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# HOME CLUB

The Experience of One Farm Girl W HILE I do not see Farm and Dairy regularly, I have noticed the discussion which has been taking place on why girls leave the farm. "Just Me" asks why some of the farm girls do not give their experiences, so I will give mine.

I was born and brought up on a farm, the oldest girl in a large family. I had to begin work early. I did not get to school regularly and was taken from it altogether when I was 12 years of age. My mother had poor health for a long time and died when I was 16, after which I had everything to to me, helped for a couple of years, then she learned the dressmaking trade and went to Toronto where she

always made good wages.

I had the egg and fowl money with which to keep the house, myself and my little sister, who was only two years old, when mother died. I also had to buy stockings and underwear for my two youngest brothers. My mother had kept turkeys and geose, but my father had done away with them after her death, as he said they got into the grain. It was not easy got into the grain. It was not easy for me to make ends meet, but I watched for sales and remnants and my sister in Toronto always gave me her clothes when they were a little out of dack. These I would make over. She also gave my little sister the makings of a dress every year. I did not have a new hat for 18 years.

I kept my sister in school until she passed the entrance. When she was 17 I persuaded my oldest brother to her a business training, after which she also went to the city.

other sister was married by this time. My father was quite a wealthy farmer and considered very progressive. I have five brothers. To two of them he gave a high school education, to an other enough money to start a business in town and he gave a farm to each of the others. When the one to whom he gave the home farm murrie went to town and secured work which brings in more money for me in four months than I had on the farm in a year.

My advice to the girls on the farm s to leave as soon as they can. ns to reave as whom as tarty can: never had a holiday when there, and had to work much longer hours than now. I would have left long ago had it not been for my little sister, as I wanted to make things easier for her.

—"Sister Sarah."

Women From Cities Might Assist WAS glad to notice a request in a

recent issue of Farm and Dairy for Home Clubbers to discuss the question of help for farm women. I send along their opinions or experiences, as I think they should prove helpful to many of us.

Farm women are certainly working hard and bearing their share of the nard and bearing their snare of the burden out-of-doors as well as in the house, insofar as it is possible for them to do so. What rather surprises me, however, in connection with wo-men helping with outside work, is the attitude which the city press seems to take. For example, we are continually reading and seeing illustra-tions of the women of France who have taken hold of the farm work, many cases almost entirely. The slg nificant fact here is that city people seem to be under the impression that we in Canada are not doing our share when we do not get out in the fields, take charge of the sowing, cuitivating and harvesting of the crops. ever strike these city people, I won-der, that conditions in France and in Canada are altogether different? In France, farm holdings average, I understand, around 15 acres. Compare a farm of 15 acres to one containing

from 100 to 250 acres and we immeditely see an altogether different proposition.

With regard to the farmerettes ing out on our general and dairy farms, I cannot see where they can fill a very large place in this way. It is my opinson that the place for these girls would be in the farm home. Then they could do a great deal of the work which the farm woman now has to do, and the farm woman would be able to get outside more and help her husband at work which she knows something about. It is only logical to reason that a woman who has lived on a farm probably all her life, can assist with the farm work 100 per cent more efficiently than a girl from the who knows nothing about farm And surely the majority of girls who are willing to go on farms, know something about house work.

A better plan still, to my mind, would be a regular exodus of women from the cities out to our farm home By this I mean married women with homes of their own. Of course, there are a great many city women whose circumstances would make this impossible. On the other hand, there must be a goodly number, who by a certain amount of sacrifice, could come out and help us. For instance there is the woman whose family has grown up and left the home, leaving but her husband and herself. Then there is the woman who has no children. By a little rearranging would it not be possible for these husbands to "board out" for a while and thus release the wives for service on the farm. Again, there is the woman farm. Again, there is the v probably has a position of some kind in the city. Why could she not come out to the country and take a position in a farm home instead?

