

# MAGIC BAKING POWDER

## Does not contain Alum

YOU cannot bake pure food with an alum baking powder. Alum is a dangerous acid that causes certain injury to health. It causes indigestion and disorders of the heart; and wrecks the nervous system.

Food scientists everywhere condemn alum as an unwholesome chemical, unfit for use in any food preparation.

 MAGIC makes pure, delicious, light bread, biscuits and pastry, insuring healthful home baked food.

MAGIC is a medium priced baking powder and

the only well-known one made in Canada that does NOT contain alum.

Made in Canada

THE WHITEST LIGHTES

E. W. Gillett Co. Ltd. Toronto, Ont.

FREE COOK BOOK If you have not received a copy of Magic Cook Book, send name and on potal card and this valuable little book will be mailed free of

Everyone knows the type of girl who

# The Evening Chit-Chat



ess came back tells you, with a delightfully confidenfrom a five-min- that air, "She told me not to tell anyute conversation one this, but I simply must tell YOU at the telephone, about it, because I know you will appouting charm- preciate it."

ingly. telephone her, and straightway set her down as when I didn't someone whose pledged word we must | When Mercy stretches forth its hand, want to lose a remember to have no confidence in. moment of you." she assured me.

Most flattering, surely, BUT-Well, I shall never telephone that them, is the man who talks about other lady again without wondering what women he has known to the one wocomment follows the end of our talk. man with whom he happens to be in Would you?

How people dare say things like that when they must know how they self solid with the new love by newill be translated by people of dis- traying the old, but if the new love is cernment, I just can't see.

Who but a fool, after hearing a we- himself utterly as a person to be man criticize everything about the trusted. member of the group who has just left, would not realize that the mo- both ways, and what anyone, in the ment she herself got out of earshot, | excitement of 'a confidential or afthe same fine-tooth criticism would be fectionate or friendly moment, will applied to her.

There was a girl at college who was dollars to doughnuts that under simitremendously clever at making fun of lar conditions he will say to someone people. She was so irresistibly witty that when she got started on one of her tears, we all laughed, even whon we were ashamed of laughing. She was an interesting girl, a brilliant girl, a jolly girl in many ways, but she didn't have many friends.

Why? .Why, because even when we laugh- sign upon them. ed and applauded, we trembled for our own skins. We knew enough to be afraid of her.

## Christmas.

NO

ALUM

BY W. T. H. SALTER.

We hear the tale repeated o'er That quite two thousand years of yore The Christ was born.

And thus, when comes each Christmas Day, We think of something far away, As in a dream we hear men say The Christ is born.

But nearer still than Bethlehe Within our midst the angels hail, When love and peace in us prevail, The Christ is born. A few-a very few of us-have the

"Such a bore strength not to listen to her violated Could we but be sincere and kind, to have to stay confluences, but the majority of us so long at that listen, laugh, or are interested, thank The Christ is born

> When Charity walks throughout the To me, the worst type of these folks When Faith and Truth mankind com who so cheerfully make the noose wherewith to murder people's trust in | The Christ is born.

> > Not 'mid ambition's noisy goals, Nor where the sea of pleasure rolls, The Christ is born.

#### He, doubtless, thinks to make him-Little Folks Stuffed any kind of a woman at all, he damns -LIKE TOADS

These holidays make a lot of sick folks—some of them awfully ill. In spite of all you can do the little folks will overeat Xmas times. Don't fail to give them a CASCARET at bed time and help nature get rid of the overload. It will keep them well and lively.

Buy a 10c. box CASCARETS -week's treatment-and have. it handy to use every night, Xmas week.

## The Shepherds' Gifts.

meanor towards such people, always These quaint verses of the Nativity are translated from the old German by the Rev. R. L. Gales, and are publish-ed in the Christmas Number of the Vineyard, with illustrations. The two

> DAMON: And I will give to the Baby fair A gentle, timid, snow white hair, Bold he will to the Cradle come, And frisk and frolic and dance and

And I will bring a doggie small That will please the Christ Child best of all. He dances well on his hind legs,

DAMON: will bring a cock with plumage

ETHEL BLOUNT.

Always line a cake pan with me dium-weight yellow paper. Grease the paper, not the pan, except the edg's. When roasting meat add just a few

A spoonful of oxgall to a gallon of with vanilla ice cream, poured over water will set the colors of almost any

## Christmas Makes Me Think. Ull

priceless gifts of salvation. Peace with God, a pure conscience, a clear

ory he treasured most in all his life. He told of a call he made when a young pastor at the home of an old

Christian. The old man's reply was: "It is no use to talk to me, I am too old; but if you can do anything for

Tom, spend your time on him." Tom was the most helpless case in town

took him to his house and put him in a clean bed. When Tom awoke from

his stupor his rags were gone and there came a new life. Many, many

years after the Bishop came back to

ence. He was entertained at one of the wealthy houses of the town; his nost was one of the most honoured

and influential citizens. It was Tom but Tom transformed by saving grace

and power changed by the Christ of Christmas. The cure of the soul is

greater than that of the body. The re-instatement of manhood is better than

riches, but often Christianity brings both. Godliness is profitable, having the promise of this life as well as the

life to come.

