## CHATS WITH YOUNG MEN

MEN TO LEAD

There isn't a boy but wants to grov Manly and true at heart, And every lad would like to know The secret we impart, He doesn't desire to slack or shirk-

Oh, haven't you heard him plead? He'll follow a man at play or work If only the man will lead.

Where are the men to lead today, Teaching the boys the game to play Just as a man would do? Village and slums are calling-come Here are the boys, indeed, Who can tell what they might be-

If only the men would lead? Motor and golf and winter sport Fill up the time a lot.

But wouldn't you like to feel you'd taught Even a boy a knot? Country and home depend on you, Character most we need; How can a boy know what to do If there isn't a man to lead ?

Where are the men to lend a hand? Echo it far and wide, Men who will rise in every land, Bridging the great divide. Nation and flag and tongue unite Joining each class and creed, Here are the boys who would do

But where are the men to lead?

A GOOD TEMPER

Amidst the many vicissitudes of daily life good temper is found to be a valuable asset and a panacea for most ille. It is a Christian virtue of great worth and merit, and its moral influence is boundless. It is graceful, and sits well on old and young. It is the best of all good company, and adorns the wearer more than rubies and diamonds set in gold. How delightful does it make social Here it looks on the bright side of human nature, and is kind in its judgment of others. It is charitable, gentle, and truthful; it scatters comforting words, which produce others in return; and thus good thoughts are cherished and deeds of kindness done.—Intermountain Catholic.

HAPPIEST DAYS

Many who find themselves restricted in their pleasures by limited means or by the necessity of daily toil are often inclined to think they would be much happier if they could escape these limitations and have full opportunity to enjoy themselves in any way their fancy might suggest. But observation of those who have plenty of money and ample leisure does not justify this idea. Probably the most unhappy people in, the world, as a class, are those who do nothing except seek after happi ness. As a constant employment the pursuit of happiness is a failure. The greatest pleasures come to those who have few opportunities to enjoy them. A much needed vacation after a long season of work; a holiday breaking the monotony of weeks of toil: a rare journey to new scenes by those who are not often able to leave home and work; or a quiet Sunday at home with the family after a busy week of bustling toil, these are the happiest days of life.

MAKING THE MOST OF LEISURE Tco much can not be said of the value of the hours which most men | She took you in her loving arms and

command. Such a man wastes no time in idle dreaming of the things he would do if he could go to college, or travel, or have command of long periods of uninterrupted time. He is not guilty of a feeble evasion of "no possibility" for his career by getting bahind adverse condition. If the conditions are adverse, he gets in front of them and so gets away from them. Conditions look very solid and formidable, but a plucky man often discovers that their portentous show of strength is a sham, and that the great guns which frown upon

him are merely wooden imitations. Everything yields to a strong hand. The question for each man to settle is not what he would do if he had means, time, influence, and educa-tional opportunities; the question is what he will do with the things he has. The moment a young man ceases to dream or to bemoan his lack of opportunities, and resolutely looks his conditions in the face, and resolves to change them, he lays the corner stone of a solid and honorable

## THE PLODDER WINS

under the paper binding of his book. He unfolded the leaf and found it way which he never forgot. It was a perpetual spur to his ambition, and came to him just in the nick of time. He resolved then and there time. He resolved then and there the would surmount avery difficulties. that he would surmount every diffi. continue. culty; that he would become a great mathematician himself. He tight. ened his grip and urged himself on until fame took him up and told the world the story of one of the greatest astronomers of his time.

Until fame took him up and told the who had learned his Catechism and the method of confession, marched astronomers of his time.

United the first cance with the first confession. Percy, Papiet school."

Parcy stood still, as if he were the method of confession, marched the method of confession, marched the spot. Then the large to duty, charity and plety, is wealthy. ened his grip and urged himself on

The race is to the plodder. I have to the church with the rest and took in mind several very brilliant graduates, who promised a great deal, and of whom friends predicted great things, but somehow they have disappointed all expectations simply because they lack sticking qualities. They are good scholars, and they imagine because they rank high in college that they would rank high in life without effort. But they lack the hanging on quality.

temptation to leave school and go to work, says a man who has been very successful. Why bother with books, why putter around with geography and physics and Latin and English literature when one can get \$30 a

week clerking in a store.

