

ECONOMICAL LUNCH

Take a few Oxo Cubes and save the expense of lunching out. A cup of Oxo and a few biscuits, or a sandwich, make a light inexpensive meal which will keep you satisfied and clear-headed until your next repast.

A cup of Oxo is always good. It can be made with an Oxo Cube and hot water with very little trouble. When you reach home after a hard day at the office, a cup of hot Oxo will do you ever so much good, and lessen the risk of a chill.

An Oxo Cube in a glass of hot milk makes a pleasant change

A Cube to a Cup



It Doesn't Pay

to buy inferior articles for home use, no matter how small the article is. With matches, as with everything else, it pays to buy the best.

Eddy's Silent Parlor Matches

will save your time and temper, for they are good strikers - safe, sure and silent.

ALWAYS ASK FOR

EDDY'S



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man and that accounts for his being so late. I've no doubt he'll make Devine's

before dawn, though. A good thing he was going there, anyway!"

"It was kind of him to take my parcels on," said Madge. "Oh, thank heaven those dogs threw me out just where they did!"

"They must have caught a glimpse of

'The Windigo.' Well-he was real after The girl leaned her head against the

old hermit's shoulder. "Poor uncle," she murmured, softly.
"And you say he'll get better?"
"Not a doubt of it. I know of a number of like cases. Won't this be a happy

Christmas for your father, though!" For us all! You'll spend it with us at the post, won't you?'

And underneath the parka Macpherson's hand sought Madge's mittened one as he softly said: "Well, rather."

The Country School as a Community Centre

By Robert J. C. Stead

Nations are built in the public schools. The ideals set up by the school teacher remain very largely the ideals of the pupil throughout life, and his conception of patriotism will be what he has been taught during his school years. It is not too much to say that the present world war is due to a difference of ideals fos- and the country school is the natural tered by different systems of education. meeting place.

Great as is the importance of the

tutional fights have hinged upon the sys-

and out of them has arisen a public

and more densely settled communities.

centre of education; it is also the reli-

During the week days the school teacher furnishes education to the children of

the neighborhood, but on Sunday the

missionary holds his services, which all

attend regardless of creed or nationality,

and on week nights the building is used

for meetings of farmers, for the various

community societies, for the Red Cross

or Patriotic Club, and for purely social

events such as debates, concerts and

dances. To facilitate the latter, it may

be noted that many country school-

houses use removable desks which the

willing hands of the farmer's boys quickly dispose of whenever there is a dance in prospect.

Another phase of community work associated with the rural school which has been coming into prominence during the last few years, is the supply of books to settlers in the district. This work is encouraged and assisted by the central department of education, which provides catalogues of books suitable for such purposes, the actual selection being left to the teacher. The number of books allotted to a school district is based on the report of the inspector of schools. In the Province of Alberta, although this school library movement is only in its infancy, no less than 110,000 books were supplied for this purpose last year at a cost of some \$30,000. Educationists of the province look forward to the time when every school district will be a library centre, giving to the settlers the facilities now afforded to residents of cities and towns through their public libraries. The prosperity which has almost overwhelmed rural Alberta in the last two years, when farmers have been reaping enormous crops and selling them at the highest figures in history, promises to contribute still further to the importance of the rural school as a social centre. With every farmer driving his own automobile, the opportunities for social gatherings are greatly increased,

Impressive Stationery

E can supply you with the kind of stationery that is at once dignified and appropriate. We specialize on Wedding Stationery, Society Printing and Engraving, and::::::

SEASONABLE GREETING CARDS One trial order means a regular customer

Stovel Company Ltd.

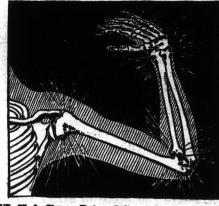
PRINTERS AND LITHOGRAPHERS BLDG. ON BANNATYNE AVE., FROM DAGMAR TO ELLEN STS WINNIPEG, MANITOBA

Rheumatism

Remarkable Home Cure Given by One Who Had It—He Wants Every Sufferer to Benefit.

Send No Money-Just Your Address.

Years of awful suffering and misery have taught this man, Mark H. Jackson of Syracuse, New York, how terrible an enemy to human happiness rheumatism is, and have given him sympathy with all unfortunates who are within its grasp. He wants every rheumatic victim to know how he was cured. Read what he says:



*I Had Sharp Pains Like Lightning Flashes Shooting Through My Joints."

