

Stuffed Eggplant (requested).—Cut an eggplant into halves, and scoop out the flesh, leaving a rind thick enough to hold its place. Chop the flesh fine and mix with an equal amount of breadcrumbs, 2 eggs, 2 teaspoons melted butter, 1 teaspoon

Compared with other food materials, milk furnishes the nutritive ingredients in forms in which they may be easily and thoroughly digested by the normal healthy person, and often by those of impaired health. It has sometimes been called a "perfect" food. Although it contains too much water to be easily dried, its solids furnish a "perfect" food.

lives we write out a page in the Book of Life, and when one is old, he has a great deal of time in which he must look back and read over these pages, and when I am tormenting that hellish dog, it is just as if some unseen finger saffily turned the page of my life back at a certain point, and I was to find out