There never was a time when an education was as necessary as it is today. The one class that is being pushed rapidly off the earth is the untrained class. When you read about the Carnegies and Edisons and other great men who never went to high school and yet succeeded, just remember that times have changed

The untrained boy of today simply has no chance. Automatically the doors of opportunity are closing against the uneducated. A generation or so ago human beings did the dirty work; nowadays the machine is doing the lifting, hauling, and digging, and the men that are wanted are men who can run

The boy who will not go to high school is cutting off all hopes of ever entering any one of dozens of remunerative callings. He can not enter college, go to a first-class medical school to become a doctor or enter an aviation school. He can not be a newspaper reporter nor rise very high in a bank, railroad office, counting house or steamship company. He is condemning himself to medi-

The greatest advantage, however, in getting a high school education is not the dollars and cents you will gain by it. Going to school brings you the inestimable benefit of learning to think. It cultivates the intel-lectual life. It transfers your aims and ambitions over from things that are cheap to the higher satisfactions. You learn to read and to like books. The doors of culture open. And you are put in the way of getting a lot more out of life.

It is the thinker who rules. It is brains that count. The man with the mind that is trained to plan, to foresee, to co-ordinate and to judge is the one who comes first, and those who can only do what they are told and follow a certain routine, where they do not have to use their own

initiative, are inferior.
Go to school!—Catholic Trans-

## OUR BOYS AND GIRLS

MOTHER

Speak kindly to your mother, boy, For little words of kindness may Oit-times come days of worry, and

When she has heard an unkind

When baby tears rolled down your cheeks and you were wont to

waste. One of the prime qualities of a man of force and ability is his clear understanding of what can be done with the time and tools at his command. Such a man of the prime qualities rocked you off to sleep;

Then gently laid you in your bed, and breathed a silent prayer that God above would grand be.

You cannot pay your mother for her were present watched the ceresufferings of the past,
Or for the tender love she bears,
that time will not outlast;

every friend, You still can turn to mother, whose Percy. love not death can end. -EDWARD J. LEAHY

THE APOSTLE OF HIS FAMILY Heaven with the angels and saints. Indeed, his short career was so unusual that he deserves a place

Argo, the great French astronomer, tells us that he became so discouraged in the study of mathematics that he almost resolved to abandon his effort. He was just about ready to give up when he happened to notice something printed or written under the paper binding of his book. He upfolded the leaf and found is something unusual about Percy. His leaf and found is something unusual about Percy. His leaf and found is something unusual about Percy. His leaf and found is something unusual about Percy. His leaf and found is something unusual about Percy. His leaf and found is something unusual about Percy. His leaf and found is something unusual about Percy. His leaf and found is something unusual about Percy. His leaf and found is something unusual about Percy. His leaf and found is something unusual about Percy. instinctively felt that there was ness, in which all at home shared. still hovers over them and helps something unusual about Percy. His In due time all three were confirmed them to bear life's trials and its He unfolded the leaf and found it was from D'Alembert. The letter said: "Go or, sir; go on! The difficulties you meet will resolve themselves, and the light will dawn and shine with increasing brightness upon your path." This struck the upon your path." This struck the upon your path. The letter school when he was little over six years old. But he was not satisfied there, and left after a few days, and, without the knowledge of his parents, without the knowledge of his parents, and his little bedroom at home, where he hung his precious crucifix and all the brothers mentioned the matter. way which he never forgot. It was His brothers mentioned the matter the medals and sacred pictures he

The next year, during the Ember Days of September, the younger children of St. Mary's School were

his place near the box. the Blessed Sacrament in the church had her attention attracted to the children and was surprised to see the little "Protestant boy," who had never been baptized, seated with the Catholic children before the "box." She knew Percy fairly well, and was quite a friend to the little boy; fact, the picture of the Crucifixion to which we have referred was in her AN EDUCATION

Every boy, has been assailed by the the Sister in charge of the class.

"Sister, isn't that Percy Brown!"
"Yes; Percy is going to make his first confession. He is well pre-

"But, Sister, don't you know every one belonging to him is Protestant Why, the child has never been baptized in any church."