Shooting Through My Joints."

"In the spring of 1893 I was attacked by Muscular and Inflammatory Rheumatism. I suffered as only those who have it know, for over three years. I tried remedy after remedy, and doctor after doctor, but such relief as I received was only temporary. Finally, I found a remedy that cured me completely, and it has never returned. I have given it to a number who were terribly afflicted and even bedridden with Rheumatism, and it effected a cure in every case.

I want every sufferer from any form of rhetematic trouble to try this marvelous healing pow address and I will send it free to try. After 1 m have used it and it has proven itself to be it at long-looked-for means of curing your Rheumatism, you may send the price of it, one dollar, but, understand, I do not want your money unless you are perfectly satisfied to send it. Isn't that fair? Why suffer any longer when positive relief is thus offered you free? Don't delay. Write today. MARK H. JACKSON, No. 863C Gurney Bidg., Syracuse, N. Y."

Mr. Jackson is responsible. Above statement 'rue.—Pub.

British official photograph snowing a patient scene on the La basset from A financial horse, the mount of a British officer, is standing at the edge of a dug-out, where the British officer has gone, never to return. An unfamiliar hand will lead him away from the scene of his master's death. The horse has a grieved look. Many animals have been known to pine away in sorrow for their masters. A New Heart

British official photograph showing a pathetic scene on the La Bassee front. A handsome

public school in old and well established countries, this importance is even greater An anecdote published many years in the new lands which are being called ago of the Indian chief Teedyuscung, upon to assimilate populations from the king of the Delawares, is too valuable more congested countries. It is worthy to be lost. "One evening he was sitof note that in Western Canada, which ting at the fireside of a friend. Both may be cited as a case in point of a of them were silently looking at the country which is called upon to assimifire, indulging their own reflections. At late a population of many races, some of length the silence was broken by the the most strenuous political and constifriend, who said: 'I will tell thee what have been thinking of. I have been tems of public education. These fights, thinking of a rule delivered by the auhowever, were not without their purpose, thor of the Christian religion, which, from its excellence, we call the Golden school policy well calculated to meet the Rule.' 'Stop,' said Teedyuscung; 'don't needs of a new and rapidly growing praise it to me, but rather tell me what country. In such a country the public it is, and let me think for myself. I school has to take on functions not do not wish you to tell me of its exusually associated with it in the older cellence, tell me what it is.' 'It is for one man to do to another as he would The prairie schoolhouse is not merely a have the other do to him.' 'That's impossible. It cannot be done, Teedyuscung immediately replied. Silence gious and social centre of the district. again ensued. Teedyuscung lighted his pipe, and walked about the room. In about a quarter of an hour he came to his friend with smiling countenance, and taking the pipe from his mouth, said: Brother, I have been thoughtful of what you told me. If the Great Spirit that made man would give him a new heart, he could do as you say, but not else.' Thus the Indian found the only means by which man can fulfil his social duties."

SYNOPSIS OF CANADIAN NORT WEST LAND REGULATIONS

The sole head of a family, or any male over 18 years old, may homestead a quarter-section of available Dominion land in Manitoba, Saskatchewan or Alberta. Applicant must appear in person at the Dominion Lands Agency or Sub-Agency for the District. Entry by proxy may be made at any Dominion Lands Agency (but not Sub-Agency), on certain conditions.

Duties—Six months' residence upon and cultivation of the land in each of three years. A homesteader may live within nine miles of his homestead on a farm of at least 80 acres, on certain conditions. A habitable house is required except where residence is performed in the vicinity. in the vicinity.

In certain districts a homesteader in good, standing may pre-empt a quarter-section alongside his homestead. Price \$3.00 per acre. Duties—Six months' residence in each of three years after earning homestead patent; also 50 acres extra cultivation. Pre-emption patent may be obtained as soon as homestead patent, on certain conditions.

A settler who has exhausted his homestead right may take a purchased homestead in certain districts. Price \$3.00 per acre. Duties—must reside six months in each of three years, cultivate 50 acres and erect a house worth

The area of cultivation is subject to reduction in case of rough scrubby or stony land. Live stock may be substituted for cultivation under certain conditions.

W. W. CORY, C.M.G.; Deputy of the Minister of the Interior. N.B.—Unauthorized publication of this advertisement will not be paid for.