

About the House

Useful Hints and General Information for the Busy Housewife

Selected Recipes.

Fried Tomatoes.—Cut tomatoes in quarters lengthwise; season with salt and pepper, dip in batter and fry in deep fat.

Cream Cheese Salad.—Form cream or Neufchatel cheeses into balls of size and shape of birds' eggs. Sprinkle with few grains of red pepper. Serve in nests of lettuce leaves on individual salad plates, garnished with radish flower and dressed with mayonnaise, French dressing or whipped cream.

A Culinary Secret.—Delicious pie crust is the pride of one woman's life, and this is her recipe for securing it: She uses hot water instead of cold and puts the soda and cream tartar in the flour, then she stirs the hot water into it. Melted butter and lard is then added. This is easily made and is as light as can be.

Chicken With Cauliflower.—Separate chicken into pieces for frying and parboil. Drain and set aside after seasoning with salt, pepper and a little onion and lemon juice. Drain again, roll in flour and saute in hot fat. When tender and well browned arrange in serving dish, garnished with floweret of hot boiled cauliflower. Serve with cream sauce.

English Muffins.—Take 2 cups of bread flour, 4 1/2 teaspoonsful of sugar, and 1/2 teaspoonful of salt. Mix together and sift well. Work in 4 tablespoonsful of butter, then add 2 beaten eggs, and 1/2 cup thin cream. Roll to 3/4 inch in thickness and brush with beaten white of egg. Sprinkle over with sugar and bake for 15 minutes. This is the original English recipe. Serve hot.

Date Sandwiches.—Bread and butter is good for a child's lunch, but it becomes dry and tasteless if it stands too long in the tiny basket. Most women buy rolls of waxed paper, and

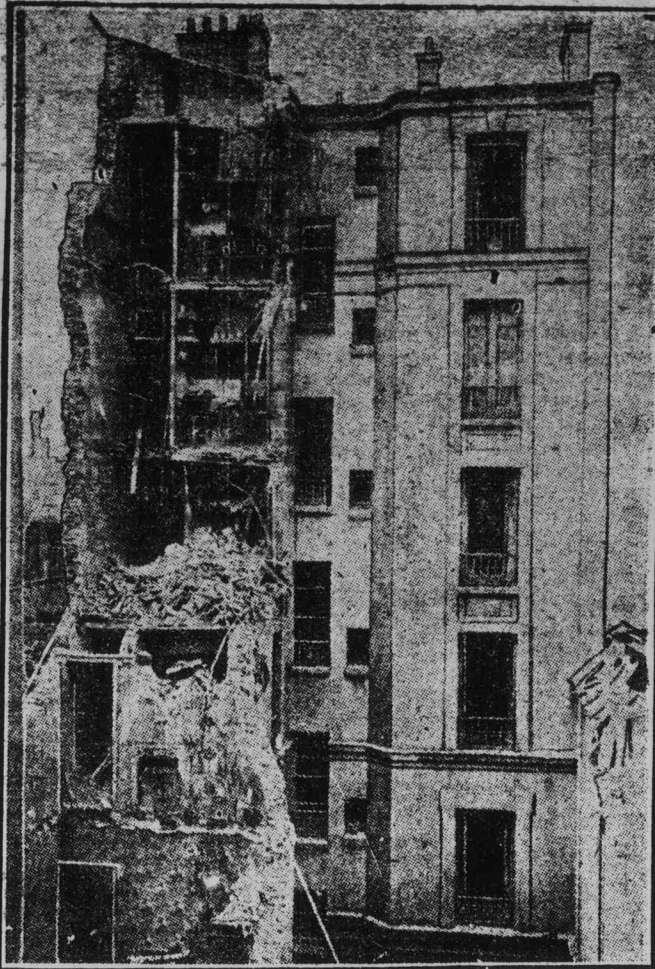
To keep old potatoes from turning dark when boiling add a tablespoonful of sweet milk to the water in which they are boiled.

Fire Prevention in the Home.

Carelessness is credited with seventy-five per cent. of Canada's enormous fire loss. During 1915 no fewer than 676 fires occurred in dwelling houses. Of this number it is safe to say that a great majority were attributed to the threadbare excuse "cause unknown." Were the cause of many of these fires correctly reported, it would be "careless and untidy housekeeping."

Clean-up day is as necessary inside the house as out. Closets, attics and other out-of-the-way places harbor accumulations of old clothes, discarded furniture, books, waste paper, etc., all greatly increasing the fire hazard. Matches left in the pockets of clothes may easily ignite from friction in swinging against a wall. Sparks from a crack in the chimney passing through an attic may start a fire among the contents. Defective stove-pipes and flues, accumulations of dust, etc., in hot air pipes, wood and inflammable material too near furnaces, are constantly causing fires in dwelling houses.

