

cause the cold was steady and continuous, and the winds were not so raw, so cutting, or so piercing.

The healthfulness of the climate is beyond all question. Asthma and consumption are unknown amongst the native population, and so are heaves amongst horses. Fevers and ague are almost unknown, except as some Canadian or American who has moved into the country, having the seeds of disease in his system, is attacked. The foul miasma engendered in the dry season from decayed vegetable matter, such as found in the beds of ponds and mill-dams in this Province, has no existence there, and the streams flow on unobstructed. Mill-dams are things of the future. The mills are driven by the wind, and only three by steam. I cannot understand why the River Sale, *alias* Riviere Isle De Bois, is called Stinking River at its junction with the Red River, for I found no foul smell assailing my olfactory nerves, either in crossing or re-crossing it. Doubtless, as the country is settled, and the streams are obstructed, the public health will not be as good as it now is. At the present time there is a poor prospect for the sons of Esculapius making themselves rich by the practice of their profession.

The country is well adapted to sustain about 60,000,000 of hardy and vigorous men, as tillers of the soil.

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### How Shall We Cure Our Inebriates?

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MANY and varied as are the causes of the misery and crime that make wretched and deface God's fair earth, the philanthropist sees one great cause standing head and shoulders above them all—intemperance. No matter of surprise is it, then, that so many earnest, benevolent hearts, in so many lands, declaim against the drinking customs of society, and vigorously strive against the great evil—in their endeavours to overcome its influence running at times to the verge of indiscretion. Under their auspices, total abstinence societies have sprung up in all directions, with a worthy object in view, and doing their work to the best of their ability. Their labour is not light, for many difficulties confront them. Open and undisguised opposition, coldness and indifference. Yet they are all surely educating society into the conviction that total abstinence from all intoxicating