Marvelous the changes when the vision of the Christ is seen by the soul. A rough sailor went into a half in Boston where the great painting, "Christ before Pliate," was being exhibited. He gazed upon the wounds till tears came to his eyes and a new ision appeared. He went out a changed man to live a changed life. That story of St. Francis of Assissi is hrilling to Protestant and Catholic alike. He was a handsome youth.

alike. He was a handsome youth, his home a merchant's palace, his days spent in the hunt, his evening's with courtiers, but one day he saw the

Christ vision that changed his life. He visits Rome to fling his purse on the

floor of St. Peter's and to put on the garb of poverty; with liberal fidelity he flung away shoes, staff and purse Rich young men follow him and they

live in poverty and simplicity. They begged their bread, tended the sick and dying. St. Francis literally work himself out in service and died on the service and died on the

done my part—and now may Christ teach you to do yours." Well for us

all if when dying we may have this to say. Oh, that this Christmastide

may mean to many vision and vic-

sculptors of life are we to stand

With our souls uncarved before us

Vaiting the hour when at God's com

Our life dream passes o'er us; If we carve it then on the shapless

Our lives that angel vision,

Indigestion & Dyspepsia

In all its Forms can be Cured.

It is quite a daily occurrence to ear persons say: Oh, what a feeling

f distress I have after meals, fullness

of the stomach, heaviness and head

iche, I feel too tired to do anything

have no heart to exert myself and a

times I care for nothing. I often have

my life seems a veritable burden.

Now, it seems a shame and a pity
for persons to be suffering like that
when it is in their power to get cured
by taking a Bottle of Dr. Stafford's

Drescription A sure cure for per-

Prescription A. A sure cure for persons afflicted with stomach troubles

When napkins or tablecloths ba

ome worn they may be utilized for

made into bibs it is well to make them

A delicious stuffing for baked fish is

seasoning with salt, pepper and such

DR. F. STAFFORD & SON,

It can be obtained at

With many a sharp incision

Wesley Parsonage, Trenton, N. Y.

the bare earth, exclaiming; .:

this town to hold an Annual Confer

Christmas is the festival of the heart—a time when goodwill, friendliness, kindness and love prevail everywhere. The Prince in his palace, the peasant in his cottage, all alike feel at this time the thrill of warm feeling towards the brother man. Christmas comes but once a year and when it comes away with selfishness and hatred, with harshness and unkindness! Ring out the Wrong! Ring in the Right! Good-bye the Herods of the Earth! Welcome the Wise Men from the East and from every clime who came in search of Him of whom Moses and the prophets spake. Hail, Thou Babe of Bethlehem! All Hail, Thou Christ of the Ages, the Desire of all Nations!

Christmas is also a festival of recol-Christmas is also a festival of recol-

Christmas is also a testival of lection. It makes us think, and just heart, a peaceful mind and a bright now I am carried away in thought to hope of heaven. The religion of Jesus movements come wonderful cures can see Lash's windows and its luscious cakes, and Ayre's with a window full of Christmas cakes decorated gorgeously, and Father Christmas adorning each one with his image. Flackwood's windows—what a signt they were to the boys—with wealth of ory he treasured most in all his spinning tops, and bugles, and drums, and a thousand other things. I have been in the great Xmas stores of Philadelphia, recently, and they are immense, but with all their charms they do not touch the spot like the Xmas shops of Water Street in the

Christmas makes me think of man; drunken, ragged, a loater. He went things. Of history! It was when Mr. after Tom and found him drunk. He Nichols taught us in the Old Academy fook him to his house and put him in that we went over time and again of that event which turned the tide of Anglo-Saxon History, namely. William the Conqueror was crowned King at Westminister on Christmas Day, 1066. Christmas makes me think of things the poets sang. Here Pheb: Carey as she sang:-

Be merry all, be merry all, With holly dress the festive hall; Prepare the song, the feast and al. To welcome Merry Christmas." dear Tennyson:

"The time draws near the birth

The moon is hid, the night is still; The Christmas bells from hill to Answer each other in the mist.

and Longfellow:-"I hear the bells on Christmas Day Their old familiar Carols play, And wild and sweet. The words repeat

Of peace on earth, goodwill to men! and Wesley :-

"Hark, the herald angels sing, Glory to the new-born King; Peace on earth and mercy mild God and sinners reconciled."

