

IN WOMAN'S WORLD.

NOTES AND REFLECTIONS.

IT is said that a good son invariably makes a good husband. Many are the evidences which have been given to show that in every station in life such is the case.

The President's tender solicitude for his wife is not less than was his beautiful devotion to his mother. The husband knows how his invalid wife suffers at times, and his watchful eye scarcely ever leaves her.

John Gilmer Speed, in the New York Herald, in discussing the marriage question, says:—

Notwithstanding the inherent and acquired goodness of woman kind, there are women of various sorts in this strange and interesting world, and some of these are most ill adapted to be wives and mothers.

To begin with, I should say that as amiability is a woman's greatest charm—greater than beauty of person and strength of mind combined—so the contrary of it is woman's most serious fault.

Youths and maidens must learn to bear, without evil results, changes of temperature and of weather—heat, cold, storm, snow and rain, hunger, thirst, loss of sleep, fatigues, discomforts, and hardships of every kind.

Many of the new kid gloves show glaring transgressions of conventional ideas, and illustrate the disregard which fashion has for anything which savors of the old-time virtue of economy.

A STRONG NATION

Consists of strong men and healthy women, and health and strength depend upon pure, rich blood which is given by Hood's Sarsaparilla.

Hood's Pills are prompt, efficient, reliable, easy to take, easy to operate.

WHIMS OF FASHION.

SASHES in satin, taffeta and repped silk ribbon from five to ten inches wide are much worn. The plain ones are trimmed on the ends with a fringe of lace, chiffon, net or narrow ribbon.

Remodeling waists, writes an authority in the Ladies' Home Journal, is really an easy task nowadays, as white or colored taffeta may be used wherever the original material runs short.

A woman with a sallow complexion should avoid dull and cold shades, and wear those that will give tone and warmth. Medium and bright red rose and deeper pink, golden and reddish purple and black, when combined with pink, yellow or red, are the shades which may be used.

A satin skirt, five yards wide and perfectly plain, may be easily brought up to date with the use of six pieces of black satin ribbon number seven. Recut the front width so as to take the extra fullness out of it.

"The eternal fitness of things," as applied to fashion in dress and adornment, has but an evanescent force or meaning, says the fashion authority of the New York Post.

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HOUSEHOLD NOTES.

All housekeepers do not yet understand that what goes on in the kitchen on washing days affects the condition of the clothes if, as often happens, the laundry work and the kitchen work must be done in the same room.

The pristine freshness of new cooking vessels may be kept for years if a simple law of physics is observed. Food while cooking does not touch the vessel it is cooking in, and if turned out at once and the vessel rinsed the steam will help cleanse the vessel.

Milk toast, as it is served on nine tables out of ten, is unwholesome. Properly prepared, it is not only a good dish for the light menu allowed a convalescent, but is welcomed eagerly by the children of the family.

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Deep pans make an equal amount of cream.

To clean zinc, mix whitening to a paste with ammonia; when dry rub off with flannel.

A good physician says that water at the temperature of 80 degrees is most desirable, and that no one should remain in the bath longer than ten minutes.

A copper boiler may be cleaned with oxalic acid or salt and vinegar, following this with a cloth dipped in kerosene, then with a dry cloth.

To make an excellent washing fluid dissolve one pound of washing soda in 2 quarts of water; add four quarts of clear lime water; stir, and when all sediment has settled pour off the clear liquid.

Cotton is not good for a mattress. It is so much of a non-conductor that it grows hot under the body and sometimes gets damp and musty, and of course unhealthy.

When white marks, caused by water stains, appear on mahogany tables and sideboards, the places should be painted over with a strong solution of oxalic acid in water.

To prevent a gas oven smelling, clean the inside with hot water and soap, and then scrub with pumice stone.

A small dish of powdered charcoal kept on one of the upper shelves of the refrigerator is an excellent thing to absorb odor.

Sandpaper will whiten ivory-handled knives which have become yellow from age or usage.

ROOFERS FOR THE HOUSES. 32 Years ago. We started the manufacture of sheet metal building material, and this long experience enables us to offer intending builders all that is desired in Steel Roofing, Steel Siding, Steel Ceilings, Etc.

THE WAR.

The Surgeon-General Rejects the Offer of Trained Nurses for the Hospitals.

The correspondent of the New York Herald, at Jacksonville, Fla., says:—

Much comment is being made on the Surgeon-General's rejection of the offer of the Red Cross to furnish trained nurses for the hospitals here.

But, if not all the surgeons in the volunteer regiments disagree with the army people on this subject, and say that trained nurses are necessary.

"They have not the patience that a trained male nurse even possesses. Many men are in the hospital slightly ill, perhaps, who grow morbid and homesick. A woman's voice and touch will do more for such than all the medicines in the hospitals.

"I know that the men detailed, said one captain, 'as a general thing are the men whom the captains can best spare. It isn't a question of adaptability or their experience—it's because the captain can spare them the best. I know that is the case, as I have talked with many officers and they all agree with me.