Canada cannot afford to continue this enormous sacrifice of her created resources. An average annual fire loss of approximately \$23,000,000 for the past five years constitutes the blackest record of any country in the world. When all our power, both financial and physical, is required for the great task in hand, the housewives in Canada should carefully and consistently clean up their homes, remedy all dangerous conditions, remove inflammable material assist in reducing the enormous drain which is taxing the financial resources of our people and our country.



Barbaric German Kultur as Seen in Paris.

A five-story dwelling-house ripped from top to bottom by a bomb in the recent Zeppelin attack on Paris; an example of the barbarism and military futility of German air raids.

sport suits are many of silk jersey, or, as it is perhaps more generally known, Italian silk. These suits are often made with coat of plain color, emerald green, for instance, worn with a hat of black and white cream serge too, and with coat of light blue. The collar and cuffs are of the silk. The hats of other materials with all types of ribbons and bows in spite of the fact that in blouse and jacket they are shown just as much as in sport suits. This is another practical and economical notion.

Charming Sport Blouses. Simplicity of cut, combined with the daintiest possible of linen, voile, or



Plain Coat and Striped Skirt.

gandy, or tub silk is the recipe for the most popular of the summer blouses, to wear with tailored suit, sport coat, or separate skirt. One of the prettiest seen this season was fashioned of a pale pink figured batiste having deep cuffs and sailor collar of white. It was made with open throat and was closed down the front with a white silk cord slipped under a tab on either side of the blouse. The colored lawn and organdy blouse is growing in favor, in fact the colored waist seems to be taking preference over the plain white waist to a marked degree. There is something particularly pleasing about a softly tinted blouse of crepe de Chine, Georgette, or of the new wash fabrics, combined with a tailored suit, that makes its appeal to all. Strictly tailored linen waists of white for morning or sports wear are usually smart and much in vogue, but for the tailored suit and more dressy wear, the tinted blouse is the favorite. There are any number of attractive middie blouses for all sorts

of summer daytime wear. Often-times these are made of the same material and color as the skirt, thereby forming a complete costume and again they are of a contrasting color and material to wear with various skirts.

Attractive Hats. In compliance with Fashion's decree, that sport clothing be supremely favored, the hat shops are putting forth many attractive, severe little hats which may be appropriately worn with either tailored or sport suit. Many of these are hand-made fabric hats with just a bit of a ribbon, a bow or ornament, by way of trimming. Some chic models of cretonne and others of ratine in soft colorings, are essentially sport hats, our hats of braid may be worn with either tailored suit or sport costume. Angora braid is one of the most effective of the new braids, in white or a soft color, combined with hemp or Milan. The shiny braids are much in vogue for early tailored wear, in black or colors, trimmed with flowers or ribbon. Patent leather and varnished foliage is most effective for trimming these glazed hats.

These patterns may be obtained at your local McCall dealer or from the McCall Company, Department W., 70 Bond St., Toronto, Ontario.

One Result of the War. A delightful old lady of a little town in Nebraska was discovered one morning in the act of killing a chicken. "Why, Mrs. Brown, I thought that you were afraid to kill a chicken," said a neighbor in surprise. "Yes, deary, I did useteh be, but since the war broke out I've done it right smart." "I don't just understand you; what does the war have to do with it?" "Well, you see, it's this way; I useter think that bloodshed was an awful thing, but since I've been readin' about all them men-killin' in Europe I just get a rooster by the feet, lay his head on the block and say to myself, 'Now, Sarah, 'tain't near so bad as killin' a man. Where's your nerve?' And then I just shut my eyes and whack."

A Blooming Kangaroo. Although the bravery of our Australian troops is beyond all question, their ideas on discipline vary considerably from those held by soldiers at home. An Australian general, accompanied by his staff, was making an inspection in the trenches "somewhere in Gallipoli" when they came across a wounded private, who was calmly hopping his way to the dressing-station, with a bullet in his foot. When the private saw the general, he promptly hailed him. "Hi, general!" he shouted. The officers looked round in amazement to see who called, whereupon the private added, as he hopped on: "Hi, general I'm a bloomin' kangaroo now all right, ain't I?"

Different. Jonnie just got his finger jammed in the door. Gracious, what door? The pantry door. Ah-ha! He didn't get the kind of jam he was looking for that time.

Tommy—"Pa what is a Free-thinker?" Pa—"A Free-thinker, my son, is any man who isn't married!" "When my wife starts talking on an embarrassing subject I always change it." "I've tried that with my wife, but it was no go. She simply exhausted the new subject and then took up the old one where she left off."

The Strain Upon Faith.

Days Which Witness the Greatest Struggle in Lands of the Highest Civilization

"Now faith is the substance of things hoped for, the evidence of things not seen."—Hebrews, ii, 1.