But beyond these things Christn thoughts and a meditations go down deeper and they make me think of what Christ and Christianity his brought to this sin cursed world. Christ came upon the scene of human we and suffering and lived ac for himself but for others—giving u

A wealthy woman in New York fol lows His example by giving her fer the outcast. One day she got hold of a poor outcast girl. She led he Christ and then took nome to die. As Delia was dying sh wrote to her old friends some prison—about the Saviour she nac found. Those out of prison she in constant procession upon the stail way of outcast women and men who came to see her. Before she died th outcast Delia had led one hundred most hopeless men and women to

Christ's coming gave a new concep tion to life and duty. His teaching smite hard the idea that to live is t gain all you can and keep all you can and serve self all you can. A servant of God died sometime since and there was much sorrow at his funeral. Said one: "Those children sitting there weeping are the orphans of a friend. He gave them a home that crippled girl lived with their for years; the young fellow who i weeping so bitterly was a waif the he rescued from the slums of the city. A neighbour remarked after the burail: "So poor Gould is dead; h left a poor account, not a penny mon than he got from his father. Now, started with nothing, and look here, own down to the stream. . . . M. purpose was to die worth twent thousand pounds. I wasted no money on churches, sick people, paupers and books. I own to the stream and that land and fields and stock in the barn are worth twenty thousand." This man died and was buried after awhile and he left a daughter a drudge, on son had died in prison, and the other was a miser. At his funeral no tears were shed. He lived for himself and

other lived a life worthy of the poet's Duckworth Street and Theatre Hill. "His life grew fragrant with the in Small size, 25 cents; postage, 5c extra; large size, 50 cents; postage and weary folk who passed him on 10c. extra. Mail orders must be acthe street Saw Christ's love beam from out the companied by remittance.-oct29,1m.

And had new confidence in God and

died unloved, unwept, unsung! One man lived and died a misanthrope, the

Christ came to bring good gifts to men, but not those of silver and gold or costly pearl or precious stone.

A great wedding took place in Philadelphia sometime ago. The people were wealthy and the gifts ocstowed upon the bride passeth almost the power to believe or imagine. The presents embraced one country house with ninety-two acres of ground rope of diamonds; diamond and pearl necklace; diamond pendant; diamond and personal recommendations.

HAS ARRIVED, viz.: TURKEYS, CHICKEN,

DUCKS. GEESE, All selected Birds, and in excellent condition.

TABLE NUTS. season's gathering, viz.: BRAZILIAN. ALMOND. BARCELONA, NAPLES WALNUTS.

Frutella, Table Dainty and Malaga Table Raisins. Shelled Walnuts. Shelled Almonds. ... 12c. pkt. Pure Gold Icings

### **Farrows Garden Green Peas in Boiling Bags**

Bird's Custard .. .. . . 12c. pkt. Christmas Stockings .. . . 3c. up Caby's Christmas Crackers,

Valencia Oranges.

Golden Russet Apples.

Broad Figs .. .. .. .. 15e, box Seeded Raisins, 11b. box, 12c. Flavoring Essences, 7c., 10c., 15c. bot. up.

## Mas-De-La-Ville Non-Alcholic French Wines,

grown, not manufactured, have them on your table for Xmas, 40c. and 50c. quart Bottle.

Florida Oranges, 40 & 50c. doz. Almeria Cluster Grapes.

Fresh Halifax Sausages. 10 lb. Parsnips .. .. .. .. 25c. 10 1b. Beets ..... 25c.

Stuff your Turkey with SEALSHIPT BLUE POINT OYSTERS-\$1.00 qt., 50c. pt.

Moir's and Ganong's Chocolates in large fancy boxes.

COP. EAGAN, Duckworth St., & Queen's Rd.

## WE'RE EASY!

Five Dollar Greenbacks are Burning Holes in Our Pockets

## Do You Want One?

Save the Alphabet Cards in all Pound Packets of Union Blend Tea, bring to us and get the money

## de FOREST TEA CO'Y.

Not Too Late. | RHEUMATISM RHEUMATISM DON'T WORRY any more about

## Sloan's Liniment.

Price: 25 cents

And watch what will happen by following directions. Orders flowing in every hour from North, South, East and West for the wonderful cure (Sloan's Liniment)

Price: cents

## I. J. ST. JOHN, Sole Agent, St. John's, East.

### Swelled Head!

Is not affected by Magic Headache Powders, but a bursting headache rields almost instantly to the magic affuence of this Headache Cure. Lalies in offices and stores find that one Powder gives immediate relief. W. T. COURTENAY, cor. Duckworth and Prescott Streets.-dec7,tf

