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(ESTABLISHED 1863)

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#### Heientific and Aseful.

PRESSED VEAL.—Take three pounds of veal chopped fine, two pounds of fresh, lean, raw pork, also chopped fine, three eggs, a piece of butter the size of an egg; pepper and salt well; bake two hours. When cold slice it thin. It is like pressed meat, and is very nice.

CORN BREAD,-Steamed corn bread is CORN BREAD.—Steamed corn bread is particularly wholesome when made with buttermilk. If this cannot be procured, use lobbered milk. To two cups of Indian meal allow one cup of white flour, two tablespoonfuls of white sugar, two and a half cups of milk, one teaspoonful of sods, one of sait, one tablespoonful and a half of melted butter; steam for two hours in a well-buttered tin, and dry off in the oven.

DESCRIPT.—A delicious dish for descent.

tin, and dry off in the oven.

DESSERT.—A delicious dish for dessert, to be served with white and fruit cakes, is made by taking one pint of thick, sweet cream, and beating it until it is very light; then add the grated rind of one large lemon and the juice of two; half a pound of pulverized sugar must then be stirred with the cream. Serve this in wine glasses, or in small china cups that will hold as much as the after-dinner coffee cups.

Chocolate Creams.—Two caps of cran-

the after-dinner coffee cups.

Chocolate Creams.—Two cups of granulated sugar, half a cup of milk. Boil just five minutet. Then take it from the stove and stir it till it is stiff. then drop on buttered plates and leave till cold. While it is cooling break a square of Baker's chocolate in small-places in a bowl, and ser it over a teakettle in which the water is bpiling. After it is melted then take the drops and with a fork roll them in the melted chocolate: then lay on the plates till cold.

LEMON TICKLE.—Put in a jar one teacup of commobilate, pour over it one pint of boil-

LEMON RICKLE.—Put in a jar one teacup of common cait, pour over it one pint of boiling water, and put the lemons into this, cover it over with a plate, and leave it for five days. Drain off the salt and water and add fresh, and at the end of ten days let the lemons drain again. The pour over them as much hot kinegar as will cover them, with plenty of cayenne proper and ginger, and a little shalot. The down the pots, and look to them occasionally as the vinegar wastes.

to them occusionally as the vinegar wastes.

ONELETTE.—A delicate omelette is made thus. Beat he yolks of four eggs, and while beating mix with them a teaspoonful of fluur, two tablespoonfuls of pulverized sugar, a pinch of salt, and any flavouring extract that you choose, this, of course, can be decided with reference to the other dishes which make up the dinner. Beat the whites of the four eggs to a froth and mix with the other. Eake this on a buttered dish; a deep plate will answer, it will rise very light and brown nicely in a very few minutes. Send to the table hot. It you please you may sift powdered sugar over it before sending it to the table. the table.

KAISIN CARE. - A delictous and inexpensive tausin cake is made of two eggs, one cup and a half of sugar, two-thirds of a cup of butter, one cup of sweet rilk, two cups and butter, one cup of sweet milk, two cups and a half of flour, three teaspoonfuls of baking powder or two teaspoonfuls of cream of tartar and one of soda; one cup of raisins, cloves and cinnamon to suit your taste, one cup of stoned and chopped raisins. It is the experience of most cooks that cake made with cream of tartar and soda will keep moist longer than that made with baking powder, but the powder is so convenient to use that it has almost superseded the other. Do not frost this cath, but take until the top is a dark lifown.

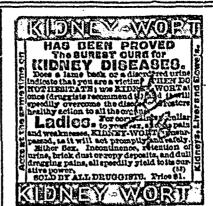
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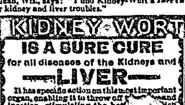
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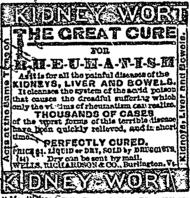
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No whim discase is so prevalent in this of the construction, and no remedy has ever equalled the cole breated MIDMAN to WORT as a cure. Whatever the cause, the remedy in however obstitute the case, this remedy in

will desprouse it.

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to write.

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