The reason, as I see it, why these women would be of much more assistance to the farm women than young girls, is that they already have experi ence in managing a house. time, therefore, they should be able to relieve the farm woman of a great many of her duties. The city girl who goes to business or to school every day has not had an opportunity to know very much concerning hous keeping. I would like to know what other Home Club members think of this idea.—"Aunt Flossie."

### A Refrigerator Without Ice

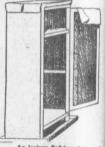
OW many of Our Folks would like to have a refrigerator that does not require ice? We imagine that all who are not in a position have ice will be interested in such a device. a device. Over a year ago we pub-lished an illustration of an iceless refrigerator and also directions for making same. As this is the season of ing same. As this is the control of the year when we find it hard to keep things cool and sweet, and as no doubt many of our readers bave forgotten the directions which we gave a year ago, herewith we are giving the information and diagram again, as we be lieve the scheme is well worth trying

The idea of this iceless refrigerator is to keep the food which is placed in it cool, by the evaporation of water. As evaporation takes place, the heat is taken from the inside of the refrigerator, thereby lowering the temperature of the inside and the contents. Here are instructions for mak-

A wooden frame is made with dimensions 42 x 16 x 14 inches and covered with screen wire, preferably the rust with screen wire, preferancy the rust-less type which costs liktle more than the ordinary kind. The door is made to fit closely and is mounted on hinges and can be fastened with a wooden latch. The bottom is fitted solid, but the top should be covered with screen wire. Adjustable shelves can be made of solid wood or strips, or sheets of galvanized metal. Shelves made of poultry netting on light wooden frames are probably the most desirable as they allow a free effculation of air. These shelves rest on side braces placed at desired intervals. A bread

baking pen 14 x 16 inches is placed on the top and the frame sits in a par 17 x 18 inches.

A cover of canton fiannel, burlay or duck is made to fit the frame part or duck is made to it the attain. Put the smooth side out if canton flannel is used. It will require about three yards of material. This cover is but tyards of material. This cover is toned around the top of the frame down the side on which the door is not hinged, using buggy hooks and eyes or large headed tacks and eyeless worked in the material. On the freat side arrange the hooks on the top of the door instead of on the frame and the door instead of on the frame and also fasten the cover down the late side or the door, allowing a wide hen of the material to overlap the place where the door closes. The door car where the door closes. The door cas then be opened without unbuttoning the cover. The bottom of the cover should extend down into the lower pa. Four double strips, which taper to eight or 10 inches in width, are seved to the upper part of the cover. These strips form wicks that dip over late the upper pan. These dimensions given a refrigerator of very convenient size for household use and one with effective approximation approximation of the convenient of the con cient evaporating surface. It m not



An Iceless Refrigerator.

ary to follow these dimension strictly, and if a larger capacity is desired, the height of the refrigerator can be increased.

The upper pan must be kept filled with water. The water is drawn by capillary attraction through the wick and saturates the cover. Capillary action starts more readily if the cover is first dampened by dipping it into water or throwing water upon it with the hand. The greater the rate of evaporation, the lower the temperature which can be secured; therefore the refrigerator works best when rapid evaporation takes place. When the refrigerator is placed in a shady place in a strong breeze and the air is warm and dry, evaporation takes place con-tinuously and rapidly and the temperature inside the refrigerator is reduced

An attractive appearance can be co tained and also the refrigerator will be easily kept clean, by applying two coats of white paint and one or two work. The screen wire may also receive the coate of enamel, which will prevent it from rusting. The refriger-tor should be regularly cleaned as sunned. It is a good idea to have two covers, so that a fresh one can be put on frequently while the other is being washed and sunned.

While the rhubarb is plentiful as of good quality, is a good time to pai it away for pies in the winter. Wash and cut the stalks into small pieces. Pour boiling water over the fruit and drain immediately. Then plunge into firmly in well sterilized jars. Fill up jars completely with boiling water. Put on rubbers and tops and seal at once. When wanted pour off the water and use as fresh rhubarb. This is one way of having pies in winter at little cost, except for sugar, and it is well worth our while to make this preJuly 25, 191

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