The other day I heard a man who twenty-five years ago seemed the incarnation of vigorous faith, but today talks a poor, vicious pessimism. There are men who fight splendidly when the response is quick, but who cannot lead what they call a forlorn hope. They fail because they are fundamentally weak in faith. They become backward looking men. The men who permanently help are the men who believe are the men who hope. They are hopeful because they are in the struggle, not out of it. They feel the burden of the world, and try to carry it. It is "the battle of the gods" which, before it came, Cram, the English historian, declared was to be inevitable. This struggle affects all life. The strain upon faith has all the dead drag of

A Measureless Weight.

It is well to remember, however, that there is a court of last resort within the soul. However hard it be to prove the authority of faith in words, it is hard to prove it in terms of life. Faith never was faith that rested only on what is seen. We men who fling our gaze out beyond the stars, to spaces beyond all vision, are not going to limit our knowledge to things that lie this side the moon. The moon is not the stepping stone to things beyond. Likewise we carry within our souls something that reaches as last the throne of God. No man who is true to himself, and to other

darkness there he is bound to come to the light.

We speak of reverence of Jesus Christ to-day in these stern times because somehow we feel that in Him we men find One who speaks for our own inner faith. Whatever we may do in our passion and hate, whatever bitter cup we may press to the lips of earth, we know that behind the veil and below the strife that eats its fill of death there is a faith that nothing can crush. His faith is greater than his error.

Sins, in the field and trench, from the back to the Christ, to the inner hope and faith, refuse to die. And many a man has found his faith in these hard days who had lost it in other and easier times. Evidently, from the beginning of the world, human hearts have not had easy sailing. We do not inherit our deepest wisdom. We fall heir to knowledge, to facts, to our possessions, but not to the wisdom of life. This we must learn. Fundamentally it is all a question of what we are in the inner heart of us. That is the reason why faith is not dependent on outward things, such as success and prosperity and easy sailing and congenial fellowships and work under soft conditions. Heaven does not run the world on an eight hour day, with long vacations. The greatest lives have generally fallen below their own plans. The most satisfactory man is not satisfactory to himself. He is in reality larger and longs for more than he is or has.—Rev. Pas-cal Harrower.

THE SUNDAY LESSON

INTERNATIONAL LESSON, APRIL 2.

Second Quarter. Lesson I.—Conversion of Saul—Acts 9. 1-31. Golden Text: I Tim. 1: 15.

Verse 1. Threatening, by which he strove to make them blaspheme (Acts 26: 11); slaughter, when he failed, as the imperfect tense in that passage suggests he generally did. The high priest—Caiaphas, whose adroit subservience to the Romans kept him in office till A.D. 37; he was the Jewish "Vicar of Bray." 2. By imperial decree, the high priest and Sanhedrin had jurisdiction over Jews in foreign cities to the same extent as they had in Jerusalem. The Way—More fully "the Way of the Lord," "of God," "of salvation." Often in Acts, as here, it has become a technical term standing alone, appropriate to a religion which consisted in a pilgrim's progress to God along "a true and living way" (compare John 14: 6).

3. Paul's own story must be carefully compared, in Acts 22: 6-12 and 26: 12-19. The surface differences are absurdly easy to harmonize. If Luke had been writing fiction, he would have had the sense to be obviously consistent. The repetition is due to the special purposes with which the story is told. Shone—The verb means literally lightened. That the other men knew of nothing but a lightning flash and peal of thunder is likely enough: it was only in Saul's case that they shaped themselves into a vision and a voice. A light—"Above the brightness of the sun" (Acts 26: 13) at noon (also Acts 22: 6).

4. He fell, with the others (Acts 26: 14), who, however, quickly recovered (verse 7). Saul—The form of the name is not Graecized at all. So in Acts 26: 14 the voice is "in the Hebrew (that is, Aramaic) language." The doubling of the name is quite characteristic of Jesus. Compare his "Martha, Martha," "Jerusalem, Jerusalem," and rather similarly "Verily, verily," "yea, yea." Me—Compare Luke 10: 16; also John 15: 20.

5. Who art thou?—This is consistent with the probable fact that Saul had seen Jesus on earth, and joined in the "persecution" which had its climax on Calvary. He might well fail at first to see that the glorious Face was really the same as that one "marred beyond any man's" on which he had looked "with what bitter triumph" so lately.

6. It Acts 26: 16-18 the Lord's words are expanded by incorporating his own commentary received by Paul in his own within the days of darkness and heart-searching. Must—It is deeply significant that this great little word begins Paul's new life. Even as persecutor he had followed, what he thought to be duty (Acts 26: 9), for him truly the "stern daughter of the voice of God." The (Greek) concordance will strikingly show how the human life of Jesus was ruled from first (Luke 2: 49) to last (Luke 17: 25, etc.) by the must.

