citizens, prominent and representative, to sponsor and consider the findings of the survey.
2. This committee to appoint a technical sub-committee of Montreal public health experts to direct the survey, prepare and present the report to the committee.
3. The technical sub-committee to call in the committee on Administrative practice of the American Public Health Association as consultants.
4. The Health League would offer its staff to work on the survey under the direction of the technical sub-committee to gather data, prepare tabulations et cetera.
5. The contribution of the Health League would be:-
 - (a) Initiation of the survey;
 - (b) Work in connection with survey;
 - (c) Finance the survey;
 - (d) Contribute the experience of its staff in Montreal health work.
6. The reasons why the Health League should not itself conduct the survey are:-
 - (a) Because it would have to survey itself;
 - (b) Other local agencies might not care to have one local agency review their work and methods.
7. The advantages of using the American Public Health Association are:-
 - (a) Better and quicker survey made possible by use of trained survey workers to direct the manner of procedure as consultants;
 - (b) Better and more useful survey made possible by use of the Appraisal Form of the Association;
 - (c) Greater prestige of recommendations backed by independent consultants.

The American Public Health Association embraces in its membership most Canadian health workers, many of whom hold or have held office in the Association. There is no strictly Canadian organization which could provide a similar service.

The experience of the Health League will not be lost but will be made available to the technical committee in making their recommendations.

It seems that the time has arrived to place before Montreal its true standing in health work and to present a definite plan of future development. It should be