

mon proverb in that county, when speaking of a beautiful female, to say, that "she is as fair as a Fowey woman," at which place the poor people eat scarcely any animal food but fish, which is their chief diet, with potatoes.

The high prices and bad quality of fish, in general, are certainly the causes of its consumption not being greater or more extensive, although the contrary has been asserted. The bad regulations of the markets for fish, in the metropolis, also surpass all comprehension. The Reports of the "Association for the Relief of the Poor, and the general Supply of Fish, in the Metropolis and the Interior," contain much valuable information upon this subject, as well as in other matters, and afford evident proofs of the importance of extending and promoting the British Fisheries.

This Association was established in May, 1812, by voluntary contributions, and has, no doubt, afforded a great deal of benefit to the poor, and contributed to relieve their distresses, as far as the powers of charity would extend, or whilst the funds of the society lasted. But the misfortune is, that charity soon exhausts its means, by being unproductive. The contributions, collected by this society, amounted to £17,000, which sum