

Meatless Meals

For Hot Weather—
Ever Try One?

You can be more comfortable in
the hottest weather if properly fed.

Some Fruit

Grape-Nuts with Cream

A Soft Boiled Egg

Crisp Toast

Cup of Instant Postum

That's enough—more is too much.

“There's a Reason”

A Perfume for the Most Refined Taste

A leader amongst leaders
After being in use for
NEARLY A CENTURY

**Murray & Lanman's
FLORIDA
WATER**

is just as popular as ever

BECAUSE

It is a Floral Extract of
absolute purity and
enduring fragrance;
it refreshes and revives as
does no other Perfume;
it is delightful in the Bath
and the finest thing after
Shaving; because it is, in
fact, the most reliable
and satisfactory Toilet
Perfume made. :: :: ::

Ask your Druggist for it
Accept no Substitute!



O-Cedar Polish

(MADE IN CANADA)

Dusts, Cleans, Polishes

at the one
operation.

Use it on
all furniture,
floors, and
woodwork,
and get the
O-Cedar
result.



AT YOUR
DEALERS
**25c to
\$3.00**

sizes.

CHANNELL CHEMICAL Co., Ltd., TORONTO



The
Original
and
only
Genuine

Beware of
Imitations Sold
on the Merits
of

**MINARD'S
LINIMENT**