## Fogota on Fire.

a pain in the pit of my stomach, no appetite, my heart beats rapidly on the slightest exertion. I feel just as tired when rising in the morning as when retiring to bed. My sleep is often disturbed, and I often awake with a sense of suffocation and a difficulty of again going to sleep. I have to be careful of what I eat, and my life seems a veritable burden. This morning at 4.30, a passenge on the Fogota named George Hutchings woke up to find smoke filling the steerage of the ship. He was almost smothered with it, and the watchman on the ship getting the smell of burning wood at the same time, on investigating found the steerage room on fire, and making his way in through the smoke found Hutchings lying in his berth over come with it. He quickly brought the man out on deci and arousing the rest of the crew despatched one of their or a doctor. Const. Devine happen ed to be passing near the premises then and hearing the commotion ran on board and applying his knowledge of first aid in a practical manner of first aid in a practical manner soon revived the man. In the meantime the police were notified at the lockup, and Sergt. Mackey with Constable Lawlor and Supt. Dunn were quickly on board the ship, and a stream of water directed on the burning apartment soon had the fire under control. The place was badly damaged and the origin of the fire could not be ascertained. bibs or soft towels for the baby. When made by browning a cupful of bread crumbs with a tablespoonful of butter,

## Springdale School.

The annual prize giving took place resterday afternoon at Springdale School. Mr. P. G Butler, the Prince school. Mr. P. G Butler, the Principal, was presented with an address and a walking stick by the pupils. After the reading of the annual report Mrs. Dunfield distributed the prizes. A vote of thanks was proposed by the Rev. J. Brinton, to which Rev. Canon Dunfield responded in suitable terms.

### Here and There.

CAME TO HOSPITAL. — There came by the Fogota yesterday Miss Boland, a resident of Pinchard's Island. She suffers from epilepsy and had several seizures on the ship. She was taken in the ambulance to the Hospital for treatment.

CARD TOURNAMENT .- About 150 players took part in the card tourna-ment last night at the Central Amusement Club room. The prizes were won by J. Whelan, J. O'Neil, J. Pow-er, E. Wentzell, J. Kelly, G. Butt, G. Tulk, M. Peddie and W. Chasity.

IN DANGEROUS POSITION.—Just before 6 p.m. yesterday Constable Mercer found an outport man lying on Plymouth Road, in one of its darkest parts, unconscious from an overdose of alcohol. Had a horse driven by it would have gone over him and killed him. His own team was stopped some distance away, and the officer put the man in the station and his team in Kavanagh's stable.

#### rade Asaya-Neurall Mar Nervous Exhaustion

Whipping an exhausted nerve system with alcoholic stimulants only shortens the road to physical collapse. The only remedy is Food, Rest and nerve repair. "ASAVA-NEURALL" is and makes possible this cure. It feeds the nerves, induces sleep, improves the appetite and digestion; and soon full nerve vigor is regained. \$1.50 per bottle. Obtain from the local agent.

M. CONNORS.

It was one of these experimental farmers, who put green spectacles on his cow and fed her shavings. His theory was that it didn't matter what the cow ate so long as she was ted. The questions of digestion and nourishment had not entered into his calculations.

It's only a "tenderloot" farmer that would try such an experiment with a cow. But many a farmer feeds himself regardless of digestion and nutrition. He might almost as well eat shavings for all the good he gets out of his food. The result is that the stomach grows "weak" the action of the organs of digestion and nutrition are impaired and the man suffers the miseries of dyspepsia and the agonies of nervousness.

To strengthen the stomach, restore the activity of the organs of disection and nutrition and brace up the nerves, use Dr. Pierce's Golden Medical Discovery. It is an unfailing remedy, and has the confidence of physicians as well as the praise of thousands healed by its use.

In the strictest sense "Golden Medical Discovery" is a temperance medicine. It contains neither intoxicants nor narcotics, and is as free from alcohol as from opium, cocaine and other dangerous drugs. All ingredients printed on its outside wrapper.

Dou't let a dealer delude you for his own profit. There is no medicine for stomach, liver and blood "just as good" as "Golden Medical Discovery."

make perfect stew of tough beef cut it into small pieces, weigh-

A chocolate sauce, such as is served ing about half an ounce, and cook or lady fingers, makes a simple and tasty goods soaked in it previous to wash-

# The Tenderfoot Farmer

love at the moment.

It is a poor rule that doesn't work

say to you about another person, it's

Of course there are a few excen-

But on the whole I think it's a pret-

ty safe rule to go by, and that anyone

of sense, whatever his outward de-

mentally hangs a "Beware of the dog"

Ruth Cameron

tions to this as to all rules.

drum. HALTON: Fetches and carries and finds and

> bright, With crest and spurs like an armoured Half wild with joy the Child will go To see him flap his wings and crow

lrops of vinegar to the water used for asting to make the meat more ten-

is HEALTH and STRENGTH in every cup of Children thrive on "EPPS'S."

GRATEFUL AND COMFORTING