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OR,

Bless us, O Lord, in what we are going to receive, and make us truly thankful: for Jesus Christs' sake. Amen.

Grace after Meals.

For this and all his goodness, God's holy name be praised, through Christ our Lord. Amen.

OR,

GRACIOUS God, may be food which we have received strengthen our bodies; and may thy Holy Spirit strengthen and refresh our souls, for Jesus Christ's sake. Amen.

A Prayer on entering Church.

Pour down upon me, O Lord, and upon this congregation, the Spirit of grace and of supplication. May we worship thee in spirit and in truth; and hear and receive thy holy word to the salvation of our souls: through Jesus Christ our Saviour. Amen.