"What!" exclaimed the Sister, turning pale, "Percy not a Catholic— "He is not a Catholic and has

never been baptized," repeated the lady. "I live next door." The Sister lost no time in going over to Percy and telling him that he could not go to confession—that she did not know that he was not a Catholic. The effect upon Percy was startling.

"Oh! Sister," he sobbed, "I am a Catholic. I do want to go and tell my sins. I ain't a Protestant."

His grief was heart-breaking. The children all stood up and looked at the little fellow, thinking he was reproved for some misdemeanor; and the priest, hearing the noise, came out of the confessional and asked what was the matter. The Sister told him. Looking at the tear-stained little face and the swimming blue eyes, the pricet smiled and gaid

"Why, my boy, what is the reason you want to go to confession? 'To tell my sins," said the little

six vear old between sobs. But your sins cannot be forgiven by absolution. You have never been

Well, then, baptize me, Father, and let me go to confession."

The priest hesitated. The little face was thoughtful, even though drenched with tears.

"Well you may come into the confessional. But you must stop crying and not distract your companions." And the priest returned to the box.

Percy was quiet at once, and when his turn came he went into the confessional. When he came out he went straight to the altar railing and knelt there in prayer. As he left the church he said to the Sister: "I'm going to bring my mother to Father—tomorrow. I am going to be hantized a Catholic.

The Sister was rather surprised at the emphasis of the little fellow, and said warningly: "Don't make your

mother angry, Percy. You ought to wait until you are older."

"But suppose I should die!" said the little philosopher. "You told us yourself, Sister, we would never see God without being baptized."

The Sieter acknowledged the fact but, not wishing to cause trouble in a Protestant household, told Percy to say a fervent prayer before he asked What Percy told his mother we do

word from lips that once she not know, but the very next after-pressed.

She explained that the boy gave her no peace, ineisted on being baptized, and was so serious and gently laid you in your bed, and breathed a silent prayer God above would guard her love, the infant neetling there.

no great harm in gratifying him; and the mather saw lad remained at home. Patient, and above would guard her love, the infant neetling there.

Note was perforce given up and the lad remained at home. Patient, and seems that object of the mather with joy. monial

Percy received the name of Joseph, and was so delighted that he would For when by all forsaken, bereft of answer to nothing else, except from his father, who always called him

He bought a small crucifix and wore it around his neck, and con-tinued his attendance at St. Mary's school. He was obedient and Percy Brown, without doubt, is in attentive and possessed the usual amount of boyish liveliness. After a year or two he began to tease his he was a frequent visitor at a and he continually spoke of the helpfized and became a member of neighbor's house next door to his beautiful instructions and the many the Holy Catholic Church.

two brothers took him to the public and made their First Holy Commun-

If you don't," said the angry man,
I will throw the whole business

Tea-to be good-must be fresh

is always fresh and possesses that unique flavour of 'goodness' that has justly made it famous.

tears gathered in his eyes and rolled down his cheeks and his frame the little ones, can implant these shook with emotion. He fell on his virtues in their sculs. It will not be

"Papa, papa," he cried, "you will break your little boy's heart. Oh! papa, you don't know how good they make me.

The father's heart was touched to see his darling boy, his favorite son, in anguish. He litted him up and told him that he might keep pictures and stuff. But as Percy nestled to his father's breast his heaving bosom and convulsive sobs showed how the little heart was wounded

After that his father never permitted him to be crossed in his piety or his "religious notions," as he called them. Percy was frail, and to his parents he seemed like an angel, too sweet and rare to belong to this earth-his face was so pure and spiritual, his sayings so unusual, so "old fashioned," as they phrased it.

After Percy left school he went to learn a trade, and sometimes had to make great efforts and even sacrifices to hear Mass on Sundays and receive the sacraments. On one occasion he was detained late on Saturday night and he cautioned his mother not to let bim oversleep himself.

"You know, mother," he said,
'Catholics commit a mortal sin if they stay away from Mass on

Sunday.

