tetanding European problems. I pointed out that as a NaTO member this was very much e Canadian view. It would not be realistic to expect such a settlement to come quickly, t increasing contacts between Last and West, such as the official visits which I have st made, will certainly help. I emphasized the Canadian conviction that our friend in ally the Federal German Republic was genuinely anxious to improve its relations with the Eastern European countries and to make its contribution to the détente.

I know that members will expect me to speak particularly about my discussions. Vietnam. Let me make it quite clear that I took with me to marsaw and moscow no mple, magic formula to bring about an end to the war. This is an infinitely compliated situation. There IS no magic formula and I made that very clear to the people the whom I spoke. I put forward Canadian views repeatedly in great detail and I examined forcefully, on the basis of our very intimate knowledge of the United States and its policies and on the basis of our abiding friendship for that country why certain ver-simplified suggestions which have been put forward from time to time for ending he war where not the most realistic way of moving towards a settlement, quite apart from he view one might hold of the merits of the case. I refer, of course, to the proposal or a unilateral decision to stop the bombing of North Vietnam unconditionally and for cood without any indication as to what the other side might do in return to start owards de-escalation of the conflict or towards negotiations.

I put forward in considerable detail to the Polish and Soviet leaders Canaian views on the possible future role of the Vietnam Commission and certain suggestions to steps which might be taken to lead us away from a military towards a political ettlement. Our views were listened to most carefully. I am sure that they will be tudied attentively in Larsaw and Moscow, just as we will seriously study the positions hey took, and I hope that this in itself will be a modest contribution towards a solution. I cannot say that I detected the prospect of any immediate change in the views