"I have had many men, who had been over to the hospitals to see their comrades, come to me and ask, if they were taken ill, to see that they were sent to the city hospitals, where they could get better treatment on account of trained nurses being employed.

"The hospitals are in fine condition, I admit. They have good surgeons, supplies of all kinds, and had they the benefit of trained nurses I would not say a word. But if I get sick I intend going to St. Luke's Hospital, where I can get better nursing than they can give me at the general hospital."

While Colonel Maus has accomplished wonders in getting his hospitals in good working order, has a fine corps of surgeons and all the needed supplies, there is this lack of trained nurses.

ECONOMY in taking Hood's Sarsaparilla, because "100 does one dollar" is peculiar to and true only of the One True BLOOD Purifier.

THE S. CARSLY CO., Limited.

Notre Dame Street. Montreal's Greatest Store. July 23, 1896.

SPLENDID ENTHUSIASM IN THE BIG STORE'S JULY CHEAP SALE.

Another Big Surprise in Summer Dress Muslins.

From 8 a.m. to 6 p.m. every counter in this section is fairly lined with hundreds of enthusiastic shoppers.

The immensity of this stock is hard to realize, a visit will reveal its vastness, such bargains as are here noted are the result of The Big Store's marvellous buying power.

DAINTY MUSLINS

At 7c—Hundreds of Dress Lengths of these Beautiful Muslins are sold daily, patterns are most fascinating, and the color combinations are distinguished by their delicate tints, usual price 12c; July Sale Price, 7c.

At 9c a yard—112 pieces New and Dainty Muslins in the lightest and coolest of makes, styles that will make you think of seaside rambles and gardens with their broad green walks, and color contrasts of acknowledged beauty. July Sale Price, 9c.

At 19c—French Muslins, rare patterns and beautiful tints, regular 30c goods, July Sale Price, 19c.

DRESS SKIRT BARGAINS

185 Ladies' Fancy Duck Skirts, white grounds, neat small figures, skirt 4 yards wide, deep hem, new and stylish, regular \$1.25 July Price, 72c.

98 Ladies' White Duck Outing Skirts, made full sweep, with deep hem, regular \$1.25, Monday 75c.

165 Ladies' Outing Skirts, with 4 1/2 yards, deep hem and trimmed with rows of White Band, regular \$2.20, Monday \$1.67.

MONDAY'S

DRESS GOODS BARGAINS.

Thousands upon thousands of yards New, Stylish, Seasonable and Rich Dress Goods will be offered Monday six great large tables are piled high with these beautiful goods which are marked at such low prices that they'll have a quick exit, of course the real merits of these goods are sufficient to cause an unprecedented demand for them—and it's necessary for you to be early to secure the best.

GREAT DRESS GOODS SALE.

LOT 1—35 pieces light colored summer Dress Goods in grey grounds, with colored stripe effect, also a fine lot fancy figured Dress Goods in newest and best shades, any piece in the lot is worth fully 25c a yard, here in July Sale Price, 7c.

LOT 4—32 Pieces Summer Dress Effect Dress Materials, light shades, colors in fancy checks and stripes, some interwoven with beautiful zig zag patterns and plain, all the best shades and worth 25c a yard. July Sale Price 18c a yard.

A Gigantic Purchase of Real Barnsley Linen Table Cloths.

This purchase was made from the largest Linen manufacturer in England (the Linen Centre of England), at a most advantageous price for S.P.O. & C. They were intended for our Fall Trade, but the management again giving way to the influence of July Cheap Sale and offers them Monday at the following prices:

Table with 2 columns: Item description and Price. 470 Barnsley Linen Table Cloths, 2 by 2 yards, Regular July Price \$1.50, Sale Price \$1.00. 440 Barnsley Linen Table Cloths, 2 by 2 yards, Regular July Price \$1.25, Sale Price \$1.00. 190 Barnsley Linen Table Cloths, 3 by 2 yards, Regular July Price \$3.15, Sale Price \$2.00.

This is without exception the greatest Linen Bargain The Big Store has ever offered in PURE BLEACHED LINS, from the greatest Linen factory in the world—you'll find them on the centre table, in No. 6 store.

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FOR THE HAIR: CASTORFLUID..... 25 cents

FOR THE TEETH: SAPONACROU-DENTIFRICE..... 25 cents

FOR THE SKIN: WHITE ROSE LAMOLIN CREAM. 50 cents

HENRY R. GRAY, Pharmacological Chemist. 122 St. Lawrence East Street

N.B.—Physicians' Prescriptions prepared with care and promptly forwarded to all parts of the city.

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THOMAS LIGGET, 1884 Notre Dame Street, Montreal. 2146 St. Catherine Street, 175 to 179 Sparks Street, Ottawa.

FOR SALE FOR THE MILLION

Kindling \$2.00; Cut Maple \$2.50; Tamara blocks \$1.75; Mill blocks, 6000 lengths, \$1.50. J. C. McDIARMID, Richmond Square, Phone 2883.