His mother promised but when she went to call him he looked so weary and slept so soundly she "had not the heart" to rouse the poor boy. When he awoke and found the late ness of the hour he rushed out of the house without his breakfast and ran from church to church, only to find to please him she consented, and end of the year she was baptized and

made her profession of faith. Percy's whole heart was now set on the conversion of his father. But this seemed an impossibility. Me. Brown had not interfered nor made objections when the rest of his family followed Percy, but no example nor precept seemed to effect him. He was a good man, as far as honesty and morals go, but he had no use for special piety or religion. Percy grew more fervent, more prayerful. We know not the thoughts that filled his innocent heart, but we know that his health began to decline. He was not nineteen, yet it was evident he had not long to live.

One day he came on his father neighbors-enduring and mee sitting on the back porch with his them even though their presence be own little Catechism in his hands, disagreeable. A cheerful person

gave a great bound of joy.

"Bring him to the faith Lord, and meet is, and endeavors to raise take my poor life," he murmured. others above their trials also.

knew what was passing in the boy's and this probably is the cause of its mind and had set to work to learn something of the religion which surrounded him with such peace and content. He felt that his cherished year or two he began to tease his mother about his two brothers. He be offering up his pure life for him. among God's apostles.

Told her that they would never go to He resisted grace no longer. He When a little fellow of five years Heaven if they were not baptized, spoke to a priest, was instructed and

neighbor's house next door to his own Protestant home. And for this reason, in one of the rooms of this good Catholic family there hung a large and beautiful picture of the crucifixion of Our Lord. It was something new and strange to Percy, and the very first time he saw it he demanded an explanation, which was given with due deference to the supposed infantile intelligence of the inquirer. He was awed and im-

"Riessed are the dead who die in the Lord, for their works live after them."-The Rev. Richard W. Alexander in The Helper.

GOOD HABITS

A good habit is a good inheritance, and one which no reverse in stocks and shares can effect. A child which is started in life with the good habits "I will throw the whole business of virtue, of obedience, respect for into the fire and take you from the authority, truth, self-control, self-

Parents with the co-operation of an easy task, for children's wills are weak as a controlling power, their human nature is very strong, but "practice makes perfect" and the parents who train their children aright are at the same time perfecting themselves. A good habit which is at first weak as a cobweb finishes by becoming as strong as a cable .-

SOMETHING ABOUT HEADACHES

Dr. James J. Walsh, well known in Catholic literary circles, writes interestingly in a late issue of The Amer ican on the important topic of head-" A Headache Is a Warning Bell In Your Alarm Tower," according to the title of Dr. Walsh's article and he substantiates this assertion in the course of a laicized scientific article. The most prevalent pain that the human body is heir to is probably the common, everyday headache. These aches are not however, the fault of the head, as a rule, but "generally are warnings that something has gone wrong with the stomach, the liver, the muscles or the heart.

"When your head aches your whole body is probably suffering, even though you may not be conscious of pain except in the head."

Years ago it was believed that this ffliction was the result of too much blood and consequently people were supposed excess.

There is no remedy for headaches. from church to church, only to find properly speaking. Being merely symptoms, i. e., results of a condi-returned home disconsolate. All week he was depressed and sad over or organ, it is necessary to locate this accident and his mother assured the real scat of the trouble before him she would never disappoint him attempting to cure the pain in the again. It was then that Percy asked head. In fact, as Dr. Walsh points her to go with him on Sundays, and out, it is dangerous habitually to to please him she consented, and "relieve" a chronic headache, not later accompanied him to Mass. One so much because of the direct evil grace led to another, and before the results as for the fact that "this method serves to cover up evils in some other part of the system that should be unearthed and taken care of. Improper diet, too, especially in these days of devitalized and adul-terated foods, is a frequent cause of

headacher. We should take more vitamines in raw vegetabler, fruits, etc. Cooking impairs the valuables in these fcods, particularly the highly seasoned, "well cooked"

modern variety of preparation.

A truly cheerful person is such a blessing to his or her surroundings that it may be of interest to consider the cause of cheerfulness. First it is founded on inward power and a pure patience and capability to bear suffering, loving and cherishing one's The boy said nothing but his heart does not turn away from sorrow

CHEERFULNESS

It was not long before the pro-pitious moment came. His father 'e wes its imprint on the features,

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tion for the same pleasing trait of character. A certain amount of cheerfulness,

in company or upon social occasions,

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