7. Hearing the sound (margin)—The noun is the same as voice in verse 4, but in a different case which in this context is significant. They thought it had thundered, like the multitude in John 12: 29.

9. Three days—Till the appointed time for a resurrection.

10. Behold, I—A literal rendering of the Hebrew idiom, used by Luke from his fondness for Old Testament phrase.

11. Straight—There is still a street in this ancient city which goes straight through from the eastern gate.

17. Laying—A favorite Jewish symbolic action, adopted early in Christianity. It suggested to the mind—as it does among all sorts of people in all times—the passage of a quality or gift from one man to another. Thus it could signify the transference of sin to a victim, as in the ritual of the Scapegoat. In this case it suggested that Holy Spirit, manifestly possessed by Ananias, would pass to Saul; and the symbol helps the development of an appropriating faith. Saul—Again the Aramaic form. The Lord—Saul had thus addressed him (verse 5).

18. Scales—One of Luke's medical terms. As sight came to his physical eyes, his spiritual being was illuminated by the Holy Spirit, and he recognized how wrong he had been in opposing Christ. Was baptized—Another symbol that helps faith. The prominence of these symbols is not unconnected with the temperament of people who were specially susceptible to such appeals of the external. Even among Western people they have great effectiveness, and the continued use of them justifies itself by this fact. There are those to whom they do not appeal and this purely practical reason for using symbols does not make them essential to salvation.

PHOTOS OF KIN FOR TROOPS.

French Admire the British Y.M.C.A. Plan.

The system of the British Young Men's Christian Association, by which photographs of relatives are supplied whenever possible to any British soldier asking for them, is described with admiration by the Paris Figaro, which urges that something similar be undertaken for the French troops. Under the British plan it does not matter if a soldier in the trenches is too poor to buy such photographs or if the relatives themselves are too poor to have them taken. The association has a staff of photographers for the purpose and the aid of the British clergy as well.

Got Her Holiday.

This pleasant tale of matrimonial methods happened recently. The wife was negotiating with the husband for a holiday that would cost something. "Jane," he said, impressively, "I'd like to have you do it. I'd be glad to let you go." The wife looked her doubts as to whether this was quite the right tone for an affectionate man to take. "Yes, I'll be glad," he said, with conviction. "But the fact is, I can't do it. I have to take up a note for \$20,000 next week, and I can't spare a cent." The wife looked him up and down. "Very well. If you think the man who holds your note can make things any hotter for you than I can—very well, Josiah." She went for her holiday.

Jenkins—"It is a poor riddle that won't work both ways." Wilkins—"I don't know about that. You just say to a mother that she looks so like her daughter you could not tell them apart. Then try it on your daughter!"

Useful Hints.

Veal less than six weeks old should never be eaten.

Successful cake baking is the result of constant care.

Whole wheat bread is always best made up in very small loaves.

White potatoes or onions will last longer if kept in a wire basket.

A straight wide-mouthed pitcher is excellent for beating eggs in.

When one undergarment of a set wears out save it to patch the others.

Put a pinch of salt in the starch. It will prevent the irons from sticking.

Once a tin can is opened, the contents should never be returned to the can.

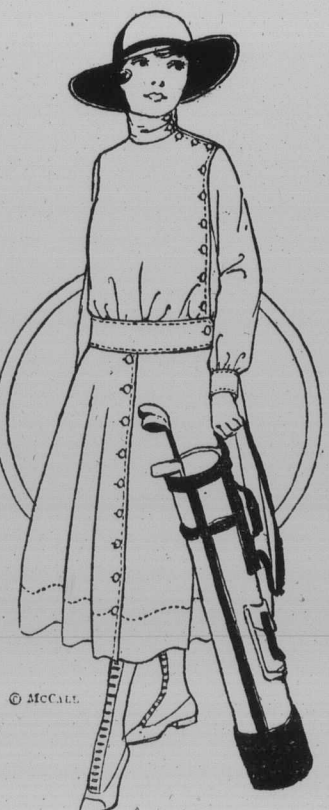
Soups and salads are much improved by the addition of a sprinkling of powdered clove.

To prevent fruit juices from rising over pies when making fruit pies, sprinkle a little carbonate of soda over the fruit before the top crust is put on. This will prevent the juice from rising over, which spoils both looks and taste of the best of pies.

When making muffins, cup cakes, cookies, or any batter which must be dropped, dip your spoon in milk before each spoonful and the batter will not stick.

If there is a bit of cold ham left over, chop fine, add an equal quantity of mashed potatoes and hold together with an egg. Shape like potato cakes and saute in butter.

Potatoes baked with their skins will always come out dry and mealy if a small piece be cut off one end to allow the steam of the potato to escape in the cooking.



A Middy Suit of Linen.

summer fields, the mountains and the shore, where some of us are fortunate enough to dream the summer through, and others are privileged to spend a playtime week or two.

Among the smartest of the new

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