

usually alive to the liberties of its citizens, and always wideawake in all that concerns its material interests.

It is our desire so far as possible to patronize home-industry. But in this instance we are compelled to have our printing done in Canada. The Canadian postal law is more explicit than ours in relation to second class matter. Their bulk rates too are one instead of two cents per pound! The hollowness of the pretense that the postal department pays any part of the postage of publishers who in the states pay two cents per pound is here exemplified. And yet Mr. Postmaster Pearson in his interview with the reporter of *Truth* is represented as saying that he could "see no reason why the public should be called upon to pay for advertising Dr. Foote," calling our Monthly an advertising sheet. Query: Do the public pay the cost of circulating Harpers' periodicals when they pay two cents per pound, the regular pound rates? If not, then did the public pay for circulating Dr. Foote's *HEALTH MONTHLY*? But if the public really does pay the cost of circulating regular periodicals, is it right any more in the one instance than in the other? In the same interview Mr. Pearson is reported as saying that the law regulating the pound rates and who should be admitted to the enjoyment of them, "was passed at the instigation of publishers for their own protection." Ah, ha! Is this the "Somebody" in the fence? Is there a sort of "trades union" on the part of old established newspapers to keep the "outs" out while they enjoy the secured monopoly? Then there would appear to be an exclusive "Associate Press" controlling the rulings of the post-office as well as the privileges of the telegraphic system! Our friends the anti-monopolists have another rat to smoke out.

Well, we understand that the soil of the Dominion of Canada is free from all these vermin, and we are disposed to try it anyhow. In sending our pet "baby" so far away to school we confess to feeling many regrets. We save something in printing, but as we personally intend to stay at home and attend to our professional business, it will be editing at arms' length. We trust all our friends will bestir themselves to make what costs us so much trouble and anxiety a great success. Nothing is more disappointing to narrow and bigoted minds than to see the object of their opposition and hate grow and prosper in spite of them and their machinations.

"What is in a Name?"

In one stage of our controversy with the Postal Department, it was urged in evidence that our *HEALTH MONTHLY* was an advertising sheet that it was called "Dr. Foote's *HEALTH MONTHLY*." For the past nearly thirty years *Dr. Hall's Journal of Health* has passed through the mails without question. The smart people of the Post Office did not seem to suspect, because it bore that name, that it was an advertisement for Dr. Hall. We wish to say in this connection that we personally had nothing to do with naming our paper. We not only did not give it the name of Dr. Foote's *HEALTH MONTHLY*, but we suggested about a dozen or

twenty names in which our name did not occur, when the matter was being canvassed by the publishing company. Mr. John P. Jewett, the old publisher who issued Harriet Beecher-Stowe's "Uncle Tom's Cabin," was in 1876 the manager of the Murray Hill Publishing Company. It was he who suggested the name of Dr. Foote's *HEALTH MONTHLY*, and it was he who insisted it should bear no other name.

What our Friends can do for us.

SOME of our friends have kindly proposed to contribute to our defense. Many thanks. We are not in the courts and consequently under no other expense of a legal character than that of paying for the advice of counsel. Therefore all who have a few dollars to part with for a good purpose better send them to H. B. Brown, Treasurer of the National Defense Association, 141 8th street, New York, to be used when emergencies arise affecting the rights of any one.

Those who in the goodness of their hearts desire to help us cannot do us a greater favor than to do what they can to extend the circulation and usefulness of *THE HEALTH MONTHLY*, and those who feel disposed to patronize us for our encouragement can not only benefit us but themselves and friends by sending for some of the works advertised in the Murray Hill Announcerment.

What Publishers Think of it.

It is a remarkable fact, if the Postal Department has the least particle of ground to stand upon, that every publisher with whom we have communicated, has assured us that the position taken by the Department was untenable unless there is to be an extraordinary weeding out of newspapers now enjoying the pound rates. Four months have passed since we were excluded and there are as yet no symptoms of any such weeding! If any have doubted that there is a persecuting influence in the Department leveled at papers inimical to the American Inquisition can that doubt reasonably exist any longer?

In our advertising columns will be found an announcement of a new publication which will shortly be ready for delivery from the office of the Murray Hill Publishing Company. It will contain many things that everybody ought to know, and much that will be found very useful for reference. It will in fact be a good thing to have in the family, and its small cost will make it possible for every family to have one. A full contents table will be published later, but for those who like to have the first copies off the press of something new and good, we make the announcement now.

In Part III of Plain Home Talk the continence tenet of the *Alphian* school of reformers is practically answered. It is on this rock we split, for in most of the work of the *Alphites* we are heartily with them.

We have in type several letters from friends on various subjects which are unavoidably crowded out. They will appear in our next.