## COME INTO THE KITCHEN!

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Do vou remember grandma's big low-ceilinged kitchen with its cheerful red checked tableeloth and the geraniums blooming in the sunny South window? What a place to make corn balls or molasses candy while snowflakes were fluttering against the little window panes!

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Each same The modern kitchen has conveniences and luxuries that grandma never



dreamed of, but the little bride of today is faced with grandme's problem—what to cook. Try the recipes in this little book. They have been used by other busy house-keepers and we feel sure that your family will like them.

## "FOR CHANGE OF LIFE"

"The Vegetable Compound first helped me when I was in a rundown condition and my blood a little impure. I saw it advertised in the Toronto Star and friends told me about it. Then I took it for Characo of Life and it corrected irregularities. Recently I took it in dry form and felt the benefit after two tablets, only taking six in all and I have been in the best of health since."

## MRS. IRVINE,

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